



hawaii pacific gerontological society

Volume 38, No. 7

July 2017

HPGS 2017 BOARD OF DIRECTORS

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- Melissa Mansfield
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Sherry Goya, Executive Director
808-722-8487 • sgoyallc@aol.com

P. O. Box 3714
Honolulu, HI 96812
www.hpgs.org

HPGS members are welcome to submit articles of interest, pictures and articles from events, notices of job openings, committee reports, etc. Please submit your article and/or picture by the second Monday of every month to Sherry Goya, HPGS Executive Director, at sgoyallc@aol.com.

PRESIDENT'S MESSAGE



PERCY IHARA, PRESIDENT

WANTED: All HPGS member companies looking for employees to sign up as a vendor for HPGS's first **Job Fair** on Saturday, August 26th at Catholic Charities' Keeuamoku Campus from 9am-1pm. Companies that are not members may sign up with an additional \$40 fee to join HPGS (half a year cost). The revised HPGS Membership Form is attached, with an Associate Membership category too.

Hawaii's aging industry needs to prepare for the growing number of seniors needing care goes up as our work force shrinks. I have personally talked to many of our members and the biggest challenge in just about all companies is the shortage of workers who want to enter our field. A scary statistic I hear was that 60% of Hawaii's nurses are over 60 years old and another 10%-15% are at least 55 years of age. This means that in the next 10-15 years, we will lose 70-75% of our nurses. Think about it.

HPGS webinars are coming back this month with an excellent presentation for caregivers as Pamela Ah Nee speaks to them to "Refresh and Renew." We will also have our past webinars on our YouTube page under Hawaii Pacific Gerontological Society; and don't forget to subscribe to our channel so you will get notices of news posted there. We have scheduled webinars the last Thursday of every month for the rest of the year.

This year's "Walk to End Alzheimer's" by the Alzheimer's Association Aloha Chapter will be held on four major islands. The first will be Kauai, on August 12th at Kapaa Soccer Park, followed by Oahu on September 2nd at Magic Island in Ala Moana Beach Park. Hawaii Islands' Walks will be held September 16th at Liliuoklani Park in Hilo and October 7th at the Old Kona Airport. Maui's Walk will be held September 23rd at the Keopuolani Park.

MISSION STATEMENT

The mission of the Hawaii Pacific Gerontological Society shall be to provide professionals and students in the field of aging with vital information, workshops, networking, and scholarships to enhance the gerontology workforce, to support the creation of needed policies and programs, and to deliver excellent service to the aging population in Hawaii and the Pacific.

WELCOME NEW HPGS MEMBERS

Adventist Health Castle Personal Care

Emilie Smith

46-001 Kamehameha Hwy, #212

Kaneohe, HI 96744

P: (808) 263-5077

F: (808) 236-1377

E: smithel@ah.org

W: adventisthealth.org

Britsol Hospice - Hawaii, LLC

Ofelia Rabanal

500 Ala Moana Blvd, #4-547

Honolulu, HI 96813

P: (808) 536-8012

F: (808) 536-8013

E: ofelia.rabanal@bristolhospice.com

W: <https://bristolhospice-hawaii.com>

Comforting Hands Senior Care

Anita Nakamaejo

P. O. Box 636

Kailua, HI 96734

P: (808) 545-3700

F: (808) 380-2260

E: anita@comfortinghandshawaii.com

W: www.comfortinghandshawaii.com

Home Care Solutions LLC

Donna Williams

900 Fort Street Mall, #1200

Honolulu, HI 96813

P: (808) 528-0012

E: info@changholding.com

W: homecaresolutionshawaii.com

Moon Physical Therapy

Julie Moon

320 Ward Ave, #107

Honolulu, HI 96814

P: (808) 597-1005

F: (808) 597-1006

E: jsomoon@hotmail.com

W: moonpt.com

The HPGS Board of Directors has approved an "Associate Member" category for those individuals who work or volunteer with a company or organization who is already an HPGS member. The cost for that membership is \$50 per year. As with all new members, when a NEW company or organization is joining HPGS after July 1st, the annual fee listed on the Membership Form would be half the cost. The NEW Membership Form is attached to this newsletter. Please pass it along to your staff or anyone you feel should join you as an HPGS member.

WORKSHOP SERIES

Caregivers of Persons with Memory Loss

Saturday, August 12th, 9:30-11:30am

The Plaza at Pearl City

Challenging Behaviors

Friday, August 18th, 3:30-5:30pm

Kahala Nui

Contact Jody Mishan

(808) 295-2624

jmishan@hawaii.edu

This workshop series is made possible by a grant to UH Center on Aging from the Administration on Community Living/Administration on Aging for the Alzheimer's Disease Initiative – Specialized Supportive Services Program.

