



hawaii pacific gerontological society

Volume 44, No. 9

September 2023

HPGS 2023 BOARD OF DIRECTORS

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HPGS has open enrollment for new members throughout the year. HPGS members may renew for 2023 any time online at www.hpgs.org or print the form and pay with a check.

The Hawaii Pacific Gerontological Society distributes monthly newsletters and hosts three general membership meetings.

HPGS encourages all members to submit articles, email the board with suggestions for speakers, and/or volunteer on a committee.

PRESIDENT'S MESSAGE



KATHY WYATT
PRESIDENT

In the aftermath of the 22nd HPGS Biennial Conference, I can truly say that it was a huge success. In the planning stages for two years, the Conference Committee was able to put together a conference with very relevant topics, from international fraud perpetrated primarily on the elderly to a Japanese presentation on the healthcare system in Japan, and so much more.

Many thanks for the Conference Committee, but also to our Executive Director, Sherry Goya, for all of her behind-the-scenes work that put together the fantastic program, to the volunteer from Project Dana who helped direct the conference, to Eileen Phillips who chaired the Conference Committee. There were many sponsors to be thanked and exhibitors who offered relevant information. The poster presentations were amazing. There are so many more people to thank, but please know that everyone was more than appreciated!



The gracious Japanese contingency offered an insight into their healthcare system, but they also informed us of issues with workforce shortages, just like we have here, confirming that it is an international problem. They were very impressed with the presentations that were offered, and thanked us profusely for being a part of the conference. Cullen Hiyashida had a dinner reception for the folks from Japan, representatives from UH, with Eileen and me from HPGS. It was very exciting to be able to talk with them, comparing our two countries and the similar issues we face.

HPGS is so grateful for all those that attended this conference, especially those from Japan, Hawaii Island and Kauai. It was very special to be able to get back together in-person, network with colleagues, share issues we are all still facing stemming from the pandemic. Although Covid is still around, we felt safe being together.

We will begin plans for our 23 Biennial conference in January, and look forward to another successful offering of topics that help us get the big picture on all things kupuna.

MISSION STATEMENT

The mission of HPGS is to increase awareness of and interest in the field of gerontology by providing networking and educational opportunities, as well as scholarships, to Hawaii's workforce or other interested parties, in which to support the creation of needed policies and programs that will enhance the quality and age-friendly services to our Kūpuna in Hawaii.

HPGS MEMBERSHIP

Welcome to New HPGS Members

Company

Right at Home Aiea

Individual

Lei Ruella Agbulos
Hiilei Akaka
Kenson Alik
Gimberley Almeida
Derrick Ariyoshi
Tom Atou
Karen Bagayas
Vicki Belluomini
Maria Burns
Caroline Cadirao
Zenaida Caraang
Dionne Carvalho
Christine Castillo
Morgan-Lee Pomai Castro
Rebha Chand
Kendra Chong
Rowena Dagdag-Andaya
Eric Domingo
Joel Duldulao
Denise Fernandez
Caroline Forsmann-Reyes
Ryan Gallardo
Andrea Golden
Patricia Gonsalves
Phyllis Hanson
Tomoko Ikeuchi
Miliama Iloilo
Emily Ishida
Kristi Ishikawa
Tani Kagesa
Kristen Kagoshima
Devin Kan-Hai
Donna Loo
Sanya Lucas
Kapualehua Luta
Rose Mango
Hyenie Martin
Claudette Medeiros
Celia Melchor-Questin
Jan Mori
Joel Nakamura
Teresa Nero
Diane Rapozo
Ann Sakaguchi
Tracie Sakamoto
Iris Lee Sanchez
Gary Simon
Timmy Satot
Samantha Souza
Karen Sumer
Kealoha Takahashi
Marsha Tamura
Leslie Tanoue
Cary Valdez
Johnny Yago
Rachel Yeager
Jeanine Yonashiro-Cho
Jenna Yugawa
Kelly Yoshimoto

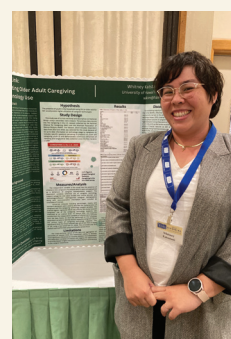
HPGS CONFERENCE A SUCCESS!

