



hawaii pacific gerontological society

Volume 46, No. 1

January 2025

HPGS 2024 BOARD OF DIRECTORS

Officers:

Laurie Adamshick, President
Cynthia Arnold, Secretary/Treasurer
Kathy Wyatt, Past-President

Directors:

Ku'u De Monte
Courtney-Paige DiMaggio
Kendi Ho
Tada Meya
Lesley Milligan
Travis Motosue
Christy Nishita
Kristina Wong

Sherry Goya, Executive Director
808-722-8487 • sgoyallc@aol.com

P. O. Box 3714
Honolulu, HI 96812
www.hpgs.org
HPGS.808@gmail.com

HPGS has open enrollment for new members throughout the year. HPGS members may renew for 2024 any time online at www.hpgs.org or print the form and pay with a check.

The Hawaii Pacific Gerontological Society distributes monthly newsletters and hosts three general membership meetings.

HPGS encourages all members to submit articles, email the board with suggestions for speakers, and/or volunteer on a committee.

PRESIDENT'S MESSAGE



LAURIE ADAMSHICK
PRESIDENT

Happy 2025!

As we start a New Year, we hope your holidays were happy and your outlook for 2025 is positive and inspiring. At HPGS our dynamic Board is re-energized and will kick off the new year with our annual Board retreat. It is a time each year when we reaffirm our commitment to this organization and crank up our collective energy and ideas to address our goals and tasks for this year. 2025 will be an outstanding year for us all.

For members who have been part of this organization for years, you may know that 2025 will be a conference year. Our exciting two-day

Biennial Conference is scheduled for September 11 and 12, 2025, at the Ala Moana Hotel. This year's theme is Navigating the Map of Aging. There will be new and compelling educational presentations, and many opportunities to network with others. Of course, there is much to be done before then. If you have attended in the past and have ideas or suggestions to offer, please reach out to us (send to Executive Director Sherry Goya at sgoyallc@aol.com). If you are interested in being involved, we are always happy to welcome those who are willing to serve on a committee or otherwise volunteer their time to make this biennial conference the best yet!

Set your calendars for our first General Membership Meeting of 2025 on January 16th at 11:30 via Zoom. As the 2025 Hawaii State Legislature opens, you will want to hear about the top five kupuna-related bills to be advanced by the Kupuna Caucus. As a member of the Caucus, AARP Advocacy Director, Audrey Suga-Nakagawa, will explain their significance and how they could impact Hawaii's older generation and their families. You will find the Zoom link to join the meeting on the flyer attached to this newsletter.

As we launch into this New Year, I want to express my appreciation to our Executive Director, Sherry Goya, and our fantastic Board members for their support and willingness to work together for the good of our organization and community. A few of our Directors have served for years and each year continue to step up to guide us in areas they know so well. Our newer Directors have brought great ideas and enthusiasm, and many have volunteered to take on tasks without being asked. As President, I am so grateful for the dedication and generosity of spirit of each of them.

May you too be surrounded by wonderful, caring people throughout this New Year!

With gratitude and aloha,

Laurie

MISSION STATEMENT

The mission of HPGS is to increase awareness of and interest in the field of gerontology by providing networking and educational opportunities, as well as scholarships, to Hawaii's workforce or other interested parties, in which to support the creation of needed policies and programs that will enhance the quality and age-friendly services to our Kupuna in Hawaii.

EVENTS

HPGS General Membership Meeting

Thursday, January 16th

11:30am via Zoom

Guest Speaker:

Audrey Suga-Nakagawa

No registration needed.

(See flyer attached)

Kupuna & Caregiver Resource Fair

Saturday, January 25th, 9am to 1pm

The Cathedral at St. Andrew

Keynote Speaker:

Dorothy Arriola Colby

Registration needed for attendance

(See flyer attached)

ACAP 2025

Active Aging Conference

in Asia Pacific

March 17 to 19 at the Fukuoka

International Congress Center

Variety of speakers on Generative

Issues on Global Aging, Cross-Border

Care Workers, Inter-Generational

Relationships, as well as Dementia-

Friendly Environment moderated by

Dr. Kathryn Braun from the University

of Hawaii.

<https://acap2025.com>

Registration fee under \$200 and under

\$100 for students

Deadline February 17, 2025

HPGS NEWS

Lanakila Multi-Purpose Senior Center also offers multiple online classes to Center Members only. All classes are held via Zoom and are free! Please contact Susie Chun Oakland at suzanne.oakland@catholiccharitieshawaii.org or Riva Torno at (808) 847-1322 or riva.torno@catholiccharitieshawaii.org to receive more information.

