

# *Sustainable Transitions in Gerontology*

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**BIENNIAL**  
Conference

SEPTEMBER 7 - 8, 2023  
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# Welcome from the HPGS President



**Kathy Wyatt**  
President

Aloha!

E komo mai to the 22nd Hawaii Pacific Gerontological Society's Biennial Conference!

It is an honor to welcome you to this exciting conference that is two years in the making. From the keynote speakers, the presenters, and the poster presentations, the theme of our conference, ***Sustainable Transitions in Gerontology***, is exemplified.

I would like to acknowledge our colleagues on Maui who are going through really rough times. The Maui Office on Aging was sending 15 attendees for the conference, knowing of its importance, however, because of the tragedy, their operations have been shifted understandably towards the response/recovery efforts. HPGS would like to extend our thoughts and prayers to their rapid recovery and return to normalcy.

The field of gerontology and geriatric medicine has come a long way since 1979, when it was still a new concept, and when HPGS was established by Dr. Tony Lenzer. This conference offers many diverse presentations that demonstrate the multidisciplinary field that is gerontology. Dr. Lenzer's passion was education, and the mission of HPGS is "to increase awareness of and interest in the field of gerontology by providing networking and educational opportunities". So here we are, working our mission.

The Conference Committee, lead by Eileen Phillips as chair, has worked diligently to bring you presentations that are up-to-date, interesting, inspiring and applicable to today's gerontology studies. We hope as a result of this conference, you will recommit to becoming active and engaged members of HPGS in order to launch more conversations that bring hope and promise to all of our futures. Per Dr. Lenzer, "What keeps me involved in gerontology is the recognition that there is always something more to learn about this interdisciplinary field. Knowledge is pouring in from social sciences, biological fields, medicine, law and other areas. "

My sincere hope is that you enjoy this conference and that your increased knowledge of the transitions in gerontology will excite you enough to be a part of the gerontological field. I look forward to talking with you throughout the conference and hearing your insights. Thank you for joining us for the next two days!

Kathy Wyatt  
HPGS President

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**Kathy Wyatt** is a Registered Nurse, a Licensed Nursing Home Administrator, Certified Director of Nursing in Long Term Care, and Certified Administrator of Assisted Living Facilities and Adult Residential Care Homes. She is the current Hawaii Pacific Gerontology Society President, as well as President of Hale Hau'oli Hawaii and President of the Adult Day Centers of Hawaii. She serves on the Board of Directors for the National Adult Day Services Association, the Caregiver Foundation, Hawaii Family Caregivers Coalition(President), Policy Advisory Board for Elder Affairs, and Kokua Council. Ms. Wyatt is also active in Kupuna Caucus. She runs a non-profit organization, Hale Hau'oli Hawaii, that is committed to meeting the needs of the elderly and their caregivers through community education programs, resources and referrals, and adult day care centers.







# Welcome from the HPGS Conference Chair



Aloha Kakou!

**Eileen Phillips**  
Conference Chair

I would like to welcome you to the in-person 2023 HPGS Biennial Conference - Our last in person biennial was in 2018. We are so happy to be back after a long 5 year wait to see you folks again. Yes, we have all gotten older, but with increased focus on our health and services over the past few years my hope is we have improved our lives. Which leads me to our theme this year: "Sustainable Transitions in Gerontology." How can we use what we have experienced to improve the health care and services available to our Kupuna? What positive outcomes are we able to sustain after the changes we have all seen that affect our population?

I hope you will find some answers at this event! You are attending a two-day conference put on by volunteers committed to improving the lives and services of our geriatric community. This is what the Hawaii Pacific Gerontology Society does. We do our best to keep you updated with information by offering education on Geriatric issues collaboration and networking... not to mention the ice cream at the end of Friday!

Members of our board have been a great resource for all things Kupuna in Hawaii and the Pacific. This year's Biennial Conference will have featured speakers and educational presentations in addition to poster presentations from up-and-coming researchers in gerontology. A big Mahalo to the conference committee members for their expertise and dedication to continued education during these two days.

We are pleased to present this valuable information to our community. Enjoy yourselves and let's make this event memorable for all attendees and presenters.

Eileen E. Phillips

**Eileen E. Phillips** attended Florida State University and graduated with a Bachelor of Science degree in Marketing in 1979 and then moved to Hawaii in 1980 with her family. She continued her education at the University of Hawaii and obtained a Bachelor of Science in Nursing in 1992. Immediately she was hired at Queens Medical Center. She became a Client Service Supervisor at Attention Plus Care in August of 1999 and began her focus on geriatric care in the community and home care support for families. While at Attention Plus Care, supported contracts with the Department of Health Programs currently under the Med-Quest and Integrated Care Programs, Developmental Disabilities Division, and Veterans Affairs. Eileen manages the operations at Attention Plus Care with successful audit performance from the Department of Health and the Joint Commission accrediting organizations. Eileen has provided training in the community on Fall Prevention as well as other important topics for our Kupuna population since 2005.

## MAHALO TO THE CONFERENCE COMMITTEE MEMBERS

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Eileen Phillips

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Kathy Wyatt, HPGS President



# Conference Agenda



## Thursday, September 7, 2023

- 7:30 am Registration and Continental Breakfast
- 8:10 am Welcome by HPGS President **Kathy Wyatt** and HPGS Conference Chairman **Eileen Phillips**
- 8:30 am Keynote Speaker: **Kathy Stokes**, AARP's Director of Fraud Prevention Programs
- 9:15 am BREAK
- 9:30 am *"What We Can Learn From Japan: A Super-Aging Society"* **Christy Nishita, Yoshiko Someya, Takeo Ogawa, and Nobuhiro Hayashi**
- 11:00 am *"Major Transitions for the State Long-Term Care Ombudsman Program"* **John McDermott, Jomel Duldulao, Lynn Niitani, and Jan Mori**
- 11:45 am BREAK
- 12:00 pm Lunch with Keynote Speaker: **Dr. Lee Buenconsejo-Lum**, Interim Dean of the John A. Burns School of Medicine  
Presentation of the **Na Lima Kokua Award** winners
- 1:30 pm BREAK to close the room divider
- 1:45 pm (HB #1) *"A Model for LGBTQ+ Kupuna Empowerment: Resilience & Community from Online to Real Life"* **Winston Welch, Rosemary Kyle, Carole Mandryk, Roger Sorrell, and David Frost**
- 1:45 pm *"(HB #2) Exploring New Frontiers In Elder Care and Well Being in Hawaii"* **Warren Wong and John Lewin**
- 2:30 pm BREAK
- 2:45 pm (HB #1) *"Malama Kupuna: Native Hawaiian Health Center Systems Creating Safe Space For Hawaiian Elders To Receive Healthcare and Connect With Their Culture"* **Nicole Mahealani Lum, Sean Puahi Chun and Eroll Kia'i Lee**
- 2:45 pm (HB #2) *"Listen Up: A Hearing and Mental Health Awareness Discussion"* **Rick Tabor and Robert James Tousignant**
- 3:30 pm BREAK to open the room divider
- 3:45 pm *"The Best Kept Secret in The Long-Term Care Continuum"* **Kathy Wyatt**
- 4:15 pm *Pau Hana Networking Event* in the Foyer and Hibiscus Ballroom



# Conference Agenda



## Friday, September 8, 2023

- 7:30 am Continental Breakfast
- 8:15 am Welcome Back by HPGS President-Elect Laurie Adamshick and HPGS Past-President Rick Tabor
- 8:30 am Keynote Speaker: **Wanelle Kaneshiro-Erdmann**, Hawaii State Department of Education Director, Workforce Development Branch
- 9:30 am BREAK to close the room divider
- 9:45 am (HB #1) *"Ensuring a Dementia-Capable Hawaii"* **Tani Kagesa, Kia'i Lee, Ivy Castellanos**, and **Diane Terada**
- 9:45 am (HB #2) *"Preventive Care and Outcomes of Inter-professional Medicare Annual Wellness Visits for Older Adults: The Pacific Islands Geriatrics Workforce Enhancement Program"* **Lauren Okamoto** and **Camlyn Masuda**
- 10:30 am BREAK
- 10:45 am (HB #1) *"Memory, Reflection, Narration: Capturing Stories of Autonomous Aging"* **Jackie Kim-Wachutka**
- 10:45 am (HB #2) *"Lifelong Learning: Where We Were, Where We Are Now, and Where We Are Headed - Lessons Learned from the Covid-19 Pandemic"* **Sandra von Doetinchem** and **Hope Levy**
- 11:30 am BREAK to open the room divider
- 11:45 am Lunch with the opening of the Garden Lanai's Exhibitor's Room
- 12:45 pm BREAK to close the room divider
- 1:00 pm (HB #1) *"Cybersecurity & Fraud; Threat To An Aging Population and What You Need To Know"* **Roseann Freitas** and **Al Ogata**
- 1:00 pm (HB #2) *"Navigating Prevention and Treatment Options in Cardiovascular Medicine"* **Zia Khan** and **Alan Kuo**
- 1:45 pm BREAK
- 2:00 pm (HB #1) *"Harnessing Data, Technology, And The Emerging Workforce To Boost The Health and Well-Being of Older Adults"* **Colby Takeda, Justin Puckett, Matthew Sasaki, Lindsey Ilagan** and **Rosilyn Handy**
- 2:00 pm (HB #2) *"Social Isolation and Ways To Mitigate Its Detrimental Impact On Hawaii's Kupuna"* **Bonnie Castonguay**
- 2:45 pm BREAK







# Conference Agenda



## Friday, September 8, 2023

- 3:00 pm (HB #1) *"Expanding Community Partnership: Partnering with Non-traditional Organizations to Promote Healthy Aging in Community."*  
**Michiyo Tomioka, Johnny Yago, Mylene Ibera, Jean Kimoto and Shirley Kidani**
- 3:00 pm (HB #2) *"Aging-in-Place and Gerotechnologies: Solutions To An Emergent Care Crisis"* **Kevin Kawamoto**
- 3:45 pm (HB #1) Closings Words from HPGS President-Elect Laurie Adamshick  
(HB #2) Closings Words from HPGS Conference Chair Eileen Phillips
- 4:00 pm *Ice Cream Social* in the Exhibitor's Room

### MISSION STATEMENT

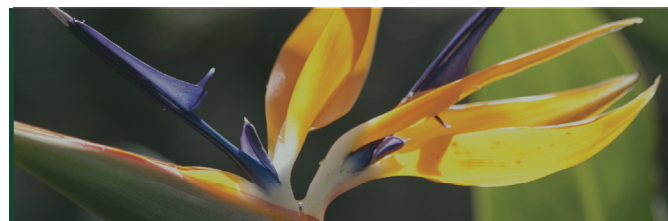
The mission of HPGS is to increase awareness of and interest in the field of gerontology by providing networking and educational opportunities, as well as scholarships, to Hawaii's workforce or other interested parties, in which to support the creation of needed policies and programs that will enhance the quality and age-friendly services to our Kūpuna in Hawaii.