The Ala Moana Hotel's Hibiscus Ballroom was a gathering place for those looking to be educated, inspired, and welcomed by their peers, and seeing old or meeting new friends. Attendees were from Oahu, Kauai, Hawaii Island, and even college students from Japan. An array of speakers were assembled by the conference committee, headed by Eileen Phillips, a process that took months to complete. BUT it was SO worth the time the committee, comprised of every HPGS board member, took planning this year's biennial conference. The entire program can be found online at www.hpgs.org.

From the opening keynote speaker, Kathy Stokes, AARP's Director of Fraud Prevention Program, to the last presentation, which totaled 16 strong, remarks made by attendees were very positive. Dr. Lee Buenconsejo-Lum gave a great keynote presentation on the John A. Burns School of Medicine, and especially discussed programs for Hawaii's kupuna care during Thursday's lunch. When the Hibiscus Ballroom's wall was closed, making two presentation rooms, it was hard for conference attendees to choose between the two rooms, as ALL topics and presenters were of high caliber in their professions.

Besides live presentations, there were 14 poster board presentations, with four of them participating from Japan. A lot of work was put into their posters, and many spent part of Friday's lunch hour to talk with attendees who visited their poster.

Word about the food at the Ala Moana Hotel was that everything was DELICIOUS both days. There was a nice continental breakfast and, oh, the Thursday fish and chicken lunch were the best! The Pau Hana Networking Event saw fan favorites of sushi, cheese and veggie platters, kalua sliders, and a tasty Hoisin pork steamed buns. Friday's lunch was just as good, with salad and make-your-own sandwich, and corn chowder. Those who stayed for the Ice Cream Social on Friday enjoyed vanilla ice cream sundaes made the way they like it, along with a variety of cookies. HPGS ventures to say that no one left the Ala Moana Hotel with empty stomach!



HPGS CONFERENCE SPONSORS

The HPGS biennial conference would not be a success without sponsors who help defray costs for the use of the Ala Moana Hotel, AV equipment, printing the program, etc.

For the 2023 HPGS conference, our GOLD sponsor was **Kahala Nui** and SILVER was **Generations Magazine**, who provided a full-page article in their July/August issue (which brought attendees to the conference).

Below are the BRONZE sponsors:

Arcadia Family of Companies
Hale Hau'oli Hawaii
HMSA
Mi-Care
Tony Lenzer Family*
UH Center on Aging

* = Donation and also paid for the HPSG lanyards

FRIENDS OF HPGS

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Ilima at Leihano
Kathy Jaycox
Jack Lewin
Soderholm Mobility
Senator Sharon Moriwaki
Pear Suite
There's Always Hope
Ronaele Whittington
Warren Wong

HPGS NA LIMA KOKUA AWARDEES

Since 1986, the HPGS biennial conference awarded individuals, organizations or companies with their *Na Lima Kokua Awards*. The 2023 conference continued the tradition with six categories - Business, Community/Arts, Community Service, Government, Research/Teaching, and the Tony Lenzer Scholar - and all were recognized in the conference program and at the Thursday lunch.



Below are short excerpts from the program:

Business - *Fred Collins*, an Advanced Planning Advisor and the Seminar Speaker for Valley of the Temples. His nominator wrote, "The ease of working with Fred and the painless process when the funeral plan is needed, makes the loss of a loved one bearable."

Communications/Arts - *KupunaWiki* was formed in 2015 to be Hawaii's Senior Resources for information in many needed areas for kupuna. They wrote, "We share the HPGS goal of enhancing the general well-being of our Kupuna."

