



hawaii pacific gerontological society

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August 2018

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HPGS members are welcome to submit articles of interest, pictures and articles from events, notices of job openings, committee reports, etc. Please submit your article and/or picture by the second Monday of every month to Sherry Goya, HPGS Executive Director, at sgoyallc@aol.com.

PRESIDENT'S MESSAGE



CALVIN HARA, PRESIDENT

Aloha HPGS members, supporters and friends! Here we are in the middle of summer and quickly approaching is the HPGS Conference. Please see in this issue more information about the conference.

Why is there an organization called HPGS? Gerontology, which is the study of the aging processes and individuals as they grow from middle age through later life. It also includes the study of physical, mental and social changes in older people as they age. Our late Dr. Tony Lenzer said at the event honoring Tony said that it was quite interesting for him to be a professor in gerontology at the start of his career as a younger person studying older people, and then at the event speaking about gerontology as an older person still talking about the study of older people. This inevitable progression we all experience, "aging," is why HPGS exist – we all need to be an ohana of concerned and caring people to help kupuna as the experience changes in their lives as they age.

The HPGS Conference provides the opportunity for you to meet other passionate people around the subject of gerontology. Whether this is your first HPGS Conference or have attended previously, it is great to meet others who serve kupuna and to gain education and insight from the keynote speakers and session presenters.

I look forward to seeing you at the HPGS Conference, September 6-7.

Save The Date

Scholarship Dinner



Scholarships have been provided by donations to HPGS and fundraising efforts over the years. In 2017, a dinner to honor Mr. Anthony "Tony" Lenzer was held in November. Through this one event and an anonymous challenge, scholarship funds for 2018 was raised to \$6,000.

In 2018, HPGS will honor **Rose Nakamura** for her 28 year dedication to Project Dana and the senior community on Thursday, November 8th from 5:30pm to 8pm at Kahala Nui. Proceeds from this event will be used for 2019 scholarships. Those who will not be able to attend "An Evening with Rose Nakamura," may still make a donation for the 2019 HPGS Scholarship Fund. The form is at www.hpgs.org under Scholarships.

MISSION STATEMENT

The mission of the Hawaii Pacific Gerontological Society shall be to provide professionals and students in the field of aging with vital information, workshops, networking, and scholarships to enhance the gerontology workforce, to support the creation of needed policies and programs, and to deliver excellent service to the aging population in Hawaii and the Pacific.

NEW HPGS MEMBERS

Individual Member

Pamela Cunningham

Mae Fujii

Babette Galang

Judy Guajardo

Lyn Moku

Alida Murray

Pua Pahukoa

Chris Prendergast

Diane Terada

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HPGS BIENNIAL CONFERENCE - HIGHLIGHTS OF THE TWO-DAY CONFERENCE

The entire schedule of the two-day 20th HPGS Conference can be found at www.hpgs.org, filled with speakers from all topics relating to Hawaii's senior community. Be ready to take in all the education from renowned speakers on September 6th and 7th at the Ala Moana Hotel. Stay to the end of each day, as there will be networking and socializing events.

Registration fees include Continental Breakfast, Lunch and Thursday afternoon's Networking & Pupu Session - plus, a one-year subscription to Generations Magazine and a chance to win a trip for 2 to Las Vegas! **Early registration ends on August 13, 2018.**

Here is just a small sample:

Thursday September 6th
BREAKFAST IN THE FOYER
7:15 AM – 8:15 AM

KEYNOTE OPENING SESSION
8:30 am – 9:30 am

Transforming Aging with Health Innovation
Dr. Shari Kogan

Lunch Break 11:45 AM - 12:45 PM HIBISCUS ROOM 1 & 2
Lunch and HPGS Awards

Avoiding Caregiver Burnout - A Deadly Occupation
1:00 PM - 1:50 PM HIBISCUS ROOM 1 & 2
Dave Nassaney, Caregiver