### Mahalo

Hawaii Pacific Gerontological Society  
for your continued dedication  
to our kupuna.



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# Poster Presentations



A Call to Action to Build the Workforce Capacity in the Long-Term Care Setting  
by **Miquela Ibrao, Katherine Santilena and Kendi Ho**

Bridging the Digital Divide: Adapting the Montessori Method for  
Digital Literacy Education in Older Adults  
by **Kai Wang**

Cultivating Wellness Through Cultural Dance in Native Hawaiians  
and Other Pacific Islander Communities  
by **Miliama Iloilo**

Current Status and Problems of Case Management for People with Dementia Based on Supported  
Decision-Making Guidelines in Japan  
by **Hirofumi Watanabe**

Enhancing Future Time Perspectives in Older Adults: A Preliminary Intervention Study  
by **Tomoko Ikeuchi and Hisao Osada**

Generational Link: Youth Supporting Older Adult Caregiving Through Technology Use  
by **Whitney Katsutani**

Guidelines & Strategies to Implement an Inclusive Garden for People with Dementia  
by **Melody Halzel**

Healthcare Experiences of Native Hawaiian Elders and their  
Advice for Providers: A Qualitative Analysis  
by **Keilyn Kawakami and Leslie Tanoue**

Retirees in Hawaii & Japan: From Youthful to Useful  
by **Michiyo Tomioka, Tomoko Ikeuchi, Cullen Hayashida, Yamazaki Sachiko,  
Ono Mayuko, Shimada Chiho and Osada Hisao**

Including Cultural Strengths in the Adapted Savvy Caregiver Program:  
‘Auamo Ke Kuleana O Na Ma’i Poina  
by **Mahealani Austin**

Innovation in State Support of Dementia-Capable Workforce Development  
by **Whitney Katsutani and Tani Kagesa**

Quality of Urban Green Space and Older Adults' Physical Activity; A Systematic Review  
by **Nargis Sultana**

Social Support Related to Sustainable Living in a Marginalized Community  
by **Yuichi Watanabe**

The Process of Establishing Support for Learning Disabilities with Symptoms of Dementia Who Reside  
in Support Facilities for the Disabled in Japan  
by **Daisei Kinoshita**



# Poster Presenters



Alphabetical order of presenters by first name.



**Cullen Hayashida** began his career teaching about 18th & 19th Century Japanese and Chinese Societies at Case Western Reserve University in Ohio, then returned to Hawaii to work at Kuakini Medical Center and later at Maluhia LTC Health Center and Kapiolani Community College. Over the past 44 years, he helped to develop over 55 elder care service projects, legislations, and regulations for hospitals, nursing homes, home cares, and other community settings.



**Daisei Kinoshita** received a Ph.D. in Rehabilitation from the University of Tsukuba. He worked as a social worker at a hospital, a support worker for people with learning disabilities, and a researcher at a national research institute. His research focuses on supporting people with learning disabilities who have dementia, supporting learning disabilities who have committed crimes, and macro-social work.



**Hirofumi Watanabe** is a professor in the Department of Social Welfare, Faculty of Human Sciences, Musashino University. He graduated from the Graduate School of Japan College of Social Work and is interested in social work with the elderly, especially dementia care and case management. Hirofumi formerly worked as a lecturer at Mejiro University and as a researcher at Tokyo Center for Dementia Care Research and Practices.



**Hisao Osada**, PhD is a Professor of Special Appointment, J.F. Oberlin University Graduate School, Professor of Tokyo Metropolitan University, and Research Assistant of Tokyo Metropolitan Institute on Gerontology.



**Kai Wang** is a PhD student in Educational Psychology at the University of Hawaii, whose research is centered on enhancing digital literacy among older adults. His aim is to contribute to an inclusive digital society and improve learning outcomes in this demographic.



**Kendi Ho** uses her applied linguistics and cross-cultural experience with multilingual adults in the workplace for program evaluation with SBPE. Her research focuses on mixed methods in perceptions of (un)successful cross-cultural interpersonal communication from stakeholders' perspectives. She advocates to develop the geriatric workforce through innovation in home care for older adults.



**Kate Santilena**, MS, MPH is a doctoral candidate at the University of Hawaii (UH) studying Public Health with a research focus in Health Communication. She obtained her Master of Science in Kinesiology from UH and then later obtained her Master of Public Health in Health Promotion and Behavioral Science from San Diego State University.



**Keilyn Leina'ala Kawakami** is a PhD student studying Public Health at the University of Hawaii (UH). She is a Graduate Research Assistant for Hā Kūpuna: The National Resource Center for Native Hawaiian Elders where she conducts research projects to increase health among kūpuna as well as share Indigenous and ancestral knowledge with future generations.



**Leslie Tanoue** is the Director of Elderly Services at ALU LIKE, Inc., overseeing the implementation of OOA, Title VI services to Native Hawaiians on Hawaii, Kauai, Maui, Molokai, and Oahu. Having the fortune to grow up with her grandparents set the foundation for her work with and for older adults.





# Poster Presenters



**Mahealani Austin** has over 20 years of experience serving Kūpuna and their families in roles as a Certified Nursing Assistant, Care Home Operator and Kūpuna Program Coordinator. Mahealani obtained her Master's Degree in Social Work with a concentration in Gerontology from UH. She is working at Kula No Nā Po'e Hawai'i O Papakōlea, Kewalo & Kalāwahine (KULA) as the Director of Health and Human Services and serving at Kupuna Hub as a Program Coordinator.



**Miquela Ibrao**, MPH, MSW, is the Program Coordinator for the Geriatric Workforce Enhancement Program at UH. She obtained her Masters of Social Work and Masters of Public Health degrees from Washington University in St. Louis, where she specialized in Indigenous Health within the Buder Center for American Indian Studies. Currently, as a PhD candidate in Public Health at the Thompson School of Social Work and Public Health, of UH, her research focuses on healthy aging in Indigenous communities.



**Michiyo Tomioka** is an Evaluation Coordinator, UH Center on the Family and Evaluator at Kokua Kalihi Valley Comprehensive Family Services Elder Care. She graduated with her PhD in Social Welfare at Thomson School of Social Work in 2013. She received the American Public Health Association Erickson Foundation Award in 2013, the American Society on Aging's Graduate Student Research Award in 2012, and the HPGS "Major Okada Scholar" Award in 2008.



**Miliama Ku'uipo Iloilo** is in her third year of the PhD in Social Welfare program at UH. She has been employed by the State of Hawaii for the past 22 years as a Deputy Sheriff, Child Welfare Services Worker, and School Social Worker. Her research interest include, Cultivating Wellness Through Cultural Dance in Native Hawaiian and Other Pacific Islander Older Adult Communities.



**Nargis Sultana** is a Ph.D. is a student in the Public Health program at UH, concentrating on community-based translational research. Her research interest is in improving accessibility to urban green spaces for older adults. With a background in urban planning and a deep concern for the well-being of aging populations, her goal is to continue researching and advocating for inclusive and age-friendly urban environments to enhance older adults' physical, social, and mental well-being.



**Tani Kagesa**, LSW, started at the Executive Office on Aging within the Dept of Health in January 2023 as the Alzheimer's Disease and Related Dementia Services Coordinator for the State of Hawai'i. As a gerontological social worker with a BSW and MSW, she comes with seven years' experience in skilled nursing facilities and retirement living settings.



**Tomoko Ikeuchi**, PhD is a research scientist at Tokyo Metropolitan Institute for Geriatrics and Gerontology (TMIG) in Tokyo, specializing in gerontology and geropsychology. Her research interests include the psychological well-being of older adults, end-of-life issues, and cross-cultural studies in aging.



**Whitney Katsutani** is currently a PhD in Social Welfare student at UH. Her research interests include motivations for employment-seeking and maintenance behaviors in sectors that serve older adults, along with methods of leveraging intergenerational relationships as social capital to build communities and improve social outcomes and resiliency.



**Yuichi Watanabe** is a professor at Musashino University, Department of Social Welfare, in Tokyo, Japan, with a background in social work. His research interest is community empowerment and sustainable living in a marginalized community for older adults.



# 2021 Na Lima Kokua Awards



The Hawaii Pacific Gerontological Society continues to honor individuals, businesses and/or organizations as winners of their **Na Lima Kokua** award in six different categories and their biennial conference. For seventeen of the past twenty-two HPGS conferences, HPGS received many nominations for Business, Communications/Arts, Community Service, Government, Research/Teaching, and the Tony Lenzer Scholar awards. Please congratulate the following winners, who will receive their awards at the Thursday, September 7th luncheon.

