



hawaii pacific gerontological society

Volume 40, No. 4

April 2019

HPGS 2019 BOARD OF DIRECTORS

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Sherry Goya, Executive Director
808-722-8487 • sgoyallc@aol.com

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Honolulu, HI 96812
www.hpgs.org
hpgs.808@gmail.com

HPGS members are welcome to submit articles of interest, pictures and articles from events, notices of job openings, committee reports, etc. Please submit your article and/or picture by the second Monday of every month to Sherry Goya, HPGS Executive Director, at sgoyallc@aol.com.

PRESIDENT'S MESSAGE



KATHY WYATT, PRESIDENT

April already? Goodness gracious, it's flying by!

Good news from the Legislature: All of the bills concerning our Kupuna are still active and moving forward. Some may not "look" exactly like they started out at the beginning, but they are acceptable and again, still active. That's wonderful news.

ATTENTION undergraduate and graduate students interested in aging (or pass this along to your children, grandchildren, other family members and friends): HPGS is proud to offer student scholarships. Please see the attached flyers for more details. There are also scholarships available for workers who enroll in credit or noncredit courses and certificate programs, which enhance their knowledge and skills in areas related to aging. These scholarships offer an amazing opportunity to get tuition assistance for students. All you have to do is go to HPGS.org, Scholarships, and fill out an application. It's that easy!

HPGS is looking for new members and we'd like your help. The HPGS website shows all the benefits for being a member, and there are many!! This year we've started quarterly General Membership Meetings with an educational component. There are great speakers with very interesting topics. We also encourage our members to let us know if there is a particular topic that they would like to learn more about and we'll provide a speaker for those topics as well. Our next General Membership meeting is April 18th, and we hope to see there. If you have colleagues in your line of work, or know of someone who would be interested in what HPGS has to offer, please invite them to our next meeting. The more the merrier!

Have a great Spring, everyone.

Kathy Wyatt
HPGS President

MISSION STATEMENT

The mission of the Hawaii Pacific Gerontological Society shall be to provide professionals and students in the field of aging with vital information, workshops, networking, and scholarships to enhance the gerontology workforce, to support the creation of needed policies and programs, and to deliver excellent service to the aging population in Hawaii and the Pacific.

2019 MEMBERSHIP DUES

Membership with the Hawaii Pacific Gerontological Society is from **January to December** every year. Those who receive the monthly newsletters, get an invite to watch the monthly webinars, attend the quarterly General Membership Meetings, receive a discount at the HPGS Biennial Conference, and are kept abreast of issues that affect Hawaii's kupuna and families, find their membership invaluable.

Attached to this newsletter is the 2019 Renewal Membership Form if you have not yet paid anytime this year. Payment by check allows HPGS to receive the full membership dues; however, paying through PayPal can be accomplished through the website at **www.hpgs.org**. In either case, the HPGS Board appreciates all renewals and encourages current members to invite a friend or family member to also join.

HPGS BOARD UPDATE

The HPGS Board of Directors has announced that **Andrew Garrett** has resigned since he recently joined the Ige administration as the Deputy Director of the Department of Human Resources Development. He was recently with the Healthcare Association of Hawaii. The Board thanks Andrew for his service and wishes him well as he serves the state of Hawaii.

KAUAI TRAINING

Title: Basic Mediation Training

Date: May 16 – 18, 2019

Location: Kukui Children's Center,
245 N. Kukui St. #103

Time: 9:00am – 6:00pm

All materials included and lunch is provided on Saturday

BMT teaches effective communication skills for emotional situations and to counter bad behavior, as well as negotiation and the mediation process through a mix of lecture, skills exercises, and mentor-led practice simulations.

