





### HPGS 2024 BOARD OF DIRECTORS

#### Officers:

Laurie Adamshick, President Cynthia Arnold, Secretary/Treasurer Kathy Wyatt, Past-President

#### **Directors:**

Poki`i Balaz Courtney-Paige DiMaggio Kendi Ho Lesley Milligan Christy Nishita Kristina Wong

Sherry Goya, Executive Director 808-722-8487 • sqoyallc@aol.com

P. O. Box 3714 Honolulu, HI 96812 www.hpgs.org HPGS.808@gmail.com

HPGS has open enrollment for new members throughout the year. HPGS members may renew for 2024 any time online at www.hpgs.org or print the form and pay with a check.

The Hawaii Pacific Gerontological Society distributes monthly newsletters and hosts three general membership meetings.

HPGS encourages all members to submit articles, email the board with suggestions for speakers, and/or volunteer on a committee.

#### PRESIDENT'S MESSAGE



LAURIE ADAMSHICK PRESIDENT

Aloha and welcome to August --

Earlier this week I watched an episode of Insights on PBS in which kupuna care was the topic of discussion. One of the first points made was that many in our community simply do not know what is available or where to turn for help in caring for their kupuna. This issue struck a chord with me as it is currently being examined by a group of professionals (including yours truly) who all have a connection to kupuna care, led by Caroline Cadirao, head of the Executive Office on Aging. This analysis of Hawaii's "system" is just a part of the work being done to develop a new Long Term Care master policy plan (as I mentioned last month).

What changes can be made to address this knowledge hole? Solutions have to work for both the older generation who may be on their own and not computer savvy, and the younger generations who presumably are but who may not appreciate the need to be proactive. While we ponder the options and merits of each, it is our collective kuleana to share what we know with our community in every way possible.

As you may know, HPGS is on social media (Facebook and Instagram) and often posts announcements and reminders of our upcoming events, such as our general membership meetings with featured speakers, annual scholarship fundraiser benefitting students going into fields related to gerontology, and educational biennial conference with presentations from aging experts around the world. In June we posted an announcement of our new Kupuna Volunteer Connections website page to help connect older adults to volunteer opportunities. We have also posted about our Job Board where local companies who are members can advertise a job opening for free. Most of our Board members work in fields related to supporting our older generation. HPGS is clearly a collaborative coalition of people who see the value in our kupuna and work to support them.

If you or your organization are on social media and see our posts, we would appreciate your liking and sharing them with your own network (and we will do the same with yours)! Our unified effort to spread helpful kupuna-related information is one small way we can help those in our community searching for answers. Our system can and will be improved by our shared intention to work with one another and make it better. Join us in taking this one small step forward. After all, we are all in this together.

With gratitude and aloha,

Laurie

#### MISSION STATEMENT

The mission of HPGS is to increase awareness of and interest in the field of gerontology by providing networking and educational opportunities, as well as scholarships, to Hawaii's workforce or other interested parties, in which to support the creation of needed policies and programs that will enhance the quality and age-friendly services to our Kūpuna in Hawaii.

#### WELCOME TO HPGS

#### **Elite CareFinders LLC**

Rosevida Gallego
P. O. Box 971641
Waipahu, HI 96797
P: 808-445-4111
E: r.gallego@elitecarefinders.com

# EDUCATION & RESEARCH INSTITUTIONS

#### **Center on the Family**

University of Hawaii at Manoa 2515 Campus Road, Miller Hall 103 Honolulu, HI 96822 P: 808-956-4132 E: cof@hawaii.edu W: uhfamily.hawaii.edu

#### **Elder Law Center**

University of Hawaii at Manoa William S. Richardson School of Law 2515 Dole Street, Room 201 Honolulu, HI 96822 P: 808-956-6544

W: www.hawaii.edu/uhelp/index.html

#### **Ha Kupuna**

National Resource Center for Native
Hawaiians
University of Hawaii at Manoa
Myron B. Thompson School of Social
Work & Public Health
2430 Campus Road. Gartley Hall
Honolulu, HI 96822
P. 808-956-7009
E: hakupuna@hawaii.edu
W: manoa.hawaii.edu/hakupuna

## Disability and Communication Access Board

1010 Richards Street, Room 118
Honolulu, HI 96813
P: 808-586-8121
F: 808-586-8129
E: dcab@doh.hawaii.gov
W: health.hawaii.gov/dcab
Call DCAB toll free from your county:
Hawaii County 974-4000, ext 6-8121#
Kauai County 274-3141, ext 6-8121#
Maui County 984-2400, ext 6-8121#
Molokai & Lanai 1-800-468-4644,
ext. 6-8121#

#### HPGS SCHOLARSHIPS

Every year, HPGS awards scholarships to college students interested in a career in aging. This year, we are proud to report that HPGS received competitive applications from students statewide. Mahalo to the HPGS Workforce Development Committee for reviewing and giving careful consideration to all applicants. Christy Nishita, Committee Chair, announced the following awardees for the scholarships:

(Since awards were mailed out August 6th, the HPGS September newsletter will have photos and messages from the following awardees.)