## BUSINESS AWARD - Fred Collins



An Advanced Planning Advisor and the Seminar Speaker for Valley of the Temples, **Fred Collins** is an excellent teacher on a subject many people wish to avoid, funeral and cemetery preplanning. His seminar, "Plan for Tomorrow...Today" is an information-filled, educational and entertaining discussion on how to be ready for something that is going to happen someday. He speaks to groups, large and small, on the ways how, and reasons why, preplanning will provide your loved ones with a clear path to honor your wishes and desires. When you meet with Fred one-on-one, he has your undivided attention, while giving you all the information needed and answering all your questions. After the funeral plan is laid out, the "Preplanning Guide" will complete the whole process. The ease of working with Fred and the painless process when the funeral plan is needed, makes the loss of a loved one bearable. *"I'm honored to be recognized by HPGS for my cemetery and funeral preplanning seminars, a subject many don't want to think about."*

## COMMUNITY/ARTS AWARD - KupunaWiki



In 2015, Brandon Lau and Andrew Leong started **KupunaWiki** to be Hawaii's Senior Resource for information in the areas of health, finance, senior housing, estate planning and real estate. This was initially achieved through monthly in-person classes, however, they currently also have a weekly radio show and a monthly e-newsletter to provide information to thousands of households. *"Mahalo! We are honored to be the 'Communication/Arts' awardee for the Hawaii Pacific Gerontological Society Na Lima Kokua Awards. We share the Hawaii Pacific Gerontological Society's goal of enhancing the general well-being of our Kupuna. We will continue to provide Kupuna and their families information and guidance on the best resources in Hawaii."*

## COMMUNITY SERVICE - Gordon & Sandy Young



Community volunteers since 2014, **Gordon & Sandy Young** began their ministry as heartfelt musicians who unselfishly brought music joy to Kupuna. The passion, compassion, and caring by the strumming of the ukulele and the voices of this couple offer care home and senior care facilities the opportunity to reach in their mind and soul music which brings back memory and relaxation. *"We would like to share our Sing Along story. We keep our program very simple. We play songs they grew up with or know, this includes patriotic songs which they sang in school. We encourage their participation. We talk about growing up in old Hawaii. We converse with them as we would with our friends or relatives. Having them singing and/or smiling is our goal for the day."*



# 2023 Na Lima Kokua Awards



## GOVERNMENT - Senator Sharon Moriwaki



Elected in 2018 to represent Waikiki, Ala Moana, Kakaako, McCully, Moiliili and part of Maliki, Senator **Sharon Moriwaki**, is currently the co-convenor of the legislative Kupuna Caucus, with over 200 members, working on legislation to support kupuna. She has introduced legislation to further support issues and programs that benefit kupuna and their caregivers. Other highlights to mention are the championing to help kupuna live in their own homes as long as possible, including rent supplements when needed, strengthening the Long-term Care Ombudsman's office, state health insurance assistance and Senior Medicare Patrol, increasing penalties for crimes against kupuna, and working with Medicaid providers in negotiating better reimbursement rates for the providers. *"I am honored to receive the HPGS Na Lima Kokua Award on behalf of all of you who work tirelessly to improve the lives of our kupuna—helping them with informed choices and not succumbing to scams and fraud, to age in their own homes for as long as possible, and for the vulnerable, caring staff and volunteers in community and in assisted living or end of life facilities. Let's continue our work together on policies and programs to enhance the well-being of our kupuna! Mahalo."*

## RESEARCH/TEACHING - Jenny (Jin Young) Lee



A publication by **Jenny Lee** entitled "Development of Older Adult Food Insecurity Index to Assess Food Insecurity of Older Adults" was completed in 2022. The method showed 13 risk factors for food insecurity among older adults were identified leveraging existing studies, following the Social Ecological Model (SEM), and the weighted impact of each factor was determined. Based on the averaged odds ratios across all studies, of the 13 risk factors, beyond financial constraints, having a disability was the most impactful factor and distance to the nearest grocery store was the least impactful. The evidence-based model solidified facts that impact food insecurity among older adults across all the sphere of the SEM. *"I want to express my deepest gratitude for being selected as the Research/Education awardee for the Hawaii Pacific Gerontological Society Na Lina Award. It is truly an honor, and I am humbled by this recognition. The COVID-19 pandemic exposed the criticality of serving our food-insecure kūpuna. I believe this work will allow us to be quicker to respond to future events and be more targeted in serving this vulnerable population. Mahalo nui loa for this incredible award!"*

## TONY LENZER SCHOLAR

Tony Lenzer was one of the founding members of the Hawaii Pacific Gerontological Society. As a lifelong educator, Tony believed that emphasis needed to be on the students who were interested in the gerontology field, especially in Hawaii where our Kupuna are much revered by their family and the community. Scholarships are awarded annually, however, at the HPGS biennial conference, the Tony Lenzer Scholar award is given to two students with exceptional commitments to Hawaii's Kupuna.



**Nargis Sultana** is working toward her PhD in Public Health with a research interest in the health and well-being of older adults living in urban areas. She is focusing on urban design or built environment components that can be used to improve older adults' health and well-being. *"I am deeply thankful for this award from the Hawaii Pacific Gerontological Society. This scholarship encourages me greatly to continue my research in the field of Gerontology. As a Phd student, my current research interest is in improving accessibility to urban greenspaces for older adults. In the future, I would like to continue my research in the general area of urban design and the well-being of older adults. Specifically, I would like to contribute to creating age-friendly cities to ensure equal access to all urban facilities for the aging community."*





# 2023 Na Lima Kokua Awards



As a third-year PhD student in the Social Welfare program at UH-Manoa, **Miliama Ku'uipo Iloilo** is interested in the field of gerontology. This stemmed from helping to care for her grandmother in her later years and attending many elderly dance programs with her, prior to Covid. She saw the importance the elderly dance group had on her grandmother's physical, cognitive, and social-emotional well-being. *"Mahalo to HPGS for selecting me for the Tony Lenzer Scholar Award. I am extremely honored and appreciative of the financial assistance to continue in the PhD in Social Welfare program. I humbly accept this award on behalf of my kūpuna/matua and wish they could've been here to see me receive it. With this financial assistance I hope to be able to continue research into understanding the effects of cultural dance on Native Hawaiian and Other Pacific Islander older adults' physical, cognitive, and social-emotional well-being."*

## HPGS 2021 Na Lima Kokua Award Winners



Warren Wong  
Community Service Award



Jamaica Manual  
Tony Lenzer Scholar

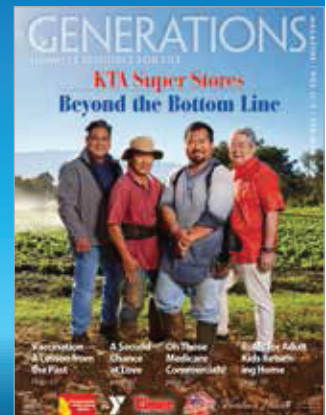
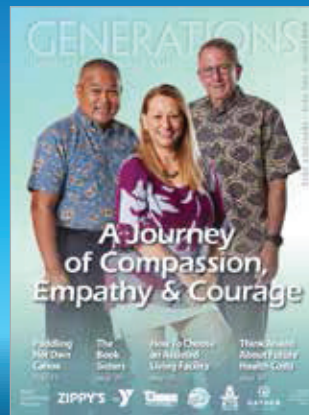


Derrick Ariyoshi  
Government Award

## Introducing *Generations'* new publisher



**Cynthia Arnold:** Aloha to the Hawaii Pacific Gerontological Society (HPGS). We at *Generations Magazine* are excited to partner with HPGS to help promote gerontological research and services, advocate on behalf of our kūpuna, encourage professional services, promote volunteerism within our senior community and provide scholarships for new professionals in the field of gerontology. We are especially grateful for your continued support of our kūpuna. GM and HPGS have a long history together and a bright future. Percy Ihara, GM's current publisher, is passing the reins over to me, with our 2024 JanFeb issue. We are thankful for Percy's many years of hard work and dedication in support of our kūpuna. I look forward to continuing the passion and mission that both GM and HPGS share.



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## ***“Reframing Fraud in America”***

Kathy Stokes, AARP’s Director of Fraud Prevention Program

**8:30 a.m. to 9:15 a.m.**



**Kathy Stokes** is a nationally recognized leader in the consumer fraud arena. As Director of Fraud Prevention Programs with AARP, Kathy leads AARP’s social mission work to educate older adults on the risks that fraud represents to their financial security. Since taking the helm of the AARP Fraud Watch Network in 2019, she and her team have vastly expanded AARP’s leadership in this space, including the creation of a new victim support program, a multi-year campaign to end the use of gift cards in fraud, and the formation of a national effort to fundamentally transform how our country addresses consumer fraud.

Kathy’s career has centered on financial security, both in the realm of public policy and the development of retirement education programming. She was the first executive director of the American Savings Education Council, a program of the Employee Benefit Research Institute. Kathy also worked for Ernst & Young and the Brookings Institution’s Retirement Security Project before leading her own communication consulting business for a decade. She currently serves on an advisory council to the board of the International Association of Financial Crimes Investigators and on an advisory council to a committee of the North American Securities Administrators Association. Kathy was recently appointed to the Consumer Education Committee of the Scams Against Older Adults Advisory Group, convened by the Federal Trade Commission.

Kathy has a master’s degree in American Government from The Johns Hopkins University and an undergraduate degree from the University of Pittsburgh in Rhetoric and Communication.

### **Visit these Conference Exhibitors in the Garden Lanai on Friday, September 8th from 11:30am to 5:00pm:**

City & County of Honolulu, Budget & Finance  
City & County of Honolulu, EOA  
City & County of Honolulu, Parks & Recreation  
Executive Office on Aging, Hawaii SHIP  
Executive Office on Aging, SMP  
Generations Magazine  
Hale Hauoli Hawaii  
Hawaii Intergenerational Network  
Hawaii Long-Term Care Ombudsman

HMSA  
Kahala Nui  
Legacy of Life Hawaii  
Mi-Care Plus  
Nursing Home Partners  
Project Dana  
The Caregiver Foundation  
The Mediation Center of the Pacific  
The Plaza Assisted Living



## ***“What We Can Learn from Japan: A Super-Aging Society”***

Christy Nishita, Ph.D., Interim Director

Center of Aging, University of Hawaii at Manoa

Yoshiko Someya, Takeo Ogawa, and Nobuhiro Hayashi

**9:30 a.m. to 10:45 a.m.**



Dr. Christy Nishita is the Interim Director at the University of Hawaii Center on Aging. She received her Ph.D. in Gerontology from the University of Southern California in 2004. She began her career at the UH Center on Disability Studies and the Center on Aging. She has an extensive background in long-term care coordination, caregiving, senior housing, elder abuse, fall prevention, Alzheimer's disease support programs, intergenerational programming, and age-friendly community development. In taking the leadership role for the University of Hawaii's Center on Aging, she organized a stellar team to strengthen the quality of community-based applied aging research in Hawaii. She is now working to collaborate with the Tokyo Institute of Technology to promote and assess the role of technology in an aging society. She is the Co-Coordinator of the Kūpuna Collective, a statewide network of kūpuna-serving organizations working to address critical aging issues and incubate innovative solutions. She also serves on the advisory boards of the Hawaii Pacific Gerontological Society and the Hawaii Intergenerational Network.