Register by going to: <https://mcp808.wufoo.com/forms/basic-mediation-training/>

HPGS 2ND QUARTER GENERAL MEMBERSHIP MEETING

For 2019, the HPGS Board has scheduled FOUR General Membership Meetings so members can be updated on HPGS, hear great speakers, network with fellow members, and enjoy a continental breakfast. The second quarter meeting will be held on **Thursday, April 18th from 8:30am** at 1585 Kapiolani Blvd, Suite 1518, where parking is free. The meeting is held in the Ala Moana Pacific Center Building across the Macy's Ala Moana top floor store, with an escalator into the building.

Everyone knows someone with **dementia** and would benefit from guest speakers who are experts in the field. Get tips, tricks, and resources from Cyndi Osajima from Project Dana, Poki'i Balaz of Kokua Kalihi Valley Clinic, and Jody Mishan from Catholic Charities Hawaii. Learn about brain health, caregiving and local resources that will help you, your family or friends.

The HPGS General Membership Meeting is FREE to members, and bring a friend or family member at no charge. RSVPs are needed so the room can be setup and refreshments can be available for all. RSVP to Sherry Goya, HPGS Executive Director at sgoyallc@aol.com or text/call her at 808-722-8487.

HPGS WEBINARS

On Thursday, March 28th, HPGS featured Jeannette Koijane and Hope Young from **Kokua Mau** for our monthly webinar series. The 1.5 hour "Let's Talk Story" webinar discussed the importance of Advance Care Planning and they received many questions from our Zoom audience. Understanding that death and end-of-life conversations are scary and a highly avoided topic, our speakers helped viewers understand the benefits of preparing for a crisis BEFORE it occurs. Attendees learned key differences between an Advance Health Care Directive and the POLST, which power of attorney handles the health care versus financial aspect of care, and a few resources on how to get a conversation about end-of-life wishes started within your family.

If you missed the webinar you may access the recording on our website at www.HPGS.org under the webinar tab. Here is the direct link on our YouTube channel: <https://youtu.be/VzuLKmoSM5w>

The Apri HPGS webinar is scheduled for Thursday, April 25th, with a focus on the various levels of care in our communities. HPGS is joined by guest speaker Eileen Phillips, RN at **Attention Plus Care**, to explain the complexities of care within our community, what to expect as loved ones age, and the array of retirement facilities we have here in Hawaii. Recommended for those who are students in the healthcare field including social work, nursing and public health, retirees deciding to age in place, family caregivers considering placing a loved one in a facility such as a care home, independent living, assisted living or skilled nursing.

Registration is open to HPGS members and the public. Copy and paste this link into your browser to RSVP:
https://zoom.us/webinar/register/WN_SL3xXGQESaS2_2H8lQgfJQ



*Hawaii Pacific
Gerontological Society
April General Membership Meeting*

Thursday, April 18th, 2019

8:30am - 10:30am

Topic: *Dementia - Tips, tricks and Resources!*
*Learn from our guest speakers about brain health,
caregiving and local resources that can help!*

Guest speakers: *Cyndi Osajima, Project Dana
Poki'i Balaz, Kokua Kalihi Valley Clinic
Jody Mishan, Catholic Charities Hawaii*

Location: *Abe Lee's Classroom*
(park Across Macy's at Ala Moana Shopping Center's 3rd level)

Address: *1585 Kapiolani Blvd, Suite #1518*

Cost: *FREE for HPGS members plus one guest;
\$5 for any additional guests*

RSVP to Sherry Goya (No later than April 12th)
SgoyaLLC@gmail.com 808-722-8487

Seating is Limited!

***Lite refreshments
& coffee provided*





hawaii pacific gerontological society

Founded in 1979, the **Hawaii Pacific Gerontological Society** is the largest nonprofit multidisciplinary group of professionals, individuals, companies and organizations in the field of aging in Hawaii. Membership opportunities available to all islands consists of gerontology educators, students, medical and social service personnel, older adults (kupuna), caregivers, companies and organizations from every sector of the community. Federal I.D. #99-0211232

HPGS discusses, networks, and shares information about issues and policies affecting Hawaii kupuna, to include career and job fairs, expos, webinars, etc. They also provide scholarships for undergraduate and graduate students interested in careers in aging, as well as tuition assistance for workers seeking to upgrade their knowledge in this field.

