



hawaii pacific gerontological society

Volume 40, No. 1

January 2019

HPGS 2019 BOARD OF DIRECTORS

Officers:

- Kathy Wyatt, President
- Eileen Phillips, President-Elect
- Calvin Hara, Past President
- Cynthia Arnold, Treasurer
- Mapuana Taamu, Secretary

Directors:

- Humberto Blanco
- Andrew Garrett
- Kathy Jaycox
- Christy Nishita
- John A. H. Tomoso

Sherry Goya, Executive Director
808-722-8487 • sgoyallc@aol.com

P. O. Box 3714
Honolulu, HI 96812
www.hpgs.org
hpgs.808@gmail.com

HPGS members are welcome to submit articles of interest, pictures and articles from events, notices of job openings, committee reports, etc. Please submit your article and/or picture by the second Monday of every month to Sherry Goya, HPGS Executive Director, at sgoyallc@aol.com.

PRESIDENT'S MESSAGE



KATHY WYATT, PRESIDENT

Happy New Year everyone! Now that the busy Holidays are behind us, we can look forward to the new year with excitement and anticipation. HPGS is starting this new year with two functions this month. On the 17th of January, we are having our Board of Directors retreat at Arcadia. This is where we look at what we accomplished last year and what we want to accomplish this year. On the 24th of January, the HPGS general membership meeting is being held so that all of our members can hear updates on HPGS and also hear a very good presentation by the Blue Zones organization. The presentation is very interesting and everyone will come away with great ideas.

I am looking forward to working hard this year for HPGS as President, and hoping to do as good a job as Calvin did for us last year. I also hope that all of our members, board members included, see the value of attending the meetings and offerings that HPGS provides, thus supporting all of us to be a value to the community.

Again, I wish everyone a very happy and prosperous new year, or Hau'oli Makahiki Hou!!

Kathy

MISSION STATEMENT

The mission of the Hawaii Pacific Gerontological Society shall be to provide professionals and students in the field of aging with vital information, workshops, networking, and scholarships to enhance the gerontology workforce, to support the creation of needed policies and programs, and to deliver excellent service to the aging population in Hawaii and the Pacific.

NEW HPGS MEMBERS

Individual Member

Pat Bemis

HPGS Company

Memory Friends

Mapuana Taamu
41-1370 Kuhimana Street
Waimanalo, HI 96795
P: 808-469-5330
E: mfriends808@gmail.com
W: pachuihawaii.com

Hale Hauoli Hawaii

Kathy Wyatt
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Aiea, HI 96701
P: 808-778-8706
F: 808-691-9027
E: kwyatt01@aol.com
W: halehauolihawaii.org

HPGS 2019 RENEWAL

HPGS membership dues are paid annually, January to December, and have not changed for 2019. Membership is open throughout the year, with members joining after July 1st, paying half the annual amount.

Renewing for 2019 allows HPGS members to attend the first **General Membership Meeting** of the year at no charge. The monthly **newsletter** is emailed, and members are encouraged to submit articles or interest, job opportunities, events, etc. **Webinars** are to educate members on current issues, and the **website** has all past presentations. There are **scholarships** available for students entering the field of aging.

HPGS members should encourage work associates, friends, and family to check out www.hpgs.org to get more information and become a part of this, the largest nonprofit multidisciplinary group of professionals, individuals, company and organization in the field of aging in Hawaii. Founded in 1979, HPGS is here to stay and grow as fast as this demographics is growing.

HPGS GENERAL MEMBERSHIP MEETING

The first General Membership Meeting of the Hawaii Pacific Gerontological Society will be held on Thursday, January 24th from 8:00am to 10:00am at 1585 Kapiolani Blvd, #1518 (building is right across the Ala Moana's Macy's upstairs parking lot).

HPGS President Kathy Wyatt will welcome members to this meeting, and guest speakers will be Colby Takeda and Cyrus Howe from the Blue Zones Project. Their presentation will tell HPGS members about their project for workplaces and kupuna communities. A Continental Breakfast will be provided by the Blue Zones Project.



RSVPs are being taken by Sherry Goya, HPGS Executive Director at sgoyallc@aol.com or text/call 808-722-8487. Company name and/or member name is needed so name tags can be available. There is no cost for the HPGS member and one guest, however, \$5 for any additional guests. Deadline is Friday, January 18th.

KUPUNA CAREGIVERS PROGRAM BY PEDRO HARO, CARING ACROSS GENERATIONS

The Kupuna Caucus has approved, as part of its legislative package, a bill to provide \$2 Million in funding for the program. What this means is that this is one of the top priorities in regards to kupuna issues for our legislative advocates. In addition to the funding the program, the bill sponsored by the caucus will try to address some administrative changes that are being requested by advocates to help bring some flexibility to the Kupuna Caregivers program so that it can provide more varied services.