Tony Lenzer Undergraduate and Graduate Student Scholarship - \$2,000 each award

**Saikaew Dudia**, Ph.D. student in Public Health, University of Hawaii **RickiLee Yeboah**, Doctor of Nursing Practice student, University of Hawaii

Hawaii Community Foundation Nursing Scholarship - \$2,000 each award

**Kimberly Baguio**, Bachelor of Science in Nursing student, Hawaii Pacific University **Ihilani Soon**, Bachelor of Science in Nursing student, Chaminade University **John Lloyd Supnet**, Associate in Nursing student, University of Hawaii Maui College

## HPGS TONY LENZER SCHOLARSHIP FUNDRAISER

Donations for the HPGS Tony Lenzer Scholarship fundraiser have started coming in and the board is confident that all seats will be filled to celebrate Dorothy Colby and her accomplishments in Hawaii. The Arcadia has graciously offered their Chapel on Friday, November 8th from 5:30pm for a reception with wine and pupu.

As of the writing of this newsletter, HPGS would like to thank the following companies and individuals who have submitted their reservations.

Gold Sponsor: ALTRES Home Care

Seat Reservations: Laurie Adamshick, Courtney DiMaggio, and Sherry A. Goya, LLC

Donations Only: Real Estate Referral Center, Inc.

To purchase a ticket or make a donation please either mail in the attached fundraiser form with a check, or go to www.hpgs.org for the online form to make payment with a charge card. Donations will be accepted until November 30th. All monies raised will go towards the Tony Lenzer Scholarship Fund to award students in 2025 who are interested in the field of gerontology.

#### UNIVERSITY OF HAWAII - WEST OAHU

The UH West Oahu will be holding a <u>UHWO Career & Internship Fair</u> on Thursday, October 10th, from 10 am - 1 pm on their campus at 91-1001 Farrington Highway in Kapolei. The participation fee is \$75 (\$25 for nonprofit/government agencies). Registration is limited, so don't wait! For more information or to register, please visit: bit.ly/cif-f24-reg-emp

As a participating employer, you will be provided a 6' table, two chairs, and refreshments. Registering early will give students a chance to learn about your organization, make arrangements to attend the fair, and visit with you.







Please join us in person in honoring

## **Dorothy Arriola Colby**

## 8th Annual HPGS Tony Lenzer Scholarship Fundraiser Reception with Pupu & Wine Friday, November 8, 2024, 5:30pm



The Hawaii Pacific Gerontological Society will be honoring **Dorothy Arriola Colby** at its 8th annual Tony Lenzer Scholarship Fundraiser on Friday, November 8th at Arcadia (1434 Punahou Street). This is the first inperson Fundraiser Reception since 2019. We look forward to having you join us!

Dorothy is a highly-regarded dementia care specialist with more than 25 years of professional and personal experience in caring for people living with dementia. Since 2014, she has provided dementia trainings for family caregivers and professionals, including physicians on all islands, as well as on the U.S. Mainland. She is a Certified Positive Approach to Care Trainer and Mentor. She is also a Hawaii Alzheimer's Disease Initiative Memory Care Navigator, Dementia Friends Master Trainer & Champion, and Roslyn Carter Institute Dealing with Dementia Trainer.

Dorothy was born in Kailua and raised in Hau'ula on the island of Oahu. After graduating from St. Andrew's Priory School in 1981, she attended Bryn Mawr College, where she earned her master's degree. In 2003, Dorothy went back to school to pursue a personal dream of training as a professional chef. She is a proud graduate of the Culinary Institute of the Pacific at Kapiolani College. Dorothy served many roles at Hale Ku`ike over the years, working as a Chef, Business Manager, Administrator, and now as the Director of Community Relations.

A big advocate for so many individuals, families, and organizations, Dorothy says "My mission is to bring care partners together to learn how to better support those living with dementia." Her teachings help people learn abut brain change and to see the world through the eyes of someone living with dementia. Dorothy advocates for our Hawaii community to come together to learn and support each other in the loving work for our kupuna living with dementia.

Please join us in recognizing and honoring Dorothy at this year's Fundraiser Reception. Proceeds will go to support the HPGS annual Tony Lenzer Scholarship program for students with a serious interest in professional work related to aging, long term care and/or death and dying.

Deadline of October 21st  Name:		Mail this form and check	
		payable to HPGS to	
Company (Optional):			P. O. Box 3714 • Honolulu, HI 96812
Address:			Use the fillable form and pay with a
ity:	State	Zip	charge card at http://www.hpgs.org.
-Mail:	Phone:		HELP US EVEN MORE! HPGS is a non-
NDIVIDUAL TICKETS: \$125 per person. Tickets requested: = \$			profit organization and you can help us – even further by adding 3% to your total to cover PayPal's credit card processing fees. Mahalo!
BLE SPONSORS: Gold (\$3000) Silver (\$2000)  bles seat seven people. LIMITED SEATING			
Any seat not spoken for can be donated back to the HPGS scholarship fund. How nany seats will be available?			A taped video testimony is welcomed.  Contact Kathy Wyatt at
ONATIONS: Made to HPGS for the Tony Lenzer Scholarship Fund: \$			