



hawaii pacific gerontological society

Volume 45, No. 2

February 2024

HPGS 2024 BOARD OF DIRECTORS

Officers:

Laurie Adamshick, President
Cynthia Arnold, Secretary/Treasurer
Kathy Wyatt, Past-President

Directors:

Poki'i Balaz
Courtney-Paige DiMaggio
Kendi Ho
Hope Levy
Christy Nishita
Rick Tabor
Kristina Wong

Sherry Goya, Executive Director
808-722-8487 • sgoyallc@aol.com

P. O. Box 3714
Honolulu, HI 96812
www.hpgs.org
HPGS.808@gmail.com

HPGS has open enrollment for new members throughout the year. HPGS members may renew for 2024 any time online at www.hpgs.org or print the form and pay with a check.

The Hawaii Pacific Gerontological Society distributes monthly newsletters and hosts three general membership meetings.

HPGS encourages all members to submit articles, email the board with suggestions for speakers, and/or volunteer on a committee.

PRESIDENT'S MESSAGE



LAURIE ADAMSHICK
PRESIDENT

February Greetings!

Our first General Membership Meeting held in January was incredibly informative and prepared us to better understand the new legislative session in full swing at the Capitol. Don't miss the recap that appears on page 2. If you missed the meeting, you can view the recording in its entirety on the HPGS website: Go to hpgs.org, then click on Events.

Our next General Membership Meeting is set for May 16, 2024. Our featured speaker will be Board member Courtney-Paige Dimaggio who is a Public Health Nurse on the Island of Molokai.

If you don't know about the great work of our Public Health Nurses in assisting (and at times rescuing) some of our vulnerable kupuna, please plan to join us on Zoom. A Zoom link will be available in the coming months.

Ron Shimabuku, Director of Public Policy and Advocacy of our local chapter of the Alzheimer's Association, has been hard at work initiating and advocating for a new Silver Alert system currently being considered at the Legislature. The Silver Alert system would create a way for families or friends of lost or missing kupuna to notify authorities and the public of the emergency. It has the potential to speed up their rescue by increasing public awareness. You can track the progress of 3 separate bills – SB 2305, SB2486 and HB 1774 – addressing this by going to capitol.hawaii.gov.

We so appreciate your continuing membership with HPGS and the support it offers to our collective efforts at increasing public awareness of information, resources and issues affecting our kupuna. We are completely member supported and run by a dedicated team of community members who volunteer their time to create support for the scholarships we offer and the educational conference we organize and run every two years. If you believe in the value of our scholarship program to encourage more students, or if you have gained valuable information and insight after attending one of our conferences, please remember to renew your membership for 2024. The membership application has been attached to this newsletter for your convenience – or you will find it on our website at <https://hpgs.org/membership-2/>. And if you are a continuing member, this year consider taking an extra step by joining a committee or simply getting in touch to offer your ideas. Like the classic Uncle Sam sign of years ago says, WE WANT YOU!

With gratitude and warmest aloha,
Laurie Adamshick

MISSION STATEMENT

The mission of HPGS is to increase awareness of and interest in the field of gerontology by providing networking and educational opportunities, as well as scholarships, to Hawaii's workforce or other interested parties, in which to support the creation of needed policies and programs that will enhance the quality and age-friendly services to our Kūpuna in Hawaii.

2024 HPGS MEMBERS

Mahalo to these HPGS members who have renewed their membership since the last newsletter:

Poki`i Balaz

Hope Levy

Barbara Service

ALTRES Home Care

AARP Hawaii

Attention Plus Care

FirstLight Home Care of Honolulu

GenMag Publications/Generations Magazine

The Ihara Team - Keller Williams

If you have not yet done so, we hope you will renew with the attached form or go online at www.hpgs.org and renew with your charge card. An added Mahalo goes out to those who pay the 3% PayPal fee to save HPGS that added cost.

EVENTS

Generations Senior Fair at the Windward Mall

Friday, February 16th

10am to 2pm

Free and Open to the Public

Project Dana's Presentations

Call for Zoom Link 808-945-3736

Tax Problems and Nowhere to Turn?

Saturday, February 10th

10am to 11:30am

Zoom & Waipahu Hongwanji

Planning Ahead While Maintaining Control

Wednesday, February 14th

10am to 11:30am

Zoom & Honda Hongwanji

AARP Free Caregiver Workshops

Friday, February 23rd

9:30am to 12:00pm

Central Union Church

Saturday, February 24th

9:30am to 12:00pm

Windward Community College

Register: 1-877-926-8300

Practice Communicating with Your Care Recipient

Saturday, February 24th

10am to 12:30pm

Aiea Hongwanji, RSVP, limited seating

HPGS GENERAL MEMBERSHIP MEETING

HPGS President Laurie Adamshick welcomed, via Zoom, a number of members to the first general membership meeting of the year. Sherry Goya, HPGS Executive Director, inducted the 2024 HPGS Board officers and three new directors.

Rick Tabor, HPGS past-president and chair of the HPGS Program Committee introduced Virginia Beck, who is with the State Capitol's Public Access Room (PAR). It was noted that the PAR is not in all capitols across the nation so Hawaii is very unique. Virginia had an excellent PowerPoint presentation on "Your Voice: Participating at the Hawaii State Legislature." **The HPGS General Membership Meeting was taped and is on www.hpgs.org.** The PAR is located on the 4th floor of the capitol, in Room 401. Their phone number is 808-587-0478 and website is lrb.hawaii.gov/par. The room has work space available for the public. Virginia said that the legislative session opened Wednesday, January 17th, with 76 lawmakers at the capitol. She said that the capitol website (capitol.hawaii.gov) has a wealth of information, including who your senator or representative is. Virginia encourages the public to get involved.