HPGS WEBSITE UPDATE

The NEW website for HPGS will be unveiled on Tuesday, August 1st. Linkscreen Website Design has been working very hard with the website committee, chaired by Calvin Hara. The "look" will be very different but content pretty much the same, with a lot of improvements and pictures. HPGS members are welcome to email Sherry Goya, HPGS Executive Director at sgoyallc@aol.com if they have anything to add to the website. It will be updated on a regular basis so that all members and visitors to the website can be informed, educated, and connected to Hawaii's senior community.

HPGS JOB FAIR POSTPONED

July was not a good time for companies to look for new staffers, so the HPGS committee postponed the Job Fair, moving it to Saturday, August 26th, with the same time of 9am to 1pm at Catholic Charities Hawaii on Keeaumoku Street.

HPGS members are encouraged to participate in the Job Fair to showcase their company, offer positions which are available, receive resume or application forms for future opening, hold on-site interviews, and even hire-on-the-spot opportunities.

The revised Registration Form is attached to this newsletter. Only HPGS members are invited to participate but membership is welcome to those wishing to have a table. Please encourage companies to join fellow members for this great event. For any questions, contact Sherry Goya, HPGS Executive Director at 808-722-8487 or sgoyallc@aol.com.

HPGS WEBINAR

Due to technical difficulties, the June webinar was not held. The new date is Thursday, July 27th, from 11:30am to 12:45pm. The flyer attached to this newsletter. Entitled "Be Refreshed By Renewing Your Mind with Pamela Ah-Nee." The log-in can be found on the flyer. Don't wait, market your calendar after you made your reservation.

You are invited

FREE webinar!!

HPGS July Webinar

Be Refreshed by Renewing Your Mind with Pamela Ah-Nee

Thursday, July 27

11:30am - 12:45pm

To join the Hawaii Pacific Gerontological Society's webinar

"Be Refreshed by Renewing Your Mind" log on to:

<https://zoom.us/webinar/register/a575f433f754e77d66858a512be5123a>

Caregivers have one of the toughest job requirements and it is often too overwhelming for one person alone. Even if other family members help, it is often the lone responsibility of one family member to carry the bulk of the responsibility. Offering a different situation perspective to caregivers as well as offering that caregiver options can lessen the impact of stress on their body and personal life.

Due to the great demand on their daily life, Caregivers are in

need of resources that will give them physical assistance as well as mental clarity. Family members need ongoing help in understanding the challenging behaviors, building better communication skills, learning new activities to engage their loved one, the importance of respite (or self-care), and dealing with the continual memory loss of their loved one. Caregivers are offered assistance with legal matters, introduction to care options, advice on paying for patient care, suggestions on how to keep their loved one

in a safe environment and the best way(s) to deal with Dementia and Driving. Listen to the HPGS June Webinar for detailed information on this ever increasing challenge our families face. For most of us, the challenge that weighs heavily on our hearts is: "Will I be diagnosed with an aged-related dementia, or, will I one day become responsible for a loved one with an aged-related dementia." Listen to the HPGS June Webinar and find out how we can better prepare for whatever fate lies in front of us.

Pamela Ah-Nee, Founder of CG Refresh and Renew & Director of APN Senior Services, member Board of Directors HPGS. She has the privilege of serving clients in two offices, one in Honolulu (Sand Island) and a second office in Hilo (Kino'ole St. Professional Plaza). A third office is in the planning stage for Maui.

QUESTIONS OR FOR MORE INFORMATION CALL 808 236-7807



Hawaii Pacific Gerontological Society
Job Fair
Held at Catholic Charities Hawaii
Saturday, August 26, 2017, 9:00 a.m. to 1:00 p.m.

The Hawaii Pacific Gerontological Society will be holding a "Job Fair" on **Saturday, August 26th** from **9:00 a.m. to 1:00 p.m.** at the **Catholic Charities Hawaii's Clarence T. C. Ching Campus** located at 1822 Keeaumoku Street. This is an opportunity for HPGS to showcase members who need staffing from all ages for their companies, organizations, or programs. The fair will be marketed through the HPGS newsletter and website, the Generations Radio Show, KITV Living Well segment, and through the connections that HPGS members have.

The room will be open for set-up from 8:00 a.m. on the morning of August 26th, with no one allowed to leave until 1:00 p.m. There will be a 6' table and two chairs provided. Bring a table cloth and any display or handouts. Do not tape or hang anything except to your table. There will be no retail sales allowed. After unloading table display items, all table participant cars need to be parked on the street.

Cost is \$100 per table and available for HPGS members only.

Check to be made payable to Hawaii Pacific Gerontological Society.

The registration form should be completed, paid and mailed with check to:

Sherry Goya, Executive Director
Hawaii Pacific Gerontological Society
P. O. Box 3714
Honolulu, HI 96812.