Government - Elected in 2018 to represent areas around Ala Moana, Senator *Sharon Moriwaki* is currently the co-convener of the legislative Kupuna Caucus. She wrote, "Let's continue our work together on policies and programs to enhance the well-being of our kupuna!"

Research/Teaching - A publication by *Jenny Lee* entitled "Development of Older Adult Food Insecurity Index to Access Food Insecurity of Older Adults" was completed in 2022. Her nominator wrote, "The evidence-based model solidified facts that impact food insecurity among older adults across all the sphere of the SEM."

Tony Lenzer Scholar - A scholarship of \$2,000 was given to two deserving individuals:

"*Nargis Sultana* is working toward her PhD in Public Health with a research interest in the health and well-being of older adults living in urban areas." She also had a poster presentation.

"As a third-year PhD student in the Social Welfare program at UH-Manoa, *Miliama Ku'uipo Iloilo* is interested in the field of gerontology." Miliama also did a poster presentation.

EVENTS

Wednesday, September 13th

9:30-11:30 am

Zoom and Honpa Hongwanji Hawaii

Betsuin (1727 Pali Highway)

Medicare Coverage of

Ambulance Services

Hawaii SHIP

Maria Morales 808-945-3736

Wednesday, Sept 20th

10-11:30am

Caregiver Workshop

Essential Legal Planning

Issues for Dementia

Presenter: James H. Pietsch, J.D.

Zoom link emailed to registrants

See Flyer Attached to Newsletter

Wednesday, Sept 20

5:15pm to 7pm

Via Zoom

Palliative Pupu Network & Education

Hear a case from St. Francis

Email: infor@kokuamau.org

HPGS MEMBER NEWS

The **Mediation Center of the Pacific**, a non-profit corporation serving Oahu's communities since 1979, is recruiting people with an interest and experience in the elder arena to become family conference facilitators in MCP's Kupuna Pono program, which was created in response to community need for families with kupuna to peacefully talk about their concerns and create a plan to support the wishes and needs of their kupuna and the primary caregivers. For more information about the volunteer opportunity, please see the attached flyer. Interested applicants should submit an application by going to <https://forms.office.com/r/RU26S2L55h>.

CONFERENCE PRESENTATIONS

Many conference attendees on Thursday and Friday, September 7th and 8th, asked whether they would be able to get the PowerPoint presentations of those who had one at the Ala Moana Hotel. An email was sent to all presenters and replies have been coming in to Sherry Goya, HPGS Executive Director. For those who gave HPGS permission to share their PowerPoint presentation with attendees and other visitors to our website (www.hpgs.org), viewing can be found under the CONFERENCE heading, right under the "Click Here for the 2023 Conference Program" link. It will read: "Click below for conference presentations," and the list of the presenter.

CULLEN HAYASHIDA'S CONFERENCE AFTER-DINNER

After the HPGS conference on Friday, September 8th, Cullen Haysashida had an informal get-together at his home for dinner. It was a friendly gathering of those from Japan, the University of Hawaii, the private sector, and HPGS. It is Cullen's hope that this will lead to many more opportunities to meet both as professionals in joint activities and informally again. A big MAHALO goes to Cullen for his outreach to bring Japanese educators as conference presenters and poster presenters. This adds the "Pacific" to our Hawaii Pacific Gerontological Society.



HPGS FUNDRAISER



Plans are under way to celebrate the achievements of **Gary Simon**, at the 7th Annual HPGS Tony Lenzer Scholarship Fundraiser. This year's event will take place on Friday, November 2nd from 5:30pm at the Arcadia, thanks to the Arcadia Family of Companies donating their location for the "live" viewing that will be viewed via Zoom. The link is on the flyer attached to this month's newsletter.

HPGS GENERAL MEMBERSHIP MEETING

The last general membership meeting for HPGS will be held on Thursday, September 21st via Zoom from 11:30am. Entitled: *Are We There Yet? Recruiting, Sustaining, and Mentoring Hawaii's Geriatric Workforce*. See the attached FLYER with information about the panel presenters, as well as the Zoom link. This practitioner panel will examine innovative approaches to recruit, sustain, and mentor healthcare workers in assisted living and institutional care from the perspectives of nursing and social work in different care setting. An email reminder with the flyer will be emailed all HPGS members the week of the meeting.