### **Speaker 1: Takeo Ogawa, Ph.D.**

Dr. Takeo Ogawa received his MA from Kyushu University in Fukuoka, Japan, in 1970 and his Ph.D. from Kurume University in Kurume, Japan, in 1996. He is currently a Professor Emeritus at Kyushu University and Yamaguchi University. He is the Representative of the Voluntary Organization Asian Aging Business Center in Fukuoka city and the Corporate Advisor of Aso Education Service Co., Ltd. In addition, he is also a Director of The Keishin-Gakuen Research, Development, and Innovation Center for Vocational Education and Training in Tokyo. From 2018 – 2020, he managed the Japan International Cooperation Agency (JICA) Project of Preventive Long-term Care in Bangkok. From 2019 – 2020, he led the Economic Research Institute for ASEAN and East Asia (ERIA) Research Project, “Modeling Human Development and Circulation of Long-term Care Workforce,” and published a report. He is an emeritus member of Japan Socio-Gerontological Society and committee member of Fukuoka-city Master Planning Council and Fukuoka-City Council of Health and Social Welfare. He is a member of the WHO Advisory Group on Integrating the Health and Care Workforces. He is a research member of ASEM Global Ageing Centre (AGAC) on Case Studies on Promoting the Rights of Older Persons through Expansion of Public Accessibility of Assistive/Welfare Technology.



### **Speaker 2: Yoshiko Someya, Ph.D.**

Dr. Yoshiko Someya received her Ph.D. from Bryn Mawr College, Pennsylvania. She specialized in social gerontology since 1973 when she first worked at the Tokyo Metropolitan Institute of Gerontology. She had taught at universities for more than 35 years before retiring from her position as a full-time Professor at The Tokyo Woman's Christian University in 2015. During these years, she taught graduate students and conducted various research studies. She was a Visiting Professor at the Institute of Ageing at the University of Putra Malaysia and a Visiting Professor of Policy Studies at the University of Bristol in the United Kingdom. Dr. Someya is currently the Director at the Health & Medicine Paradigm Shift Consortium in Tokyo. She has published





several books *Elderly in Depopulated Areas*, based on surveys in Kagoshima Prefecture; *Welfare for the Aged in Australia*; *Ageing and the Family*; *The Lives of Pensioners in UK*; *Works in Social Welfare and Their Career Development*; *Don't Call Me an Elder Yet*; and *Changing Attitudes of Supporting Elder Parents in Asia*.



### Speaker 3: Nobuhiro Hayashi, Ph.D.

Dr. Nobuhiro Hayashi is the Vice President of International Relations at the Tokyo Institute of Technology. Nobuhiro Hayashi has served as vice president for international affairs since April 2022. He also serves concurrently as a professor at the School of Life Science and Technology, a position he has held since May 2021. Dr. Hayashi earned his bachelor's degree in physics from the University of Tokyo in 1989. He then completed his master's and doctoral degrees in life chemistry at Tokyo Tech in 1991 and 1994, respectively. Soon after, Hayashi joined the Institute for Comprehensive Medical Science at Fujita Health University as lecturer, assistant professor, and associate professor. During this period, Hayashi was a concurrent lecturer at Yamagata University's Faculty of Engineering from 2004 to 2005, Nagoya University's School of Engineering from 2006 to 2007, and Gifu University's Faculty of Engineering from 2008 to 2009. Hayashi returned to Tokyo Tech in August 2008 as an associate professor at the Graduate School of Bioscience and Biotechnology.

**Topic:** The panel will provide an overview of the challenges and initiatives that Japan has been involved with, given the rapid growth of the older adult population. Population aging trends and the decline in fertility rates pose major challenges for which efforts have been made to reverse or moderate them. The social impact of these changes on housing, education, and jobs will be discussed. New initiatives will be discussed with a focus on the Fukuoka 100 Plus plan and the role of Artificial intelligence (AI)



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### Memories from the 2021 “Virtual” HPGS Biennial Conference



2021 HPGS Conference  
in Action



2021 HPGS Conference  
POP Creative Media



Kahala Nui HPGS Control Room Conference Committee  
Members on September 16, 2021



## ***“Major Transitions for the State Long-Term Care Ombudsman Program”***

John McDermott, Jomel Duldulao, Lynn Niitani and Jan Mori

**11:00 a.m. to 11:45 a.m.**



**John G. McDermott** has been the Hawaii State Long Term Care Ombudsman since August of 1998. Prior to that he was Director of Social Services at Maunalani Nursing Center for 2 years and then held the same position at Hale Nani.

John worked closely with the Legislature and other senior advocacy groups to pass the Surrogate Decision Making Law, Uniform Health Care Decisions Act, establish a full-time Ombudsman Volunteer Coordinator position, increase the Personal Needs Allowance, require Adult Protective Services to investigate financial abuse against nursing home residents by family members, require criminal background checks for anyone working with dependent adults, amended HRS 349 creating a separate Long-Term Care Ombudsman Program section, Act 184 requiring DOH to conduct “unannounced” inspections of all care homes, foster homes and assisted living facilities, Act 213 requiring all long-term care facility annual inspections by posted on the DOH website, and in 2022 got legislative support and funding to establish four full-time ombudsmen positions for Kauai, Maui, Hilo, Kona and two for Oahu.

His bachelor’s degree in American Studies is from the University of Notre Dame (1980), his Masters in Divinity from the Jesuit School of Theology at Berkeley (1985), and his Masters in Social Work from UH Manoa (1989).



**Jomel Duldulao**, a graduate of Azusa Pacific University, has been living in Oahu since 2012. He possesses over 10 years of long-term care experience, having worked in hospices, the Pharmaceutical Industry, and as an ombudsman. Jomel continues to serve our vulnerable kupuna and other residents in long-term care facilities. In his spare time, he enjoys spending time with his wife Meylysa, son Jordan, ohana, and friends, volunteering with Camp Anuenue (a camp for kids living with cancer), Hui Mahi’ai Aina (a houseless camp), Sunshine School (a pre-school) in Kailua, and Winner’s Camp (a Youth Leadership camp).



### **Lynn Niitani, M.S.W.**

Lynn is a graduate of Lewis & Clark College and the University of Hawaii at Manoa School of Social Work. She worked as a social worker in long-term care at Maluhia and Leahi Hospital before serving as the Director of the Leahi Adult Day Health Center. She then transferred to the Department of Health where she focused on family violence prevention efforts for over fifteen years. Lynn provided full-time caregiving to her mother and her 101-year old grandmother with the support of hospice and continues to care for her 94-year old father. In 2017, she joined John McDermott, the State Long-Term Care Ombudsman, as the program’s Volunteer Coordinator. She enjoys training volunteer Ombudsmen to ensure the quality of care and quality of life for residents in long-term care settings. Lynn hopes to build a core group of seasoned volunteers to ensure regular visits to facilities and expand recognition of the LTCOP as a responsive, informative, and supportive advocate for long-term care residents and their families.



**Jan Mori** is a graduate of the University of Hawaii at Manoa. She has over 22 years of experience in the Social Work field in both Government and the private sector. Her experience has come full circle working at Hale Nani Rehabilitation and Nursing Home, servicing both the long-term and short-term rehab individuals; Department of Human Services' Social Services Division as the Licensing Social Worker with the Residential Alternative Community Care Program; then at the Hawaii State Judiciary serving as Supervisor with the Office of the Public Guardian; and currently at the Department of Health's Executive Office on Aging as the Long-Term Care Ombudsman for Oahu. Jan was born and raised in Hawaii and utilizes her professional knowledge and experience in her personal life caring and advocating for her vulnerable elderly friends and family members.

## Topic:

The Legislature & Governor approved the hiring of a full-time ombudsman for Kauai, for Maui, for Hilo, for Kona and a second full-time ombudsman for Oahu. the Long-Term Care Ombudsman Program will transition from being understaffed and underfunded for 47 years to a more robust, pro-active Program that will benefit residents, family members, facility staff and the public. They will focus on where they started, successes and failures, and where they are now headed. They learned many valuable lessons from the COVID pandemic and the long-term care industry is still in transition. They are working with others to find solutions to the many challenges today with long-term care issues.





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# Thursday, September 7, 2023



## ***“Toward Age-Friendly Health Ecosystems: JABSOM’s Roles in Preparing the next generation of Caregivers”***

Dr. Lee Buenconsejo-Lum, Interim Dean of the John A. Burns School of Medicine

**12:00 p.m. to 12:45 p.m.**



**Dr. Lee Buenconsejo-Lum** held several Dean’s office leadership roles at the University of Hawai’i at Mānoa John A. Burns School of Medicine (JABSOM) since 2016 and is presently the Interim Dean. Before joining the Dean’s office, she was faculty in the Department of Family Medicine and Community Health, serving in various leadership roles, including its Residency Program Director, Director of Business Affairs, and Department Vice-Chair. During the COVID-19 crisis, she collaborated with UH, the county, state, and health systems to help lead JABSOM and UH through the pandemic, an effort acknowledged by the UH Board of Regents 2022 Willard Wilson Award for Distinguished Service.

Equity, inclusivity, capacity building, and strong partnerships with key stakeholders committed to achieving health equity remain significant focus areas for Dr. Buenconsejo-Lum and JABSOM. Her work, in partnership with the entire JABSOM ‘ohana, across the University of Hawai’i and with our major affiliated health systems, is to continue transforming medical and healthcare education, research, and care delivery in Hawai’i as part of JABSOM’s vision of ALOHA: Attain Lasting Optimal Health for All.

The next event for HPGS will be the **7th Annual HPGS Fundraiser** being held via Zoom on Thursday, November 2, 2023 from 5:30pm.