Janice Oya made a \$50 donation to HPGS in honor of her friend and former colleague, Susan Michihara, who recently retired after about 40 years as a social worker. She wanted to find a way to recognize Susan in a special way by making a contribution to HPGS on her behalf, and wrote "Susan has done so much and has been an integral part of caregiving here in Hawaii that I wanted to do something exceptional for her." Mahalo to Janice for her donation to HPGS and to Susan for her long career as a social worker.

HPGS 2025 MEMBERSHIP DUES

It is now time for HPGS members to renew their **2025 membership** and the **Renewal Form** is attached to this newsletter. The form can be printed and mail to the post office box if writing a check; or if payment will be with a charge card, go to www.hpgs.org and renew online with PayPal. Membership is from January to December, with benefits continuing in 2025 with three HPGS General Membership Meetings and the HPGS Biennial Conference scheduled for Thursday and Friday, September 11th and 12th at the Ala Moana Hotel. HPGS members will be able to attend the conference at a discounted rate.

Mahalo to the following HPGS members who have renewed their 2025 membership since the last newsletter:

Alzheimer's Association • Courtney-Paige DiMaggio • Generations Magazine
Savy Makalena • Peggy Perkinson • David Rockemann

HPGS Lifetime Members

Colette Browne • Michael Cheang • Hawaii Meals on Wheels • Horace Farr
Scott Makuakane • Ron Matayoshi • Hideaki Nakamoto • Eldon Wegner

HPGS GENERAL MEMBERSHIP MEETING



HPGS members are invited to the first General Membership Meeting of 2025. This Zoom event will start with the installation of the new HPGS board members. The guest speaker will be Audrey Suga-Nakagawa, AARP Advocacy Director, who will talk about the Kūpuna Caucus, which is unique from other legislative caucuses as its members include legislators as well as government and community members. Each year, the Caucus backs a Bill Package and you will discover the top five kūpuna-related bills in the 2025 Kūpuna Caucus package. She will explain their significance and how they impact Hawaii's kūpuna and families. Bring any questions you may have or let Audrey know if you would like to be a part of the Caucus.

2025 HPGS BIENNIAL CONFERENCE

Plans started last year for the 2025 conference, lead by Laurie Adamschick as the Conference Chairperson. There are six sub-committees who have been created with some or no committee members. NOTE: the HPGS President and Executive Director are on all committees.

Awards - KathyWyatt, Chair • Courtney DiMaggio • Tada Meya • Darlene Nakayama

Budget/Registration - Cynthia Arnold, Chair

Exhibitor's - Lesley Milligan, Chair • Kristina Wong • Ku'u DeMonte

Marketing - Laurie Adamshick, Chair

Program/Speakers - Christy Nishita and Kendi Ho, Co-Chairs
Whitney Katsutani • Tani Salazar • Mae Fujii • Gary Simon

Sponsors - Kristina Wong, Chair • Lesley Milligan • Travis Motosue

Any HPGS member may contact Sherry Goya, Executive Director, at sgoyallc@aol.com if they are interested in joining any of the above sub-committees.



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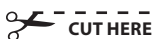
Founded in 1979, the **Hawaii Pacific Gerontological Society** is the largest nonprofit multidisciplinary group of professionals, individuals, companies and organizations in the field of aging in Hawaii. Membership opportunities available to all islands consists of gerontology educators, students, medical and social service personnel, older adults (kupuna), caregivers, companies and organizations from every sector of the community. Federal I.D. #99-0211232

HPGS discusses, networks, and shares information about issues and policies affecting Hawaii kupuna, to include career and job fairs, expos, webinars, etc. They also provide scholarships for undergraduate and graduate students interested in careers in aging, as well as tuition assistance for workers seeking to upgrade their knowledge in this field.

Benefits of an HPGS member includes:

- The HPGS monthly **newsletter** is distributed electronically and filled with age-related news, events, activities, job openings, announcements, and more.
- Throughout the year, there are **events** to bring HPGS members together for timely and relevant issues, discussions, and educational opportunities, as well as networking events and quarterly General Membership Meetings.
- HPGS prides itself in offering **scholarships** for those pursuing education in the field of aging, thus creating fundraising options.
- A two-day biennial **conference** is held in odd-numbered years and offers professional and educational venues on aging research, practice and policy for Hawaii, while also attracting national and international participants.
- HPGS members receive electronic **notices** on significant events, opportunities available, and other announcements.
- The HPGS **website** provides a resource of news, events, membership, etc. Company member's information and individual member's names will be placed on the HPGS website.
- There are a number of **committees** where membership involvement is welcomed.