Kendi Ho



Poki'i Balaz



Regina Rivera



Sara Thompkinson



hawaii pacific gerontological society

GENERAL MEMBERSHIP MEETING

Thursday, September 21, 2023

11:30am to 12:30pm

Via Zoom <https://us02web.zoom.us/j/9326683629>

Are We There Yet?: Recruiting, Sustaining, and Mentoring Hawai'i's Geriatric Workforce

Ensuring a geriatric workforce is critical to the health and well-being of our kupuna in Hawai'i. The "Great Resignation" during the pandemic deepened the pre-pandemic work shortages in health care as workers left for higher paying positions. Moreover, the Healthcare Association of Hawai'i's recent report underscored this with 17% unfilled positions of their membership organization, reflecting an increase from 2019's ten percent.

This practitioner panel will examine innovative approaches to recruit, sustain, and mentor health care workers in assisted living and institutional care from the perspectives of nursing and social work in different care setting. Presentations will include changing the work culture through paraprofessional engagement, addressing students' perceptions of working with older adults, continuous mentoring of students to newcomers throughout their careers, and different ways to engage students in careers in aging.



Kendi Ho, Facilitator
UH at Manoa
Research Associate
Program Evaluation
at SBPE



Poki'i Balaz
Nurse Practitioner at
Kokua Kalihi Valley
Comprehensive Family
Services and Obama
Foundation Scholar



Regina Rivera
Nurse Aide Training
Instructor at KCC
and her teaching
company ON-SITE
Nurse Aide Training

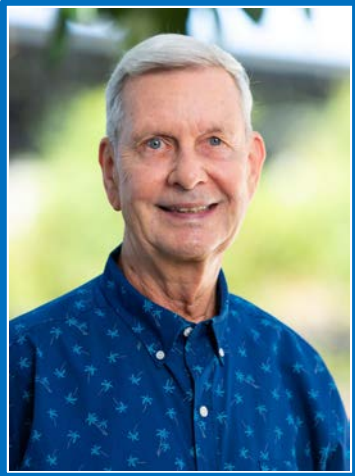


Sara Thompkison
Geriatric Workforce
Enhancement Program
Geriatric Workforce
Enhancement Program
Social Worker Instructor
with UH School of
Medicine

RSVP: Sherry Goya (sgoyallc@aol.com)

Announcing Zoom Dementia Series Workshop

for Caregivers, Friends, Providers and Advocates
of Persons Living with Memory Loss or Dementia



James H. Pietsch, JD joined the William S. Richardson School of Law after first having served on active duty in the US Army Medical Service Corps and the Judge Advocate General's Corps and subsequently serving as the directing attorney of the Honolulu Elder Law Unit of the Legal Aid Society of Hawai'i (LASH). He is a professor at the law school, here he teaches Law, Aging and Medicine, Elder Law Clinic, Advanced Health Law (Experiential), and, in association with the Nancy Atmospera-Walch School of Nursing, Health Law: Bioethics. He also holds an appointment at the John A. Burns School of Medicine where he specializes in teaching issues at the intersection of law, aging, healthcare, bioethics, and psychiatry. In addition to his teaching duties, he is the director of the University of Hawai'i Elder Law Program (UHELP), which provides limited direct civil legal services at the law school to socially and economically needy older persons as well as their caregivers.

Note: Neither this session nor the handbook discussed are intended to provide legal advice or to serve as a substitute for professional legal advice.