Honoring

## **Gary Simon**

State President of AARP Hawaii and Chair of the AARP Hawaii Executive Council



The Hawaii Pacific Gerontological Society is pleased to recognize **Gary Simon** for his many years of being an advocate for Hawaii’s Kupuna, at this year’s virtual fundraiser. Before retiring in 2019, Gary was the Director of Corporate Affairs and Advocacy at the St. Francis Healthcare System, was previously Executive Director of St. Francis Hospice and Program Director for St. Francis Health Services for Senior Citizens. As a volunteer, he serves on the boards of The Arc In Hawaii, the Hawaii Family Caregiver Coalition, and Kokua Council. Gary served multiple terms on the State of Hawaii Policy Advisory Board for Elder Affairs and was a member of the Statewide Task Force on Alzheimer’s Disease and Related Dementias. Gary is currently the State President of AARP Hawaii and also the Chair of the AARP Hawaii Executive Council, a volunteer leadership committee that helps set AARP Hawaii’s state agenda and programs.

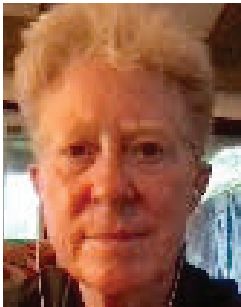




## ***“A Model for LGBTQ+ Kupuna Empowerment: Creativity, Resilience, and Community from Online to Real Life”***

Winston Welch, Rosemary Kyle, Carole Mandryk,  
Roger Sorrell, and David Frost

***1:45 p.m. to 2:30 p.m.  
Hibiscus Ballroom 1***



Panelist #1 **Rosemary Kyle**. Rosemary is a Rainbow Kupuna group member with 70 years experience living as a sexual orientation and gender identity (SOGI) minority. Retired from the US Army as a colonel, she has 45 years experience with health care administration in military hospitals.



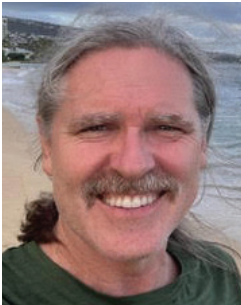
Panelist #2 **David Frost**. Following a career as an architect, David has worked as a tour guide and visitor information host in San Diego and Honolulu. He is currently involved with invasive species control and native plant restoration on Oahu. He and his husband, Roger Sorrell, were among the founders of the LGBTQ Kupuna Zoom group in 2021.



Panelist #3 **Roger Sorrell**: Roger has been active in the Hawaii LGBTQ community since 1997. He is a retired gerontologist, therapist, and social worker. He and his husband, David Frost, began the Mature Active Gays in Community program (MAGIC) on Oahu in the early 2000's, which brought together LGBTQ seniors for regular socialization and information, and community involvement. Seeing the lack of such a group during COVID, he and his husband helped found the LGBTQ Kupuna zoom group in 2021.



Panelist #4 **Carole Mandryk**: Carole, now in her 7th year as Director, OLLI-UH Mānoa, is passionate about serving in a role that combines her passions for lifelong learning, multidisciplinary approaches to knowledge, service, and community engagement.



Panelist #5 **Winston Welch**: Winston is an active community member, with work and volunteer service in nonprofits including environmental, educational and cultural areas. He is passionate about LGBTQ+ issues, senior life and socio-political topics. Winston loves OLLI and the learning and connection opportunities it creates.

## Topic:

LGBTQ+ elders are at risk of isolation since they are less likely to be partnered or have children. Public health measures of the pandemic further isolated seniors in the islands' LGBTQ+ community. An online LGBTQ+ seniors' group was created in Fall 2020 as an antidote to this situation at Osher Lifelong Learning Institute UHM. The original online meeting, envisioned as a 3-time event, morphed into a weekly ongoing support group with guidelines and policies, persisting both online and expanding into in person meetings, social gatherings, and deep friendships. The panel will discuss how this community was created and sustained, and how others might adapt it to create their own affinity communities.



**Laurie Adamshick**  
President-Elect

We warmly welcome you to our 2023 Biennial Conference -- the first in-person conference since the start of the pandemic. We loved seeing you online in 2021 but are thrilled to see you in person again! We are excited to bring you dynamic speakers and thought-provoking topics in the area of aging. Our wish is that you come away from this engaged and inspired to continue your work supporting our kupuna.

The pandemic taught us lessons that are a part of many of the presentations you will hear over this two-day event. For many the changes that were made during the pandemic have proven to be lasting and sustainable. Gathering and sharing this learned experience offers much to us all.

The Hawaii Pacific Gerontological Society invites your input and membership to continue to provide informative, timely conferences covering topics of interest that are meaningful to you. Please join us and get involved in raising awareness of issues affecting our kupuna.

Aloha,  
Laurie



## ***“Exploring New Frontiers In Elder Care and Well Being in Hawaii”***

Warren Wong and John Lewis

**1:45 p.m. to 2:30 p.m.**

**Hibiscus Ballroom 2**



### **Warren Wong, MD**

Dr. Wong is a Clinical Professor of Geriatric Medicine at the John A. Burns University of Hawaii School of Medicine. He is on the Executive Council for AARP Hawaii. Early in his career, Dr. Warren Wong was a physician at On Lok Senior Health Services in San Francisco Chinatown. He went on to become a physician lead for the organization wide Kaiser Permanente Aging Network. and spent a year at the Institute for Healthcare Improvement (IHI) as a Merck Fellow. Dr. Wong is interested in active aging, development of social networks, community development, technology, and the upcoming challenges for baby boomers. He founded a startup, MemoriesConnect, which provides app-based support to people living with dementia, to their caregivers and loved ones. He also has a website [GeriatricswithAloha.com](http://GeriatricswithAloha.com).



### **John C. (Jack) Lewin, MD**

Dr. Lewin was appointed in April 2023 by Hawaii Governor Josh Green MD as Administrator of the State Health Planning and Development Agency (SHPDA) in Honolulu. He is charged with coordinating the development of a comprehensive health care reform strategy and implementation plan for Hawai'i. Jack was Hawaii Director of Health (1986-1994) and Chairman of the National Coalition on Health Care in Washington DC from 1995-2023. Other previous professional roles include being President and CEO of the NYC-based Cardiovascular Research Foundation, CEO of the DC-based American College of Cardiology, CEO of the California Medical Association. He was named as one of Modern Healthcare's "100 Most Influential People in Healthcare."

## **HPGS General Membership Meetings**

The Hawaii Pacific Gerontological Society holds General Membership Meetings throughout the year as a benefit for our members. Before 2020, morning meetings were held in person. The HPGS Board continued **General Membership Meetings** in 2020 via Zoom, which continues through 2023.

Past topics or guest speakers were:

AARP Hawaii  
Advance Planning  
Alzheimer's Association  
Blue Zones Project  
Catholic Charities Hawaii  
Covid Update

Lt. Governor Josh Green  
Hawaii Long-Term Care Program  
Governor David Ige  
Kokua Kalihi  
Kupuna Caucus Update  
Medicaid Information

Executive Office on Aging  
Palliative Care  
Project Dana  
Social Security Administration  
The Caregiver Foundation



## ***“Malama Kupuna: Native Hawaiian Healthcare Systems Creating Safe Spaces For Hawaiian Elders To Receive Healthcare and Connect With Their Culture”***

Nicole Mahealani Lum, Sean Puahi Chun and Errol Kia'i Lee

***2:45 p.m. to 3:30 p.m.  
Hibiscus Ballroom 1***



**Sean Chun** is the Community Advancement Project Coordinator as well as the Chair of the Traditional Healing Kūpuna Council of Ho'ōla Lāhui Hawai'i, Kaua'i. He is also a cultural practitioner who uses traditional healing practices to help others heal their mind, body and spirit. His mission is to train a select few in this ancient knowledge so they can assist others. He was trained by many masters including Ken Kamakea, Levon Ohai, Papa Tom Takahashi, Auntie Daisy Nash, Papa Francis Wong, Sensei Bruce Keaulani, 'Ōlohe Jerry Walker, and others. He was born on the island of O'ahu but moved to Wailua, Kaua'i more than three decades ago for a slower-paced lifestyle.



**Kia'i Lee** was raised in Mā'ili, Wai'anae on the Island of O'ahu and currently lives in Wa'ahila, O'ahu. He enjoys spending time at the beach with family and friends and has a passion for the perpetuity of cultural practices essential to a Hawaiian way of life. He has a Community Health Worker Certificate from Kapi'olani Community College, a Bachelors and Masters degree in Social Work from the Thompson School of Social Work at the University of Hawai'i in Mānoa, and is working toward a Clinical Social Worker License. Kia'i started at Papa Ola Lōkahi in 2022 as a Population Health Specialist with a special focus on Kupuna Brain Health and Dementia. He was also mentored by Babette Galang for two years on Traditional Hawaiian Healing

Laws and Kupuna Councils. In July of 2023, he was promoted to succeed Auntie Babette as Papa Ola Lōkahi's new Traditional Healing Coordinator.



**Dr. Nicole Mahealani Lum, D.O.**, from 'Aiea, is an osteopathic physician who specializes in family medicine & geriatric medicine. She descends from kahuna lā'au lapa'au, Waiehu Hele-la, her great- grandmother from Waipi'o Valley, Hawai'i island. Dr. Lum was a scholar of the Native Hawaiian Health Scholarship Program, and served as the kauka of Ke Ola Mamo Native Hawaiian Health System of O'ahu, where she continues her primary care practice now as the Medical Director. Dr. Lum sees patients at Ke Ola Mamo clinic at the Kuakini Medical Plaza, and she also does home visits for kūpuna who have difficulty seeking medical care. Dr. Lum serves on the Board of Directors for 'Ahahui O Nā Kauka, the Association of Native Hawaiian

Physicians. She is a member of Ali'i Pauahi Hawaiian Civic Club, along with her 'ohana who help steward ancestral lands at Pā'aiau loko i'a. She is a mother of one, a 4-year-old keiki kāne, Kawaiola'okalani.





# Thursday, September 7, 2023



## ***“Listen Up: A Hearing and Mental Health Awareness Discussion”***

Rick Tabor and Robert James Tousignant

***2:45 p.m. to 3:30 p.m.  
Hibiscus Ballroom 2***



**Rick Tabor's** background in the mental health field spans back to 1976 when he was a petty officer in charge of Kaneohe Marine Corps' Mental Health Clinic, while getting his BA in psychology with a criminal justice minor from Chaminade. He received his masters in counseling psychology from the University of Oregon and worked at the Seattle Mental Health as a mental health counselor and manager for thirty years before moving home with his Hawaii-born wife. Rick turned his retirement into a full time volunteer job, serving on ten boards and a number of task forces. Rick's mission is to promote self-care while enhancing and protecting the civil rights of Hawaii's aging population through the provision of culturally sensitive advocacy.