For further information, please contact
Sherry Goya, HPGS Executive Director at sgoyallc@aol.com or 808-722-8487
Hawaii Pacific Gerontological Society • P. O. Box 3714 • Honolulu, HI 96812 • www.hpgs.org



2025 MEMBERSHIP RENEWAL FORM

Contact Name: _____

Company/Organization: _____

Address: _____

City, State, Zip: _____

Telephone: _____

Facsimile: _____

E-Mail: _____

Website: _____

Annual dues (check one):

- \$10 for individual 65 and over
- \$20 for individual under 25 years
- \$80 for individual 26 to 64 years
- \$100 for company/organization (includes the contact person listed)
- \$50 for Associate Member (individual of company member)

Date Paid: _____

Payment Amount: _____

Check Enclosed: # _____

Mail this form and check payable to HPGS to P. O. Box 3714 • Honolulu, HI 96812
To pay by charge card, go to www.hpgs.org and use fillable form.



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GENERAL MEMBERSHIP MEETING

Thursday, January 16, 2025

11:30am via Zoom

2025 Kupuna Caucus

Discover the top five kūpuna-related bills in the 2025 Kūpuna Caucus package. Audrey Suga-Nakagawa, AARP Advocacy Director, will explain their significance and how they impact Hawaii's kūpuna and families. Get involved and make your voice heard!

The Kūpuna Caucus is unique from other legislative caucuses as its members include legislators as well as government and community members. Each year it backs a Bill Package containing five kūpuna-related bills.



Audrey Suga-Nakagawa

Audrey Suga-Nakagawa is the Associate Director of Advocacy for AARP Hawaii. She works on public policy issues, legislations that impact the lives of Hawaii's older adults and their families such as caregiving support services, affordable housing for kupuna, anti-fraud and elder abuse protection, and pedestrian safety. She is a specialist on aging issues and elder care services in Hawaii and has extensive experience in health care administration.

Join Zoom Meeting

<https://us02web.zoom.us/j/7585097318?pwd=SU1kL3hRUIJyZINUTitrYXg4aE5yQT09&omn=87532923037>

Meeting ID: 758 509 7318

Passcode: 4ruPYhNZ2

Kūpuna and Caregiver Resource Fair

January 25, 9am - 1pm

Doors open at 8:30am

The Cathedral of Saint Andrew
Davies Hall, 229 Queen Emma Square

Brought to you by:



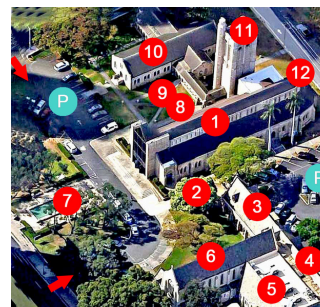
● Registration is Now Open!

- **Email**
kwyatt101@aol.com
Kathy Wyatt, Executive Director,
Hale Hau'oli Hawai'i
- **Eventbrite** - point your smart phone at the QR code, and it will take you to the registration website.



● Limited Seating, register early

- **Parking** Parking is limited; carpool if can..
- **Questions?** See Kathy .



Davies Hall is #10,
top of map.

**With our thanks to the Hawai'i Community Foundation Kupuna in Aging Fund
for its generous support.**

Hale Hau'oli Hawai'i
is a 501(c)(3) organization.

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'Aiea, Hawai'i 96701



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808.292-4665 (Kathy's mobile)



kwyatt01@aol.com



www.halehauolihawaii.org



DOROTHY ARRIOLA COLBY
KEYNOTE SPEAKER

Dorothy is highly-regarded as a dementia care specialist with more than 25 years of professional and personal experience.

An advocate for many individuals, families, and organizations, Dorothy says, "My mission is to bring care partners together to learn how to better support those living with dementia."

Her teachings help people learn about brain change and see the world through the eyes of someone living with dementia.

VITAL LEGAL ISSUES FOR DEMENTIA CARE

Tuesday, January 28, 2025
12-1 p.m. | Zoom

REGISTER HERE: tinyurl.com/ALZLegalplanning



LAURIE T.S. ADAMSHICK, ESQ.

The Elder Practice of Rulon & Adamshick



ROLAND LEE, MSW, MPA, CSAC, CCM

Office of the Public Guardian

Questions? Please call 808-518-6648 or email geplummer@alz.org