



HPGS 2021 BOARD OF DIRECTORS

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The 5th annual HPGS fundraiser was held virtually on Thursday November 4th. HPGS was honored to recognize Emmet White, retired CEO of Arcadia and an exemplary community leader. Donations are still being accepted at www.hpgs.org/events.

The Hawaii Pacific Gerontological Society distributes monthly newsletters and hosts quarterly general membership meetings.

HPGS encourages all members to submit articles, email the board with suggestions for speakers, and/or volunteer on a committee.

PRESIDENT'S MESSAGE



DEBBIE KIM MORIKAWA
PRESIDENT

I'm pleased to report that HPGS has raised thus far over \$11,000 from our Annual Fundraiser held on November 4th. It was such an honor to preside over this event. While the affair was virtual, we filmed our honoree Emmet White and his family at Arcadia and it aired live on Olelo. HPGS is proud to be the organization that recognizes such exemplary leaders in the field of aging each year. The testimonials shared during these events reinforce the significance of the accomplishments of our honorees and inspire all of us to continue to strive to make a difference for our kupuna.

Thank you to Kathy Wyatt, our Fundraising Chair, and her committee members, HPGS' Executive Director Sherry Goya, Emmet White and his Arcadia Team, Diane Ako, Olelo and everyone who participated in or contributed to this year's fundraiser! It was a huge success!

More than ever it's important for us to collaborate and share resources to ensure that our kupuna can achieve the quality of life they deserve. This can only happen with your involvement and participation. At our last General Membership Meeting one of our members emphasized the need for more discussions. We hope you will take the time to send us an email or give us a call about your thoughts, needs, or suggestions so that we can facilitate more dialogue around the topics of interest within our membership.

Please save the date for our next General Membership Meeting on Thursday, January 20. A flyer will be out with details.

If you weren't able to participate in our fundraiser, Olelo will be airing the program and it will also be available later for viewing on our website. You can still make a contribution or become a member; just go to our website at www.HPGS.org.

MISSION STATEMENT

The mission of HPGS is to increase awareness of and interest in the field of gerontology by providing networking and educational opportunities, as well as scholarships, to Hawaii's workforce or other interested parties, in which to support the creation of needed policies and programs that will enhance the quality and age-friendly services to our Kūpuna in Hawaii.

HPGS FUNDRAISER RE-AIRED

A big MAHALO goes out to Olelo for their fine work in producing the HPGS 5th Annual Fundraiser held on Thursday, November 4th. It was a "live" broadcast at Arcadia on Olelo's TV station, with virtual recordings of testimonies. The entire event will be re-aired on Olelo within the next six months as well as on these dates and times:

**November 28th at 6pm
November 30th at 8pm
December 1st at 10pm
December 6th at 4pm**

If you were not able to participate or watch this event, be sure to turn to Channel 53 and enjoy an hour learning about Emmet White and his accomplishments, along with wonderful stories from those who knew him throughout the many years he touched the lives of Hawaii's senior community. Donations are still being accepted.

EVENTS

AARP FREE Online Events

Tuesday, Nov 16 & 29 at 2pm
Ask the Doc: Living with Alzheimer's for Care Partners

Tuesday, Nov 16 at 9am
The "Ki" to increasing Body Strength & Focus

Wednesday, Nov 17th at 10am
Healthy Living for Your Brain and Body

Friday, Nov 19 at 10am
Hawaii Island: 10 Warning Signs of Alzheimer's Disease

Saturday, Nov 20 at 9:30am
Caregiver to Caregiver Panel

Saturday, Nov 27th at 9:30am
Pre-Crisis Planning for Dementia

Sign up: <https://aarp.cvent.com/Hlcare2021>

HPGS 5TH ANNUAL FUNDRAISER

For the second year in a row, HPGS held their annual fundraiser "virtually," although portions of this year's event were held at the Arcadia in Honolulu, produced by Olelo. This year's honoree is Emmet White.



KITV's Aging Well host, Diane Ako, was the virtual MC and HPGS President Debbie Kim Morikawa was on site. Videos of congratulations were offered by Governor David Ige, Mayor Rick Blangiardi and City Council Chair Tommy Waters. Certificates were presented by Governor Ige, the City Council and the State Legislature. Olelo will rebroadcast this event at various times over the next six months.



Heartwarming testimonies came from many people who really love, admire and appreciate Emmet for all he brought to the aging field. There were staff and residents from the Arcadia and 15 Craigside, Arcadia board members, long-time friends, past board members of other organizations, fellow senior assisted living facility staff, and his daughter who now runs the Arcadia Family of Companies. Accolades also came from those on Molokai and Lanai who have benefited from his support of seniors in Hawaii. Emmet was a mentor to many in the senior community through his openness in sharing with the industry, for giving back to the community with "win-win" outcomes in all interactions, for his selfless work for others, and for being a visionary leader.

Donations for this fundraiser, with contributions continuing to be received, will support the programs run by HPGS, as well as scholarships awarded to college students in the field of gerontology. Congratulations, once again, to Emmet White who has touched so many lives with his faith, love and support of his beautiful wife of 53 years, Betty.

This fundraising event for HPGS could not have happened without the leadership of the chairperson, Kathy Wyatt, and the committee who met often to plan every aspect of the event: Cynthia Arnold, Debbie Kim Morikawa, Sara Lenzer Medeiros, Eileen Phillips, Rick Tabor and Sherry Goya, along with Joyce Nishikawa and Lisa Haneda from the Arcadia Family of Companies.