**Robert Tousignant** is a licensed Hearing Instrument Specialist here in Hawaii, now working in Hilo and Kona on the Big Island. Robert is formally from Michigan, where he began his career in the hearing industry. Robert met a born and raised Hawaii resident in Michigan and moved to Hawaii in 2014, helping start the Miracle Ear franchise on Oahu. Since moving, Robert has helped countless patients with their hearing impairments as well as train new staff members and help grow the offices to offer services to those on the outer islands.

**Topic:** This presentation will cover everything from falls, the number one accidental cause of Kūpuna deaths, to loneliness and isolation plus mental health issues related to hearing issues. The discussion will share facts, research and best practices, evidence based ways to mitigate mental health and hearing issues. There will be a hearing test demonstration.

### **HPGS 2023 Eldercare Worker Scholarship**

The HPGS Workforce Development Committee has awarded ten scholarships of \$750 each for 2023. Here are a few of the recipients:



**Seigrid de los Reyes**



**Chevys Ishikawa**



**Sophia Soa**



# Thursday, September 7, 2023



## ***“The Best Kept Secret in The Long-Term Care Continuum”***

Kathy Wyatt, RN, MSN, MBA, LNHA

**3:45 p.m. to 4:15 p.m.**



**Kathy Wyatt** is a Registered Nurse, a Licensed Nursing Home Administrator, Certified Director of Nursing in Long Term Care, and Certified Administrator of Assisted Living Facilities and Adult Residential Care Homes. She is the current Hawaii Pacific Gerontology Society President, as well as President of Hale Hau'oli Hawaii and President of the Adult Day Centers of Hawaii. She serves on the Board of Directors for the National Adult Day Services Association, the Caregiver Foundation, Hawaii Family Caregivers Coalition(President), Policy Advisory Board for Elder Affairs, and Kokua Council. Ms. Wyatt is also active in Kupuna Caucus. She runs a non-profit organization, Hale Hau'oli Hawaii, that is committed to meeting the needs of the elderly and their caregivers through community education programs, resources and referrals, and adult day care centers.

**Topic:** In a community in which we value keeping our kupuna close to age in place, adult day care is the best solution for their care. Adult day care not only keeps the kupuna out of residential facilities, it helps delay the progression of dementia cognitive decline and is more economical than home care, care homes, and nursing homes.



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and in Honor of his Many  
Contributions to the  
Fields of Gerontology  
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# Friday, September 8, 2023



## ***“Preparing Students For The Healthcare Workforce”***

Wanelle Kaneshiro-Erdmann, Hawaii State Department of Education  
Director, Workforce Development Branch

**8:30 a.m. to 9:15 a.m.**



**Wanelle Kaneshiro-Erdmann** is the director of the Hawaii State Department of Education Workforce Development Branch. The Workforce Development Branch focuses on better preparing students for the workforce by increasing work-based learning opportunities for K-12 public education students through partnerships with businesses and industries. Wanelle has been with the Department of Education for 24 years in various roles.

**Topic:** The Hawaii State Department of Education (HIDOE) has prioritized workforce readiness to ensure public school students are prepared to pursue a career in the field of their choice. HIDOE's Career and Technical Education program includes career pathways, such as Health Services, designed to address Hawaii's current and future workforce needs and to ensure students are equipped with the academic, employability, and job-specific skills essential for success after graduation. HIDOE's goal is for all students to be globally competitive and locally committed, enabling students to build a viable career anywhere they choose while encouraging them to do so here at home.



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## ***“Ensuring a Dementia-Capable Hawaii”***

Tani Kagesa, Kia'i Lee, MSW, Ivy Castellanos, MPH and Diane Terada

**9:45 a.m. to 10:30 a.m.**

***Hibiscus Ballroom 1***



**Tani Kalei Kagesa**, LSW was born and raised on O'ahu and currently lives in Nu'uano. Tani started at the Executive Office on Aging within the Department of Health in January 2023 as the Alzheimer's Disease and Related Dementia Services Coordinator for the State of Hawai'i. As a gerontological social worker with a BSW and MSW, she comes with 7 years' experience in skilled nursing facility and retirement living settings. She was a recipient of the HPGS Scholarship in 2020 and was a facilitator for the Savvy Caregiver program for caregivers of people living with dementia. Three of her grandparents lived with dementia and have inspired her to serve others, to partner with the community and champion quality of life for Hawai'i's

older adults.



**Kia'i Lee** was raised in Mā'ili, Wai'anae on the Island of O'ahu and currently lives in Wa'ahila. He enjoys spending time at the beach with family and friends and has a passion for the perpetuity of cultural practices essential to a Hawaiian way of life. He has a Community Health Worker Certificate from Kapi'olani Community College, a Bachelors and Masters degree in Social Work from the Thompson School of Social Work and Public Health at the University of Hawai'i in Mānoa, and is working toward a Clinical Social Worker License. Kia'i started at Papa Ola Lōkahi in 2022 as a Population Health Specialist with a focus on Kupuna Brain Health and Dementia. He was also mentored by Babette Galang for two years on Traditional Hawaiian Healing

Laws and Kupuna Councils. In July of 2023, he was promoted to be Aunty Babette's successor as Papa Ola Lōkahi's new Traditional Healing Coordinator.



**Ivy Castellanos** joined the Alzheimer's Association - Hawaii Chapter in 2014 as the Director of Programs. She holds a Master's degree in Public Health from the Johns Hopkins Bloomberg School of Public Health, and has more than 20 years of experience in the combined fields of health education, health promotion and disease prevention, community health, and corporate wellness. She has served in roles with HMSA and the American Heart Association, and has held research positions with the Johns Hopkins Center for Cancer Pain Research and the Welch Center for Prevention, Epidemiology, and Clinical Research in Baltimore, Maryland. Ivy's

grandma, Nancy, endured a long journey with vascular dementia, and it brings her a sense of great purpose to be able to work alongside a dedicated team of staff and volunteers in the fight to end Alzheimer's and other dementia. Ivy is a caregiver for her mom who lives with COPD, and has 2 rambunctious keiki as well as a 14-year old rescue dog named Mick. She hopes to see a future where Alzheimer's is a disease of the past.





# Friday, September 8, 2023



**Diane Terada, MSW, LSW**, is Division Administrator of the Community & Senior Services Division with Catholic Charities Hawai'i (CCH). CCH is a private, nonprofit social service agency serving people in need in the state of Hawai'i since 1947. She serves as the Principal Investigator of Growing the Hawaii Circle of Care for Dementia, a CCH project funded through a grant from the Administration on Community Living's Alzheimer's Disease Project Initiatives. Diane has over 30 years of nonprofit experience in the field of aging. She is also a family caregiver.

**Topic:** In the State of Hawai'i, Alzheimer's disease is the sixth leading cause of death and approximately 35,000 older adults will be living with Alzheimer's disease by 2025. 1 in 4 caregivers in Hawai'i are currently caring for someone living with dementia. Addressing this significant need will require collaboration and partnerships across all stakeholders working with and on behalf of persons with dementia and their caregivers. Together, we will work to build a strong dementia care infrastructure for the state of Hawai'i by integrating evidence-based and best practices in brain health, risk reduction, and dementia support programs. Diversity, equity, and inclusion remain an essential part of this work because everyone deserves a life with the healthiest brain possible. In this session, panelists will share their successes, challenges, and opportunities to date in building stronger and more coordinated long-term services and supports (LTSS) for persons with dementia.

## HPGS Provides Monthly Newsletters





# Friday, September 8, 2023



## ***“Preventive Care and Outcomes of Inter-professional Medicare Annual Wellness Visits for Older Adults: The Pacific Islands Geriatrics Workforce Enhancement Program”***

Lauren Okamoto, MD and Camlyn Masuda, PharmV

**9:45 a.m. to 10:30 a.m.  
Hibiscus Ballroom 2**



**Dr. Lauren Okamoto** is an Assistant Professor in the Department of Geriatric Medicine at the John A. Burns School of Medicine (JABSOM). She is board certified in Geriatric Medicine and Family Medicine. She serves as Co-Clerkship Director of the JABSOM Medical Student Clerkship and Rotation and Director of the Resident Rotation in Geriatric Medicine. She is a recipient of the John A. Hartford Foundation Junior Faculty Career Development Award in Geriatric Medicine and most recently the Geriatric Academic Career Award. She serves as medical director of several nursing facilities on Oahu and the Co-Investigator of Geriatric Workforce Enhancement Program. She is part of the Queens University Medical Group Clinical

Practice. Her interests include nursing home medicine, geriatric medical education, medical directorship and ethnogeriatrics.



**Dr. Camlyn Masuda** is an Associate Specialist at the University of Hawai'i at Hilo Daniel K Inouye College of Pharmacy and an Assistant Clinical Professor Department of Family Medicine at the University of Hawai'i at Mānoa, John A. Burns School of Medicine. She received her Doctorate of Pharmacy degree from Oregon State University and then went on to complete a postgraduate year 1 (PGY-1) residency at the Kaiser Permanente Health Plan in Honolulu, Hawai'i. She continued practicing as an ambulatory care pharmacist at Kaiser Permanente after her residency and became the residency program coordinator in 2012. Dr. Masuda joined the UH at Hilo DKICP faculty in December of 2014 and practices as an ambulatory care

pharmacist at the JABSOM University Family Medicine clinic. Her research interests include diabetes and associated conditions such as hypertension, hyperlipidemia and improving care and access to underrepresented populations.

**TOPIC:** Breakthroughs in geriatric medicine and long-term care. Innovative policy and technology accessible ideas to address ageism and encourage active aging.



**Sherry Goya**  
Executive Director

### **Mahalo**

Mahalo for attending the 22nd HPGS Biennial Conference. Eileen Phillips, HPGS Conference Chair, and the conference committee of all HPGS Board members worked long and hard to put these two days together. The planning started in August 2022 and will continue until after these two days are done, with a critique meeting to review the program, presenters, posters, exhibitors, etc. Attendees are encouraged to email Sherry Goya, HPGS Executive Director, at [sgoyallc@aol.com](mailto:sgoyallc@aol.com) or call her at 808-722-8487 with any comments to assist in making the 2025 conference even better.



