



hawaii pacific gerontological society

Volume 45, No. 5

May 2024

HPGS 2024 BOARD OF DIRECTORS

Officers:

Laurie Adamshick, President
Cynthia Arnold, Secretary/Treasurer
Kathy Wyatt, Past-President

Directors:

Poki'i Balaz
Courtney-Paige DiMaggio
Kendi Ho
Hope Levy
Christy Nishita
Kristina Wong

Sherry Goya, Executive Director
808-722-8487 • sgoyallc@aol.com

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Honolulu, HI 96812
www.hpgs.org
HPGS.808@gmail.com

HPGS has open enrollment for new members throughout the year. HPGS members may renew for 2024 any time online at www.hpgs.org or print the form and pay with a check. The Hawaii Pacific Gerontological Society distributes monthly newsletters and hosts three general membership meetings. HPGS encourages all members to submit articles, email the board with suggestions for speakers, and/or volunteer on a committee.

PRESIDENT'S MESSAGE



LAURIE ADAMSHICK
PRESIDENT

Say hello to May! May this month bring you new joys and opportunities!

May is Older Americans Month, a month to especially recognize the contributions of older Americans. The theme this year is Staying Connected. Without citing statistics regarding the percentage of older adults who suffer from loneliness, it is enough to acknowledge that this is an ongoing, troubling issue both in our Islands and across the Mainland. It has a profound impact on quality of life. Earlier this year San Mateo, California, declared loneliness a public health emergency.

The increased awareness of this problem by all of us is the first step in finding solutions. While there are larger, systemwide changes that are being studied, what can you do? If you are a person who works with clients or patients who are older adults, take a few minutes to stop and engage in conversation. It might be the only interaction with others they have that day. Live, in-person contact with someone who smiles and looks you in the eye is irreplaceable. If you are a person who believes in the concept of good karma, you will walk away feeling a little better about life, and you might just make that older adult's day.

Please don't forget to tune in to our General Membership Meeting on Zoom on May 16th at 11:30am. Our esteemed Board member from Molokai, Courtney-Paige DiMaggio, will be enlightening us on her work as a Public Health Nurse. If you know vulnerable older adults with little to no support system, the information you learn from Courtney may enable you to get them some needed help. To learn more about Courtney and obtain the Zoom link for the virtual meeting, please see the flyer attached to this newsletter.

Did you know that HPGS has a Job Board on its website? As a service to its members, we accept job listings at no charge for member companies and organizations. Job posts may remain on the site for 45 days and may be renewed for another 45 days upon request. If you are looking to hire, or looking for a new position, our Job Board may help you satisfy that need.

See you all on May 16th on Zoom!

With gratitude and aloha,

Laurie

MISSION STATEMENT

The mission of HPGS is to increase awareness of and interest in the field of gerontology by providing networking and educational opportunities, as well as scholarships, to Hawaii's workforce or other interested parties, in which to support the creation of needed policies and programs that will enhance the quality and age-friendly services to our Kūpuna in Hawaii.

2024 HPGS MEMBERS

Mahalo to these HPGS members who have renewed their membership since the last newsletter:

Hawaii Healthcare School of Hawaii LLC
Jose Jacob
Lanai Kinaole Inc.
Maeona Mendelson
Plaza Care Solutions/The Plaza
Assisted Living
The Plaza at Kaneohe
The Plaza at Mililani
The Plaza at Moanalua
The Plaza at Pearl City
The Plaza at Punchbowl
The Plaza at Waikiki
University of Hawaii

If you have not yet done so, we hope you will renew by going online at www.hpgs.org and renew with your charge card. An added Mahalo goes out to those who pay the 3% PayPal fee to save HPGS that added cost.

EVENTS

HPGS General Membership Meeting
Thurs, May 16, 2024 at 11:30am
Join Zoom Meeting
See Flyer Attached

Project Dana
Sat, June 8th - 9am to 10:30am
Moiliili Hongwanji Mission
"Talking About Community Trauma and Pathways to Healing"
by Kevin Y. Kawamoto,
UH Center on Aging

LMPSC NEWSLETTER

The Lanakila Multi-Purpose Senior Center May 2024 newsletter has already been emailed to their members; and if you are one of them, you probably enjoyed seeing their "Photo Gallery." Susie Chun-Oakland and her staff put together monthly newsletters filled with past, present and future information and events. Their ethnic clubs provide an article and photos on what they have been or will be doing. If interested in joining, check out their website at <http://www.catholiccharities.org>, visit them at 1640 Lanakila Avenue in Kalihi or call 808-847-1322.