3:15 PM - 4:45 PM

Conference Networking - Complimentary Pupus - Ilima Room

Friday September 7th
BREAKFAST IN THE FOYER
7:15 AM – 8:15 AM

Exhibitors Open 8:30am -2:30pm

KEYNOTE OPENING SESSION
8:30 am – 9:30 am

Five Lessons from Forty Years: What We Have Learned in Aging And Where We Go from Here

John Feather, Ph.D, CEO of Grantmakers in Aging

1:50 PM -2:20 PM GARDEN LANAI ROOM
ICE CREAM BREAK

2:20 PM - 3:20 PM

CLOSING KEYNOTE SPEAKER

Widening Our Circle: Bringing Foundations and Corporations into Support for Aging Programs
John Feather, Ph.D

3:20 PM - 5:30 PM

HPGS Community-Building Meeting

2018 HPGS BIENNIAL CONFERENCE'S NA LIMA KOKUA AWARDS

Six 2018 HPGS Biennial Conference's **Na Lima Kokua Awards** will be presented at the September 6th luncheon, held at the Ala Moana Hotel. The Awards Committee, headed by Kathy Wyatt, received nominations in April, chose the winners, and will present awards to the following:



Business Award - *Nathaniel Stillman*, Recreational Director at Kalakaua Gardens

Working with seniors was what Nathaniel felt was his "calling," after he spent time performing Hawaiian music in Waikiki, as well as for the Hawaii Tourism Bureau around the Mainland and Asia. He also worked at the airport for TSA, while caring for his grandma who had Alzheimer's Disease strumming his ukulele at Leahi Adult Day Care. Nathaniel has been at Kalakaua Gardens since February 2017 and has filled the daily lives of residents with activities that are fun, exciting and much needed to make their quality of life extend for many years.



Community Service Award - *Pedro Haro* with Caring Across Generations

Leading efforts to pass the Kupuna Caregivers Act, signed into law by Governor Ige in 2017, took many hours to be the first of its kind in the nation. Pedro organized both individuals and groups to help educate lawmakers about the needs of working people who often must quit work in order to serve as caregivers for family members, whether parents, spouses or children. Pedro has a Master's Degree in Public Health with a focus on health communications.



Government Award - *Gregg Takayama* is a State Representative

Residing in the Leeward area for decades, Gregg is proud to be a product of the public school system and a graduate of the University of Hawaii. He was a news reporter and served on the staff for Senator Inouye and Lt. Governor Cayetano. Since being elected in the State House in 2012, his top priority was to improve senior citizens' health care services and continues his advocacy for them. Gregg supported the Kupuna Caregiver Program, bill on the Alzheimer's Disease, and is co-chair of the Legislature's Kupuna Caucus.



Research/Teaching Award - *Dr. Kamal Masaki* of the Dept of Geriatric Medicine at UH

Being a professor and chair of the Dept of Geriatric Medicine at the John A. Burns School of Medicine, is board certified in Internal Medicine and Geriatric Medicine. She is committed to helping older adults improve their brain health by sharing what she has learned through her study and research. Dr. Masaki is also a key collaborator for the UH Center on Aging's Hawaii Alzheimer's Disease Initiative.



Tony Lenzer Award - *Ruby Young*, UH Gerontology Student

Having received two scholarships from HPGS to attain her masters degree in nursing with a specialty in Adult Gerontology Nurse Practitioner, Ruby wanted to make a difference in the health outcome in geriatric patients. Although she currently works in Gig Harbor, Washington in a Life Care skilled nursing facility, Ruby enjoys working with geriatric patients who are either short term rehabilitation or long term stay as a medical provider and hopes to one day return to Hawaii.

Volunteer Award - Na Hoaloha of Maui County

Serving Maui County for over 23 years, Na Hoaloha is a volunteer-based nonprofit. They serve the islands of Maui, Lanai, Molokai and the Hana community. Na Hoaloha goal is to keep homebound seniors and persons with disabilities safe, free from isolation, and out of long-term institutional care. A few of their services include transportation to medical appointments, in-home Falls Risk assessments, shopping and socializing, as well as respite services to caregivers.