## ***“Memory, Reflection, Narration: Capturing Stories of Autonomous Aging”***

Jackie Kim-Wachutka

**10:45 a.m. to 11:30 a.m.**

**Hibiscus Ballroom 1**



**Jackie J. Kim-Wachutka**, Ph. D., teaches at Ritsumeikan University, Kyoto, Japan. Her monographs include “Hidden Treasures: Lives of First- Generation Korean Women in Japan” (Rowman and Littlefield, 2005) and “Zainichi Korean Women in Japan: Voices” (Routledge, 2019). She has recently served as Guest Editor for “Seoul Journal of Korean Studies, Special Issue” (Summer 2023) published by Seoul National University’s Kyujanggak Institute. Some of her latest articles are “Zainichi Korean Women and Intersectional Visibility: Private Talk, Public Speech, Political Act — Seeking Justice in Japan” (Seoul Journal, 2023), “Hate Speech in Japan: Patriotic Women, Nation and Love of Country” (Routledge, 2020), “When Women Perform Hate Speech: Gender, Patriotism, and Social Empowerment in Japan” (Asia Pacific Journal: Japan Focus, 2019),” and “Bones to Pick: Nationalism Beyond the Grave” (Iudicium, 2018). She has completed a documentary film titled “Day, Year, Life – Story of Aging in Japan – A Documentary” (2022). She is currently working on an edited volume on Japan’s multi-ethnic aging and care that address the needs of the growing number of foreign residents in Japan. Her research focuses on diversity, inclusion, and strategies of emphasizing intersectional presence.

### **Topic:**

The presentation utilizes a brief segment of a full-length documentary film titled “Day, Year, Life – Story of Aging in Japan” demonstrates the following: a) show temporal and spatial boundaries of movement, pace, barriers and their improvised usage; b) draw global connections of common themes of aging and elucidate distinct cultural expressions of confronting these universal challenges of aging, fitness, growing frailty, loss of memory, improvisation, flexibility, and acceptance; c) reveal the importance of narration for the aging subject to reflect upon the past, as well as look towards the final stages, in order to find meaning in the everyday of the present.

### **HPGS Website Job Board**

HPGS provides a Job Board on their website ([www.hpgs.org](http://www.hpgs.org)) at no charge to its member companies and organizations as a benefit to membership and in alliance with our mission. It does not constitute an endorsement or an approval by HPGS or its Board of Directors of any of the products, services or opinions of the posting company or organization.

HPGS also makes no guarantee about positions listed and is not responsible for safety, wages, working conditions, or other aspects of employment, internship or volunteer openings. It is the responsibility of each individual job seeker to research the integrity of the company or organization to which he/she is applying and verify the specific information pertaining to the job posting. In addition, HPGS bears no responsibility for the accuracy, legality or content of the posting company or organization’s external site or for that of subsequent links. Contact the posting company or organization for more details on these positions.





# Friday, September 8, 2023



## ***“Lifelong Learning: Where We Were, Where We Are Now, and Where We Are Headed - Lessons Learned from the Covid-19 Pandemic”***

Sandra von Doetinchem and Hope Levy

**10:45 a.m. to 11:30 a.m.**  
**Hibiscus Ballroom 2**



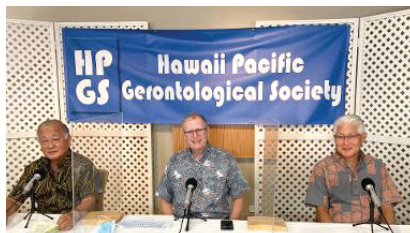
**Dr. Sandra von Doetinchem** is a lifelong learning researcher and leader in workforce development and continuing education for (older) adult learners. She currently works as a Senior Scientist for the AI-based educational technology company Eduworks. Before joining Eduworks, Sandra served as a faculty specialist at the University of Hawai'i at Manoa where she chaired Outreach College's Continuing and Professional Program department. Previous to her work at UHM, Sandra was the Public Education Specialist at UC Berkeley's Osher Lifelong Learning Institute. She holds a PhD in lifelong learning from the University of Tuebingen, Germany.



**Hope Levy** is a gerontologist and educator. She's the founder of There's Always Hope Consulting as well as a Health Educator at Kaiser Permanente. She facilitates classes for individuals and provides customized professional development programs for staff. The common thread throughout Hope's career has been her professional and personal passion for lifelong learning and positive aging. Hope holds an MA in Gerontology and an MA in Special Education from San Francisco State University. Her community involvement includes being on the Board of HPGS, and volunteering at American Bone Health and the Hawaii Stroke Coalition.

**Topic:** Research suggests that lifelong learning provides numerous health benefits for mature adults. However, the pandemic has profoundly disrupted the educational landscape, its modalities, and how people learn, highlighting a digital divide among the generations. What will the future of older adult education look like, and what role will it play regarding workforce development, economic stability, and active aging? Presenters will also discuss motivators and learning preferences of mature adult learners, best practice examples, and community resources.

### **Presenters at the 2021 HPGS Biennial Conference** **Although many presenters were on Zoom, some attended in person.**



Cullen Hayashida, Andrew Mason  
& Alan Oshima



Louise Tanswell  
& Cheri Teranishi-Hashimoto



Rae Seitz





## ***“Cybersecurity and Fraud: Threats To An Aging Population and What You Need To Know?”***

Roseann Freitas and Al Ogata

***1:00 p.m. to 1:45 p.m.***

***Hibiscus Ballroom 1***



**Roseann Freitas** is a Public Relations & Communications Manager for the Better Business Bureau Great West + Pacific, with over 25 years of experience in public relations, communication, strategic relations, and business and consumer outreach. In addition, she brings her expertise in understanding small business operations to the BBB. She sits on various boards and committees, including Executive Women International, National Kitchen & Bath Association, Hawaii Building Industry Foundation, and the Hawaii Building Industry Association. In addition, she is a faculty member for Executive Women International's Academy of Leadership (AOL) and a Voices of the Industry presenter for the National Kitchen and Bath Association.



**Al Ogata** is the President & CEO of CyberHawaii, a local non-profit that focuses on building resiliency against cyber threats within small and midsize businesses as well as the population in general. CyberHawaii focuses on the sharing of cyber information and supports educational pathways for students in the cyber security and technology arena. Al has over forty years of experience in the information security and solution development fields. He was most recently the Chief Operating, Technology and Compliance Officer at the Hawaii Health Information Exchange. Prior to this he was at HMSA for 18 years, last serving as the organization's Chief Information Security Officer (CISO), HIPAA Privacy and Security Officer and executive in charge of Business Continuity and Emergency Response. Prior to joining HMSA he worked in Silicon Valley for over 20 years at a variety of organizations ranging from two person startups to established companies like Hewlett-Packard and Wyse Technology. Al graduated with a degree in Engineering from the University of California at Berkeley.

**Topic:** Learn about the riskiest types of fraud happening. Understand how con artists use emotions against us. Learn the trends in cyber scams targeting various generational groups. Understand the cyber attack chain.



## ***“Navigating Cardiovascular Disease in the Elderly”***

Zia Khan, M.D., M.P.H., Chief of the Clinical Cardiovascular Program,  
Queen's Health System

Alan Kuo, M.D., Director of General Cardiology Network, Queen's Health System

***1:00 p.m. to 1:45 p.m.  
Hibiscus Ballroom 2***



**Zia Khan** is the Chief of the Clinical Cardiovascular Program of the Queen's Health Systems and the Section Chief of Cardiovascular Disease in the Department of Medicine at the John A. Burns School of Medicine. He has been practicing in Hawaii for ten years as a clinical cardiologist with an interest in cardiovascular prevention strategies, both at the individual patient and population health levels. He received his Medical and Public Health Degrees from Tulane University, where he also completed his Internal Medicine Residency and Cardiovascular Diseases Fellowship.



**Alan Kuo** is the Director of the General Cardiology Network for Queen's Health Systems and an Assistant Clinical Professor of Medicine at the John A. Burns School of Medicine. He has been practicing in Hawaii for 3 years as a clinical cardiologist with an interest in echocardiography and medical informatics. He received his medical degree from the University of California, Los Angeles (UCLA), where he also completed his Internal Medicine Residency and Cardiovascular Diseases Fellowship.

### **Topic:**

Older patients have the highest risk of cardiovascular disease and our average global population is getting older. However, many effective cardiovascular prevention and treatment strategies are understudied or not tailored appropriately to the elderly patient. The purpose of our presentation is to help fill that gap by reviewing key current cardiovascular prevention and treatment strategies for two of the most commonly encountered cardiovascular conditions for the elderly, coronary artery disease and atrial fibrillation. We will outline the key issues in decision making pertinent to elderly patients. We hope this will help our healthcare providers and patients to better navigate the changing landscape of coronary artery disease and atrial fibrillation management and make better decisions regarding their care.

The prevalence of coronary artery disease and atrial fibrillation increase with age. In atrial fibrillation, the risks of stroke and bleeding both increase with age, making management of anticoagulation for stroke prophylaxis difficult. Similar challenges exist with therapy directed at coronary artery disease. Invasive strategies such as catheter based therapies may be useful and appropriate in many cases; however, elderly patients have generally been under-represented in clinical trials. Given the above, shared decision making is crucial in the management of both coronary artery disease and atrial fibrillation in the geriatric population.

### **Learning Objective 1**

Understand the evidence and treatment options available for elderly patients with coronary artery disease.

### **Learning Objective 2**

Understand the evidence and treatment options available for elderly patients with atrial fibrillation.



## ***“Harnessing Data, Technology, And The Emerging Workforce To Boost The Health and Well-Being of Older Adults”***

Colby Takeda, Justin Puckett, Matthew Sasaki, Lindsey Ilagan  
and Rosilyn Handy

***2:00 p.m. to 2:45 p.m.  
Hibiscus Ballroom 1***



**Colby Takeda**, MPH, MBA, CHES is the co-founder & CEO of Pear Suite, a digital health company striving to empower community health workers. Colby gained a passion for older adults while volunteering in a nursing home in high school. He then became an assisted living administrator and later led policy and partnerships with the Blue Zones Project. Colby is also an adjunct professor at Chaminade University's School of Nursing and Health Professions.