EVENTS

Alzheimer's Association Programs

Friday, Nov 19th, 10-11am

Dementia-Related Behaviors During Holidays

Friday, Nov 19th, 2-3:30pm

Effective Communication Strategies

Monday, Nov 29th, 2-3:30pm

Ask the Doc: Dr. Laurel Coleman

Tuesday, Nov 30th, 12-1pm

Effective Communication Strategies

To register, call 800-272-3900
or online at alz.org/hawaii.

AARP NEWS

For November's National Family Caregivers Month, **AARP Hawaii** is raising awareness of caregivers' work by sponsoring a new art exhibition at The ARTS at Marks Garage, "Art of Caring." It will be open to the public from November 5 to 27. The three art categories are the care of kupuna (elders), the joy of caregiving and the challenges of caregiving. Learn more at artsatmarks.com, and visit the exhibit at 1150 Nuuanu Avenue.



Earlier this year, **Rick Tabor**, HPGS President-Elect, was one of the exceptional group of candidates nominated for the 2021 AARP Hawaii Andrus Award, AARP's most prestigious state volunteer award for community service. Although another candidate was selected, Rick was given a Certificate of Appreciation and a lapel pin last month.

RECOGNITION FOR EMMET WHITE



Being honored by HPGS was not the only highlight of Emmet White's recognition at the HPGS 5th Annual Fundraiser on November 4th. Governor David Ige, Mayor Rick Blangiardi and City Council Chair Tommy Waters had video presentations prepared to give their personal congratulations to a man who exemplified the meaning of giving back to seniors and their community over a few decades.

There were also beautifully framed certificates presented to him. HPGS would like to share a few of the words of appreciation these contained:

Governor Ige wrote, "Your hard work and dedication serve to enrich many lives and communities in the State of Hawaii. Mahalo for making Hawaii a special place where future generations can choose to call home."

The Hawaii State Legislature acknowledged, "Be it resolved that the thirty-first Legislature of the State of Hawaii hereby expresses sincere gratitude to Emmet White for his many years of service to Hawaii's community, in particular, for over thirty years focusing on helping to ensure the safety and well-being of Hawaii kupuna, and extends warmest Aloha and best wishes for continued happiness and success in all his future endeavors."

Council of the City and County of Honolulu noted, "Emmet White nurtured a culture of understanding, responsibility, and social accountability for Arcadia's mission and vision which benefited any kupuna in our community...He represented the community in helping to ensure that quality health care services could be provided at a reasonable cost."

HPGS NA LIMA KOKUA AWARDS CEREMONY

The seven winners of the HPGS Na Lima Kokua Awards were recognized at the biennial conference on Wednesday, September 15th. The link to watch the ceremony is: <https://hpgs.org/conference.html>

JOB OPENINGS

The Elder Law Practice of Rulon & Adamshick, (**Laurie Adamshick** is an HPGS Board member) is looking for an Elder Care Coordinator (ECC) to oversee the coordination of their clients' long-term care, serve as an advocate and problem solver, and empower the client and family with the knowledge needed to make good care decisions. The ECC sets his/her own schedule, often seeing clients outside of the office in their own environment. For more information on this position, see <https://rulon-adamshick.com/careers/>.

JOIN US

VIRTUAL CAREGIVER SUPPORT GROUPS

Presented by the Alzheimer's Association® Hawaii



HAWAII ISLAND SUPPORT GROUPS

For information or to register for any of our Hawaii Island Support Groups, please call 800.272.3900. Questions? Contact Nic Los Banos at 808.518.6649 or email nklosbanos@alz.org

Hawaii Island 1 Support Group

1st Wednesday of the month, 10-11 a.m.

Hawaii Island 2 Support Group

3rd Thursday of the month, 4:30-5:30 p.m.

KAUAI SUPPORT GROUPS

For information or to register for any of our Kauai Support Groups, please call 800.272.3900. Questions? Contact Humberto Blanco at 808.518.6655 or email hblanco@alz.org.

Princeville/Westside Support Group

4th Thursday of the month, 2-3 p.m.

Lihue Support Group

3rd Thursday of the month, 2-3 p.m.

Regency at Puakea Support Group

Last Tuesday of the month, 5-6:30 p.m.

MAUI COUNTY SUPPORT GROUP

For information or to register for our Maui Support Group, call 800.272.3900. Questions? Contact Christine Spencer at 808.518.6650 or email cespencer@alz.org.

Maui Caregiver Support Group

3rd Tuesday of the month, 2-3 p.m.

OAHU SUPPORT GROUPS

For information or to register for any of our Oahu Support Groups, call 800.272.3900. Questions? Contact Tonya Hammond-Tullis at 808.518.6651 or email tshammondtullis@alz.org.

Aiea Support Group

3rd Monday of the month, 7-8:30 p.m.

Kailua/Kaneohe Support Group

3rd Tuesday of the month, 5:30-7 p.m.

Niu Valley/East Oahu

2nd Monday of the month, 7-9 p.m.

Mililani Support Group

3rd Wednesday of the month, 6:30-8 p.m.

**TO REGISTER, PLEASE CALL 800.272.3900 OR
VISIT US ONLINE AT ALZ.ORG/HAWAII**

alzheimer's association®

Visit alz.org/hawaii to explore additional education programs in your area.