Benefits of an HPGS member includes:

- The HPGS monthly **newsletter** is distributed electronically and filled with age-related news, events, activities, job openings, announcements, and more.
- **Webinars** presented by professionals in the aging field are free to members on a regular basis.
- Throughout the year, there are **events** to bring HPGS members together for timely and relevant issues, discussions, and educational opportunities, as well as networking events and quarterly General Membership Meetings.
- HPGS prides itself in offering **scholarships** for those pursuing education in the field of aging, thus creating fundraising options.
- A two-day biennial **conference** is held in even-numbered years and offers professional and educational venues on aging research, practice and policy for Hawaii, while also attracting national and international participants.
- HPGS members receive electronic **notices** on significant events, opportunities available, and other announcements.
- The HPGS **website** provides a resource of news, events, membership, etc. Company member's information and individual member's names will be placed on the HPGS website.
- There are a number of **committees** where membership involvement is welcomed.

For further information, please contact

Sherry Goya, HPGS Executive Director at sgoyallc@aol.com or 808-722-8487

Hawaii Pacific Gerontological Society • P. O. Box 3714 • Honolulu, HI 96812 • www.hpgs.org



CUT HERE

2019 MEMBERSHIP RENEWAL FORM

Contact Name: _____

Company/Organization: _____

Address: _____

City, State, Zip: _____

Telephone: _____

Facsimile: _____

E-Mail: _____

Website: _____

Annual dues (check one):

- ☐ \$10 for individual 65 and over
- ☐ \$20 for individual under 25 years
- ☐ \$80 for individual 26 to 64 years
- ☐ \$100 for company/organization (includes the contact person listed)
- ☐ \$50 for Associate Member (individual of company member)

**If paying on or after July 1st,
dues are half price.**

Date Paid: _____

Payment Amount: _____

Check Enclosed: # _____

Mail this form and check payable to HPGS to P. O. Box 3714 • Honolulu, HI 96812

To pay by charge card, go to www.hpgs.org and use fillable form.



HPGS UNDERGRADUATE AND GRADUATE SCHOLARSHIPS 2019

The Hawaii Pacific Gerontological Society (HPGS) raises funds and awards scholarships to college students interested in careers involving aging and older people. These scholarships are funded by generous donations from the Broadhead family, Assisted Living Options Hawaii, and many individual donors. Each year, HPGS offers Undergraduate and Graduate Scholarships for students who have a serious interest in professional work related to aging, long-term care, and/or death and dying.

To be **eligible** for a scholarship, students must meet ALL of the following criteria: (a) Be enrolled in a degree program at any UH campus, HPU, BYU- Hawaii, or Chaminade; (b) Have two or more semesters to complete before graduation; and (c) Have a GPA of 3.0 or higher.

The **DEADLINE is Monday, July 15, 2019**, to be considered for the following academic year. This year, HPGS will offer **three (3) \$2,000 awards**.

Instructions for Applying **ALL Students: Answer Questions 1 – 10**

Please put responses to numbers 1-8 in a Word document, numbering each section as indicated below. Your statements should be complete, but as concise as possible. Numbers 9 and 10 below should be scanned and included. All documents should be compiled into one pdf with the file named "*lastname_hpgsapp*". Applications must be sent by email to Christy Nishita at: **cnishita@hawaii.edu**, with the below components attached as **one (1) combined PDF**.

1. Personal Information: Name, address, phone number, and email address.
2. Educational Information: College or university you are currently attending, degree program, current GPA, expected date of graduation
3. Relevant Academic Coursework: Credit courses or internships you have taken in the past or are currently taking, specifically related to aging, long-term care and/or death and dying. Indicate the institution offering the course, and when it was taken.