Once there is a bill draft, a fact sheet will be created to help educate the community and lawmakers about the bill content. Contact Pedro direct at pedro@caringacross.org or 808-947-2950.

SENIOR FAIR ON THE WINDWARD SIDE

Generations Magazine's Senior Fair at Windward Mall (46-056 Kamehameha Highway) will be held Friday and Saturday, January 18th and 19th from 9am to 2pm. It is also cosponsored by KUMU Radio and the Great Aloha Run. The Windward Mall has a number of tenants who offer senior discounts; and a "punch card" will be distributed for entry to win \$50 and \$100 gift cards to restaurants and stores, as well as a Vacations Hawaii trip for two.

Presentations will be held both days:

9am Healthy Body/Brain Exercises with Cat Sawai

10am Zumba Gold with Debbie Azama Park

11am Personal Fall Prevention Tips for Seniors with Debbie Kim-Morikawa

Carole Kai and KUMU radio will make an appearance from 12noon to 2pm. This event is FREE and open to the public.

Hawaii Pacific Gerontological Society

January General Membership Meeting

Thursday, January 24th, 2019

8:00am - 10:00am

Speaker: Colby Takeda & Cyrus Howe

Blue Zones Project

Topic: What are the Blue Zones and how can the Blue Zones Project help me, my workplace and older adults in the community



Location: Abe Lee's Classroom

(park across Macy's at Ala Moana Shopping Center's top level)

Address: 1585 Kapiolani Blvd, Suite #1518

Cost: FREE for HPGS Members plus one guest;

\$5 for additional guests

***Continental breakfast & coffee provided*

Seating is Limited!

RSVP to Sherry Goya

(No later than January 18th)

sgoyallc@aol.com

808-722-8487



hawaii pacific gerontological society

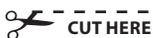
Founded in 1979, the **Hawaii Pacific Gerontological Society** is the largest nonprofit multidisciplinary group of professionals, individuals, companies and organizations in the field of aging in Hawaii. Membership opportunities available to all islands consists of gerontology educators, students, medical and social service personnel, older adults (kupuna), caregivers, companies and organizations from every sector of the community. Federal I.D. #99-0211232

HPGS discusses, networks, and shares information about issues and policies affecting Hawaii kupuna, to include career and job fairs, expos, webinars, etc. They also provide scholarships for undergraduate and graduate students interested in careers in aging, as well as tuition assistance for workers seeking to upgrade their knowledge in this field.

Benefits of an HPGS member includes:

- The HPGS monthly **newsletter** is distributed electronically and filled with age-related news, events, activities, job openings, announcements, and more.
- **Webinars** presented by professionals in the aging field are free to members on a regular basis.
- Throughout the year, there are **events** to bring HPGS members together for timely and relevant issues, discussions, and educational opportunities, as well as networking events.
- HPGS prides itself in offering **scholarships** for those pursuing education in the field of aging, thus creating fundraising options.
- A two-day biennial **conference** is held in even-numbered years and offers professional and educational venues on aging research, practice and policy for Hawaii, while also attracting national and international participants.
- HPGS members receive electronic **notices** on significant events, opportunities available, and other announcements.
- The HPGS **website** provides a resource of news, events, membership, etc. Company member's information and individual member's names will be placed on the HPGS website.
- There are a number of **committees** where membership involvement is welcomed.

For further information, please contact
Sherry Goya, HPGS Executive Director at sgoyallc@aol.com or 808-722-8487
Hawaii Pacific Gerontological Society • P. O. Box 3714 • Honolulu, HI 96812 • www.hpgs.org



2019 MEMBERSHIP RENEWAL FORM

Contact Name: _____

Company/Organization: _____

Address: _____

City, State, Zip: _____

Telephone: _____

Facsimile: _____

E-Mail: _____

Website: _____

Annual dues (check one):

- \$10 for individual 65 and over
- \$20 for individual under 25 years
- \$80 for individual 26 to 64 years
- \$100 for company/organization (includes the contact person listed)
- \$50 for Associate Member (individual of company member)

**If paying on or after July 1st,
dues are half price.**

Date Paid: _____

Payment Amount: _____

Check Enclosed: # _____

Mail this form and check payable to HPGS to P. O. Box 3714 • Honolulu, HI 96812
To pay by charge card, go to www.hpgs.org and use fillable form.



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KAPI'OLANI
COMMUNITY COLLEGE

Caregiving Classes
for Families
SPRING 2019

Please join Certified
Positive Approach to
Care Trainer, Mapuana
Taamu for two
SATURDAYS,
FEBRUARY 9 & 16
as we explore the
various *Stages of*
Dementia!



To register or for more information go to
www.KupunaEducation.com or
call the KCC Continuing Education Dept at
(808) 734-9211