A legislator will have to draft the bill that will be introduced at the start of the regular session. H.B. is a house bill, S.B. is a senate one and they are numbered. To follow a bill, go to the legislature's website (capitol.hawaii.gov) and enter the bill number in the search box at the top of the page. To find bills you're interested in, click on the "Reports and Lists" box on the homepage, and then select a report title. Or use the "Subject Search" on that page to search the bill titles, description and keywords for a word or phrase. You can register an email with the legislative website so you can receive hearing notices on any of the bills you're interested in.

The PowerPoint presentation showed the "Life of a Bill" - that it must pass three readings on the floor of each chamber to pass out of the legislature; but is also passed to one or more committees to be heard. If a bill does get scheduled for a hearing, testimonies are welcome from the public, executive departments, interest groups, lobbyists. After testimonies are heard, the committee can pass the bill without changes or vote to pass with changes or defer bill, and the bill may die in the committee. In a nutshell, they start to go through the committee process, go back to the floor for a second vote, to another committee if needed, then back to the floor, then they cross-over and do it all in the other chamber. If both chambers agree on the wording, it can go to the governor before the end of session. He can then sign it into law, allow it to become law without signature, or veto it (thus rejecting it, and it won't become law unless the legislature overrides it). The governor's deadlines take us until July 11, and that's when we'll finally know what laws result from the 2024 legislative session.

HPGS MEMBER NEWS

Congratulations to **Valerie Janikowski**, program administrator at Lanai Kinaole, for being selected as one of sixteen individuals chosen for the Hawaii Community Advisor Board (HICAB). Alaska Airlines established this group to honor the legacy and significance of the Hawaiian Airlines brand as they move forward to purchase them.

Kukui Gram is a publication of **SMP Hawaii** (Senior Medicare Patrol), Hawaii State Department of Health, Executive Office on Aging. It provides information to help older adults to avoid being scammed and to report any suspicious activity. It takes a village to raise a child, but it takes an entire state to protect our beloved kupa. **Send them your stories by 4:30pm on 3/01/2024** for the April 2024 issue. Contact Norma Kop, SMP Hawaii Director www.smphawaii.org FB: smphawaii808 Email: info@smphawaii.org, 808-586-7281 or 1-800-296-9422

HPGS Director **Rick Tabor** wants you to know that so far in January 2024, Hawaii COVID-19 data reveals an 8.4% weekly average positivity rate and 109 daily average cases statewide, accompanied by six new deaths and an average of 68 hospitalizations, including three patients in ICU. He suggests taking the Covid booster shot.



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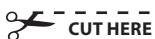
Founded in 1979, the **Hawaii Pacific Gerontological Society** is the largest nonprofit multidisciplinary group of professionals, individuals, companies and organizations in the field of aging in Hawaii. Membership opportunities available to all islands consists of gerontology educators, students, medical and social service personnel, older adults (kupuna), caregivers, companies and organizations from every sector of the community. Federal I.D. #99-0211232

HPGS discusses, networks, and shares information about issues and policies affecting Hawaii kupuna, to include career and job fairs, expos, webinars, etc. They also provide scholarships for undergraduate and graduate students interested in careers in aging, as well as tuition assistance for workers seeking to upgrade their knowledge in this field.

Benefits of an HPGS member includes:

- The HPGS monthly **newsletter** is distributed electronically and filled with age-related news, events, activities, job openings, announcements, and more.
- **Webinars** presented by professionals in the aging field are free to members on a regular basis.
- Throughout the year, there are **events** to bring HPGS members together for timely and relevant issues, discussions, and educational opportunities, as well as networking events and quarterly General Membership Meetings.
- HPGS prides itself in offering **scholarships** for those pursuing education in the field of aging, thus creating fundraising options.
- A two-day biennial **conference** is held in odd-numbered years and offers professional and educational venues on aging research, practice and policy for Hawaii, while also attracting national and international participants.
- HPGS members receive electronic **notices** on significant events, opportunities available, and other announcements.
- The HPGS **website** provides a resource of news, events, membership, etc. Company member's information and individual member's names will be placed on the HPGS website.
- There are a number of **committees** where membership involvement is welcomed.

For further information, please contact
Sherry Goya, HPGS Executive Director at sgoyallc@aol.com or 808-722-8487
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2024 MEMBERSHIP RENEWAL FORM

Contact Name: _____

Company/Organization: _____

Address: _____

City, State, Zip: _____

Telephone: _____

Facsimile: _____

E-Mail: _____

Website: _____

Annual dues (check one):

- \$10 for individual 65 and over
- \$20 for individual under 25 years
- \$80 for individual 26 to 64 years
- \$100 for company/organization (includes the contact person listed)
- \$50 for Associate Member (individual of company member)

Date Paid: _____

Payment Amount: _____

Check Enclosed: # _____

Mail this form and check payable to HPGS to P. O. Box 3714 • Honolulu, HI 96812
To pay by charge card, go to www.hpgs.org and use fillable form.