**Justin Puckett**, MBA is the Hawai'i Market Leader of Humana. Previously, he served as the Director of Value-Based Care Transformation and Performance at Hawai'i Pacific Health and a leader of finance, strategy, analytics, and government programs at Kaiser Permanente. Dedicated to uplifting and empowering young and diverse leaders, Justin is the President of Hawai'i Young Healthcare Professionals (HYHP) and Vice President of GenUS.



**Matthew Sasaki** is the Vice President of Hawaii Health Partners (HHP). He was formerly the Assistant Vice President for Government Programs and External Affairs at HMSA, where he oversaw community relations, corporate giving, and the HMSA Foundation. Matt is heavily involved in the community, serving as a board member of HMSA Foundation, Boy Scouts of America – Aloha Council, and The GIFT Foundation of Hawai'i.



**Lindsey Ilagan**, MS supports older adults, caregivers, and senior-serving organizations as the program manager of Kūpuna Initiatives with the Hawai'i Public Health Institute. In this role, she is a co-convenor of the Kūpuna Collective, an age-friendly incubator that addresses critical issues for older adults. Lindsey is passionate about cross-sector partnerships to address the drivers of health and health inequities, particularly among Kānaka 'Ōiwi. She was previously with the Hawaii State Department of Hawai'i.



# Friday, September 8, 2023



## ***“Social Isolation and Ways To Mitigate Its Detrimental Impact On Hawaii’s Kupuna”***

Bonnie Castonguay, RN; CEO Ho’okele Health Navigators and Chief Clinical Officer – Vivia Cares Inc. and Ho’okele Home Care

***2:00 p.m. to 2:45 p.m.  
Hibiscus Ballroom 2***



As a recognized local healthcare leader in patient safety, quality and advocacy, **Bonnie Castonguay**, RN, CEO of Ho’okele Health Navigators and the Chief Clinical Officer of Vivia Cares Inc. and Ho’okele Home Care, began her career as an intensive care and home health nurse. She was the Director of Quality and Risk Management at Pali Momi, and then a VP of Quality Services, where she pioneered the Center for Health Outcomes with a team of leaders and statistician. She co-founded Ho’okele Health Innovations, a Hawaii company dedicated to enabling seniors to flourish and age in place in 2006. To address the challenge of finding consistent, reliable, and affordable care for seniors and their families, Bonnie co-developed the Vivia model

that allows seniors to have an assigned consistent Vivia assistant and team, who serve them along with a group of clients who live within a close geographic neighborhood. Since 2020, Bonnie has served on the Board of the Aging Life Care Association and on the Hawai’i State Center of Nursing Advisory Board Vice Chairperson. She is also the current President for the Aloha Chapter of Case Management Society of America and President for the Chamber of Commerce Hawaii’s Public Health Advisory Board.

**Topic:** Imagine a senior in their mid-80’s, unfamiliar with digital technology, trying to stay in touch with family and friends via text or video chat. Due to their lack of technical skills, the senior unfortunately may forgo contacting their loved ones altogether. The Covid-19 pandemic heightened the critical need to have and understand technology that keeps us connected. Older adults that are living alone are at greater risk for social isolation. In addition, as we age hearing loss also drastically affects our kupuna’s ability to communicate, while chronic illness can prevent seniors from leaving the home. In-person interaction and even phone calls can fall by the wayside, impacting the way we connect with one another. This is especially detrimental to seniors, as social isolation and loneliness puts our aging population at risk for dementia, depression, and even premature death. Learn about ways for our aging community to combat loneliness and work on solutions to maintain their social connections — it’s essential to healthy living and well-being.





## ***“Expanding Community Partnership: Partnering with Non-traditional Organizations to Promote Healthy Aging in Community”***

Michiyo Tomioka, Ph.D., Johnny Yago, Mylene Ibera, Jean Kimoto  
and Shirley Kidani

**3:00 p.m. to 3:45 p.m.**  
**Hibiscus Ballroom 1**



**Michiyo Tomioka** is an Evaluation Coordinator at the University of Hawaii at Manoa Center on the Family and Evaluator at Kokua Kalihi Valley Comprehensive Family Services Elder Care. She graduated with her PhD in Social Welfare at Myron B. Thomson School of Social Work in 2013.

Since 2005, she has co-led the evaluation of the Hawaii Healthy Aging Partnership, a consortium of professionals from Hawaii’s State Unit on Aging, Area Agencies on Aging, and elder care and public health agencies dedicated to increase evidence-based health promotion programming for older adults. She has co-authored several publications related to the translation of evidence-based health promotion programs to Hawaii’s multicultural population. She has participated in numerous conferences nationwide to present her evaluation findings. Based on Michiyo’s work, the Hawaii Health Aging Partnership won the American Society on Aging’s Excellence in Multicultural Aging Award in 2013.

Michiyo received the American Public Health Association Erickson Foundation Award in 2013, the American Society on Aging’s Graduate Student Research Award in 2012, and the Hawaii Pacific Gerontological Society’s “Major Okada Scholar” Award in 2008.



**Mylene Ibera, BA**, is the Church Administrator for the Pearl City Community Church. She works with pastoral and lay leadership, church members, church partners, and diverse members of the community. Mylene engages in church planning, program and activity implementation, and monitoring and evaluating church activities.



**Shirley Kidani, MPH**, is on the Board of Missions at the Pearl City Community Church Change AGENTS Hawaii. Her career as a planner included State government and non-profit agencies with focus on aging and community health planning. Shirley is now a dedicated community volunteer working on aging and equity issues. She brings people together to address community concerns by tapping into the power of collaboration, the strengths of young and old alike, identifying community assets, and collectively taking action.



**Jean Kimoto, MA**, is with the Pearl City Community Church Council and Co-Chair of Board of Missions, House for All Wahi No Ka Mea A Pau. For over 30 years, Jean taught in Hawaii and Canada public schools. She pursued social justice through education, peace, and advocacy.



**Johnny Yago, BA**, Is the Program Specialist I, County of Kauai Agency on Elderly Affairs. He is with Hawaii's Healthy Aging Partnership and is an active EnhanceFitness instructor and coordinates EF on Kauai. Johnny also enjoys teaching group fitness exercise classes at Kauai Athletic Club.

## Topic:

There will be a brief overview of the initiative and its impact, a shared importance of working with a variety of organizations to keep kupuna healthy, and shared experiences as a non-traditional aging organization offering the program.

## Benefits of being an HPGS Member

Founded in 1979, the Hawaii Pacific Gerontological Society is the largest nonprofit multidisciplinary group of professionals, individuals, companies and organizations in the field of aging in Hawaii. Membership consists of gerontology educators, students, medical and social service personnel, older adults (kupuna), caregivers, companies and organizations from every sector of the community.

HPGS Members receive:

- A monthly newsletter distributed electronically, filled with age-related news, events, activities, job openings, announcements, and more.
- Throughout the year, there are General Membership Meetings with guest speakers on a variety of topics relating to Hawaii's kupuna.
- Annual scholarships for those pursuing education in the field of aging is offered.
- A two-day biennial conference is held to offer professional and educational venue on aging research, practice and policy that attract national and international participants.
- HPGS members receive electronic notices on significant events, opportunities available, and other announcements of interest.
- An updated website provides a resource of news, events, membership, etc.
- The HPGS website has a Job Board for members to list any jobs or volunteer opportunities.
- There are a number of committees where membership involvement is welcomed.



## ***“Aging-in-Place and Gerotechnologies: Solutions To An Emergent Care Crisis”***

Kevin Kawamoto, MSW, Ph.D.

**3:00 p.m. to 3:45 p.m.**

**Hibiscus Ballroom 2**



**Kevin Y. Kawamoto** is a former associate professor in the School of Communications and former lecturer in gerontological social work in the Thompson School of Social Work & Public Health, both at UH. He currently works part-time at the UHM Center on Aging. He has co-authored academic textbooks on social gerontology with his mentor, Dr. Nancy Hooyman, Dean Emeritus & Professor, University of Washington School of Social Work. He has been a faculty member at the University of Washington in Communication and worked as a technology studies manager at The Freedom Forum Media Studies Center when it was located at Columbia University in New York City and has published on the social impact of digital media. He has a master's degree in Communication from the University of Hawaii at Manoa, as well as a master's degree in Social Work (gerontology focused) and doctorate in Communications from the University of Washington. He was a graduate degree fellow at the East-West Center and a Crown Prince Akihito Scholar while studying at Nanzan University in Nagoya, Japan. His interests include gerontological health, Japanese culture and society, and interpersonal and mediated communication.

### **Topic:**

This presentation describes a future scenario in which the dual decline of family caregivers and paraprofessional healthcare workers will result in serious challenges to the health and well-being of older adults trying to age-in-place for as long as possible. Scenarios for solutions to this dilemma, including policy initiatives, will be discussed that includes the development and use of gerotechnologies in the home that can enhance personal safety, facilitate access to health and social services, and encourage communication and social interaction to avoid isolation. It integrates and builds upon recent research in gerotechnologies and also discusses the practical and ethical implications of their adoption in the older adult population.

## **Learning How to Live with Sustainability**



My knowledge of gerontology and the issues of aging increased immensely when I became a member of HPGS several years ago. As a volunteer who pursues learning, I have a better understanding of gerontology, caregiving, and topics on maintaining optimum health by attending quarterly events featuring speakers on The **Blue Zones of Happiness** and a variety of topics that impact kupuna. When HGPS honored John McDermott as the 2022 recipient of the Tony Lenzer Scholarship Award, I sent a brief testimony congratulating him for an Olelo program. I commend 2022 scholarship recipient and doctoral candidate, Ms. Melody Halzel, whose gardening project, **Ho'ola 'Aina Pili Pili**, will be a part of this year's theme on sustainability. My sincere congratulations to the HPGS Officers, Board, and Executive Director for their outstanding planning and the promising agenda we look forward to and welcome back in this year's live Biennial Conference.

Aloha kakou,  
Mae Fujii, HPGS Member, EOS & RSVP Volunteer



## Notes

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## Notes

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## Notes

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# *Mahalo*