HPGS 2024 SCHOLARSHIP PROGRAM

HPGS has a number of **Eldercare Worker Training Awards** of \$750 designed to help persons currently working with, or planning to work with older adults. These awards will provide tuition assistance for workers who enroll in credit or noncredit courses and certificate programs, which enhance their knowledge and skills in areas related to aging. The application form can be found at www.hpgs.org/scholarships. This scholarship will be awarded throughout the year until all ten scholarships have been awarded.

Applications are also being taken for the **Tony Lenzer Scholarship** specifically for undergraduate and graduate students in the field of gerontology. A third scholarship opportunity is specifically for **Nursing students**, and all must be submitted online, with a deadline of July 3, 2024 for these two. See the flyer attached, which announced the 2024 HPGS scholarships available to college students interested in the geriatric field in the March newsletter. Pass along the information to students you know who are looking to enter a career in gerontology.

For more information, questions or or comments, please contact Christy Nishida, HPGS Workforce Development Committee Chair at cnishita@hawaii.edu or Sherry Goya, HPGS Executive Director at 808-722-8487. All applicants will be contacted upon receipt of their online application and after the committee has made their choices in July 2024.

HPGS MEMBER NEWS

Generations Magazine will be holding their "Aging in Place Workshops" at the Ala Moana Hotel on Saturday, August 4th from 8am to 2:15pm. They are looking for more Exhibitors to have educational tables for attendees to visit. The early-bird deadline was May 1st, however, any current HPGS member who wishes to reserve a table by May 17th will be able to apply under the early-bird deadline by check only, since the online registration will be at the regular price. Email Sherry Goya, Community Relations, at sgoyallc@aol.com or call 808-722-8487 for a form.

18TH ANNUAL PUBLICATION OF INTEREST

With the support of HPGS and others, the "Aging & Disability Issues 2024," a guide for Hawaii's legislators, organizations and citizens, is published annually before the legislative session is over. Below you will find the information for all the Hawaiian islands' county Executive Office on Aging contacts from that publication.

City & County of Honolulu
Elderly Affairs Division
County Executive on Aging
925 Dillingham Blvd, #200
Honolulu, HI 96817
Helpline: 808-768-7700
Website: <http://www.elderlyaffairs.com/site/1/home.aspx>

Hawaii County Office on Aging
County Executive on Aging
1055 Kinoole St, #101
Hilo, HI 96720
Phone: 808-961-8626
Kona Phone: 808-323-4392

Kauai Agency on Elder Affairs
County Executive on Aging
4444 Rice St, #330
Lihue, HI 96766
Phone: 808-241-4470
Email: elderlyaffairs@kauai.gov
Website: <http://www.kauai.gov/elderly>

Maui County Office on Aging
County Executive on Aging
95 Mahalani St, #20
Wailuku, HI 96793
Phone: 808-270-7774
Molokai Phone: 808-553-5241
Lanai Phone: 808-270-6818
Email: mcoa.adrc@mauicounty.gov
Website: <http://www.mauicountyadrc.org>



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GENERAL MEMBERSHIP MEETING

Thursday, May 16th

11:30am via Zoom

Via Zoom <https://us02web.zoom.us/j/7585097318?pwd=SU1kL3hRUIJyZINUTitrYXg4aE5yQT09&omn=83995035284>

What do Public Health Nurses do?

Courtney will be providing a glimpse of the work of Public Health Nurses and their role in the community. The vision, mission, and values of the Department of Health Public Health Nursing Branch.



Courtney-Paige DiMaggio

Board member and Public Health Nurse on Molokai

Courtney-Paige DiMaggio was born and raised on the beautiful island of Moloka'i, She graduated in 1997 from Moloka'i High & Intermediate School. After graduating from high school, Courtney earned her Associates Degree in Nursing from Maui Community College in 2003 and obtained her Bachelors Degree in Nursing from University of Phoenix in 2012. She is a Native Hawaiian Registered Nurse at the Moloka'i Department of Health Public Health Nursing and a clinical lab instructor for the CNA class at University of Hawaii Maui College-Molokai Campus. Courtney has over 20 years of nursing experience helping those in need and is currently focused on finding options in providing care for the kupuna on Moloka'i and helping to find ways to "grow" a Moloka'i healthcare workforce. When not at work, Courtney enjoys traveling with her husband and three children. She also enjoys and cherishes spending time with her parents and extended family.

RSVP: Sherry Goya (sgoyallc@aol.com)



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Announcing 2024 Tony Lenzer Undergraduate and Graduate Scholarships!

The Hawaii Pacific Gerontological Society (HPGS) awards scholarships to college students with a serious interest in careers involving aging and older people.

HPGS is proud to offer four(4) undergraduate and graduate scholarships at \$2000 each.

Also, nursing students at undergraduate and graduate levels are eligible for one of four (4) scholarships at \$2000 each.

For more information and to apply for either scholarship, visit:
<https://hpgs.org/scholarship/>

Deadline: July 3, 2024