Essential Legal Planning Issues for Dementia

Presented During a Class with the William S. Richardson School of Law Elder Law Clinic

Wednesday, September 20, 2023, 10-11:30am Hawaii time

- It is wise for adults to have a plan in place in the event of death or incapacity, especially for those who may be starting to experience memory loss or a decline in thinking skills as can be seen in dementia.
- Planning for death and incapacity, especially for those diagnosed with dementia, usually involves the consideration of such essential legal and related documents such as wills, durable powers of attorney for legal and financial matters, advance health care directives, including durable powers of attorney for health care and individual instructions for health care, plus for many, provider orders for life-sustaining treatment and living trusts.
- A diagnosis of dementia does not necessarily indicate a current lack of capacity to execute essential documents legal and related documents, so it is important to seek professional legal and health care advice early on.
- The levels of capacity necessary to understand and to execute various legal documents vary and it is important to seek the assistance of a qualified attorney to provide counsel, advice, and assistance.
- Legal Documents and related forms are often complicated so it may be beneficial to look over some samples commonly used in Hawaii found in the handbook highlighted in this presentation.

Advance Registration is required at this link:

<https://www.eventbrite.com/e/essential-legal-planning-issues-for-dementia-tickets-706567150367?aff=oddtcreator>

The Zoom link & handouts will be sent separately via email to registrants before the session date.

Sorry, no CEs or certificates are available for this presentation

For questions about the workshops contact: Jody Mishan, (808) 295-2624 or jmishan@hawaii.rr.com



CATHOLIC CHARITIES
HAWAII
CIRCLE OF CARE FOR DEMENTIA



UNIVERSITY OF HAWAII
ELDER LAW PROGRAM

These caregiver workshops are made possible by the Elderly Affairs Division of the City & County of Honolulu through Federal Older Americans Act funding

Join us for an innovative session on technology and aging!

Population aging is one of the most significant mega-trends of the 21st Century and is anticipated to impact cross-sector economic growth, personal income and pensions, healthcare services, and workforce shortages among many other aspects of our lives.

The University of Hawaii's Center on Aging and Japan's Tokyo Institute of Technology in collaboration with PICHTR and KCC will present on the identification, development, and adoption of aging technologies to off-set labor shortages, improve quality care, reduce cost, and improve worker efficiencies to support the growing numbers of older adults. We invite everyone involved with improving the lives of older adults and/or interested in technology innovation to:

Thursday, September 21, 2023 | 2:00pm-3:30pm

Panel Session: Japan's Challenges and Examples of Technological Innovations

East West Center, Imin International Conference Center
Pacific Room (2nd Floor)

Coffee and refreshments provided

Join Virtually:

<https://hawaii.zoom.us/j/93346829282>

Space is limited, register here: <https://go.hawaii.edu/A3y>

Interactive map for visitor parking options: <https://go.hawaii.edu/wrx>



UNIVERSITY OF HAWAII AT MĀNOA
CENTER ON AGING
THOMPSON SCHOOL
SOCIAL WORK & PUBLIC HEALTH



Tokyo Tech



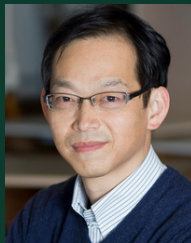
Moderator: Dr. Cullen Hayashida | Dept. of Sociology, University of Hawaii

“Population Aging and Depopulation: Strategies to Reverse or Moderate Workforce Shortage”



Panelist: Prof. Hiroyuki Umemuro | Dept. of Industrial Engineering & Economics, Tokyo Institute of Technology

“Will Seniors Use Technologies? Psychological Factors Affecting the Adoption of Technology”



Panelist: Prof. Sigeki Saito | Dept. of Transdisciplinary Science and Engineering, Tokyo Institute of Technology

“Engineering Design Education involving Prospective Users and Partner Companies towards Innovative Society”



Panelist: Prof. Yoshihiro Miyake | Dept. of Computer Science, Tokyo Institute of Technology

“Robots for Supporting Social Engagement and Extending Healthy Life Expectancy” (Includes a demonstration of robotic technology)



Panelist: Prof. Momoko Nakatani | Department of Information and Communication Engineering, Tokyo Institute of Technology

"Co-design workshops for Social Problem Solving"