4. Relevant Non-Credit Learning Experiences: Conferences, lectures, seminars or other non-credit activities you have attended or are currently attending, specifically related to aging, long-term care, and/or death and dying. Indicate the name of the activity and when it was taken.
5. Aging-Related Volunteer Work for a Community Organization, Public Agency, or Legislative Body, or unpaid caregiving experience with an older person: Indicate the name of the organization(s), describe your volunteer or caregiving work, dates, and duration (number of months).
6. Aging-Related Paid Employment: Indicate the name of the employing organization(s), your job title(s), a brief description of your responsibilities, and when and for how long (number of months) you were employed.
7. Describe Interest in Gerontology and Future Career Goals: Be specific.
8. Financial Need: Describe and be as specific as possible.
9. Scan and include one copy of your latest transcript.
10. Scan and include one letter of recommendation from an academic advisor, instructor, or supervisor.

Graduate/Medical Students ONLY: Answer Questions 11 and 12.

11. If in a Gerontology Certificate Program or Gerontology/Geriatric Track - Give the name of that program or track, and the number of required credits.
12. If you are doing a Thesis or Dissertation on an Aging-Related Topic - Give the title of your thesis or dissertation, a one-sentence description, and expected date of completion.

A review committee will give careful consideration to each application and will e-mail all applicants with their decision the week of August 12, 2019.



University of Hawai'i at Manoa
CENTER ON AGING



UH CENTER ON AGING & HPGS SCHOLARSHIP IN AGING

With funds provided by the Hawaii Association of Case Managers and Kahala Nui, the University of Hawaii Center on Aging and the Hawaii Pacific Gerontological Society (HPGS) are proud to offer this scholarship opportunity to students interested in careers involving aging and older people. This year, we will provide **two (2) \$1000 scholarships to an undergraduate student majoring in Nursing or Social Work OR a graduate student in the Nursing or Social Work programs at the University of Hawaii at Manoa.** This student must demonstrate a serious interest in professional work related to aging, long-term care, and/or death and dying.

The **DEADLINE is Monday, July 8, 2019**, to be considered for the following academic year. This year, HPGS will offer **three (3) \$2,000 awards**. For any questions please contact Dejah Fa'asoa at 956.5001.

Instructions for Applying **ALL Students: Answer Questions 1 – 10**

Please put responses to numbers 1-8 in a Word document, numbering each section as indicated below. Your statements should be complete, but as concise as possible. Numbers 9 and 10 below should be scanned and included. All documents should be compiled into one pdf with the file named "*lastname_hpgsapp*". Applications must be sent by email to Dejah Fa'asoa at: **dejah24@hawaii.edu**, with the below components attached as **one (1) combined PDF**.

1. Personal Information: Name, address, phone number, and email address.
2. Educational Information: College or university you are currently attending, degree program, current GPA, expected date of graduation
3. Relevant Academic Coursework: Credit courses or internships you have taken in the past or are currently taking specifically related to aging, long-term care and/or death and dying. Indicate the institution offering the course, and when it was taken.
4. Relevant Non-Credit Learning Experiences: Conferences, lectures, seminars or other non-credit activities you have attended or are currently attending specifically

related to aging, long-term care, and/or death and dying. Indicate the name of the activity and when it was taken.

5. Aging-Related Volunteer Work for a Community Organization, Public Agency, or Legislative Body, or unpaid caregiving experience with an older person: Indicate the name of the organization(s), describe your volunteer or caregiving role, when and for how long (number of months).

6. Aging-Related Paid Employment: Indicate the name of the employing organization(s), your job title(s), a brief description of your responsibilities, and when and for how long (number of months) you were employed.

7. Describe Interest in Gerontology and Future Career Goals: Be specific.

8. Financial Need: Be specific, to the extent possible.

9. Scan and include one copy of your latest transcript.

10. Scan and include one letter of recommendation from an academic advisor, instructor, or supervisor.

A review committee will give careful consideration to each application and will e-mail all applicants with their decision the week of August 5, 2019. For the winners, UH Foundation will deposit the funds in the students' accounts for the Fall 2019 semester.