Deadline is August 14, 2017 (while tables are available).

HPGS Job Fair

Saturday, August 26, 2017 • 9am to 1pm • Catholic Charities Hawaii

Registration Form

HPGS COMPANY NAME _____

CONTACT _____ PHONE _____

ADDRESS _____

E-MAIL ADDRESS _____ Paid Check # _____

Signed by _____ Date _____



hawaii pacific gerontological society

MEMBERSHIP FORM

Founded in 1979, the **Hawaii Pacific Gerontological Society** is the largest nonprofit multidisciplinary group of professionals, individuals, companies and organizations in the field of aging in Hawaii. Membership opportunities available to all islands consists of gerontology educators, students, medical and social service personnel, older adults (kupuna), caregivers, companies and organizations from every sector of the community.

HPGS discusses, networks, and shares information about issues and policies affecting Hawaii kupuna, to include career and job fairs, expos, webinars, etc. They also provide scholarships for undergraduate and graduate students interested in careers in aging, as well as tuition assistance for workers seeking to upgrade their knowledge in this field.

Benefits of an HPGS member includes:

- The HPGS monthly **newsletter** is distributed electronically and filled with age-related news, events, activities, job openings, announcements, and more.
- **Webinars** presented by professionals in the aging field are free to members on a regular basis.
- Throughout the year, there are **events** to bring HPGS members together for timely and relevant issues, discussions, and educational opportunities, as well as networking events.
- HPGS prides itself in offering **scholarships** for those pursuing education in the field of aging, thus creating fundraising options.
- A two-day biennial **conference** is held in even-numbered years and offers professional and educational venues on aging research, practice and policy for Hawaii, while also attracting national and international participants.
- HPGS members receive electronic **notices** on significant events, opportunities available, and other announcements.
- The HPGS **website** provides a resource of news, events, membership, etc.
- There are a number of **committees** where membership involvement is welcomed.

For further information, please contact
Sherry Goya, HPGS Executive Director at sgoyallc@aol.com or 808-722-8487
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Contact Name: _____

Company/Organization: _____

Address: _____

City, State, Zip: _____

Telephone: _____

Facsimile: _____

E-Mail: _____

Website: _____

Annual dues (check one):

- \$10 for individual 65 and over
- \$20 for individual under 25 years
- \$80 for individual 26 to 64 years
- \$100 for company/organization (includes the contact person listed)
- \$50 for Associate Member (individual of company member)

If paying on or after July 1st, dues are half price.

Date Paid: _____

Payment Amount: _____

Check Enclosed: # _____

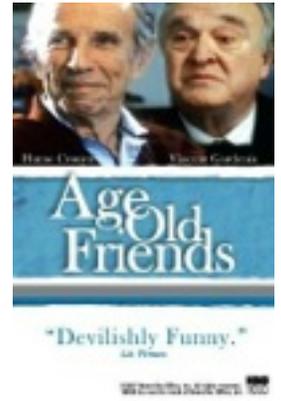
alzheimer's association®

Aging and Disability Resource Center

1055 Kino'ole Street, Hilo, HI 96720

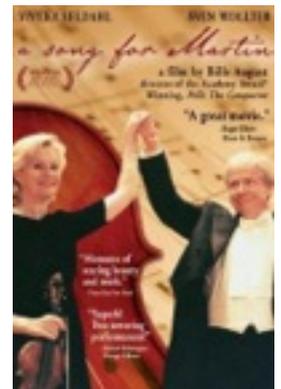
Saturday, August 5, 2017

- 1:00 pm Dementia, Stages, Symptoms, Treatments
- 3:00 pm Age Old Friends (Movie)
- 5:00 pm Living With Forgetfulness – Part One
(Presentation for anyone having forgetfulness and their family)



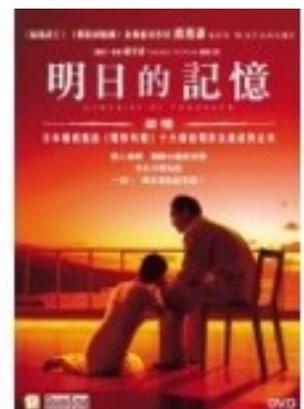
Saturday, August 12, 2017

- 1:00 pm Legal Planning in Dementia
- 3:00 pm A Song For Martin (Movie)
- 5:00 pm Living With Forgetfulness – Part Two



Saturday, August 19, 2017

- 1:00 pm Communication and Behaviors in Dementia
- 3:00 pm Memories of Tomorrow (Japanese Movie)
- 5:00 pm Living With Forgetfulness – Part Three



Supported in part by the Remembering Doc Buyers Fund

Limited seating
443-7360

Register with Chris Ridley,