



hawaii pacific gerontological society

Volume 39, No. 6

June 2018

HPGS 2018 BOARD OF DIRECTORS

Officers:

Calvin Hara, President
Kathy Wyatt, President-Elect
Percy Ihara, Past President
Cynthia Arnold, Treasurer
Kelika Ishol, Secretary

Directors:

Pamela Ah-Nee
Humberto Blanco
Andrew Garrett
Kathy Jaycox
Melissa Mansfield
Steve Nawahine
Christy Nishita
Eileen Phillips
Mapuana Taamu
John Tomoso

Sherry Goya, Executive Director
808-722-8487 • sgoyallc@aol.com

P. O. Box 3714
Honolulu, HI 96812
www.hpgs.org
hpgs.808@gmail.com

HPGS members are welcome to submit articles of interest, pictures and articles from events, notices of job openings, committee reports, etc. Please submit your article and/or picture by the second Monday of every month to Sherry Goya, HPGS Executive Director, at sgoyallc@aol.com.

PRESIDENT'S MESSAGE



CALVIN HARA, PRESIDENT

Our state's headline news for over a month now has been the eruption on Hawai'i island. Prior to the Hawai'i island eruption, our Kaua'i residents were affected by massive rain and flooding. As a state configured among islands, it is hard to imagine that in miles, we are very close to each other. My sincere Aloha and compassion goes to those who lost homes, their livelihood and now for many, memories of the aina which they lived. The kupuna there, span decades of joy, hardships and hard work. Now, as pele and nature, takes its course, we need to take care of those in need and help nurture among all ages the notion of helping one another.

Kupuna of today are of the "Greatest Generation." As our late Board Member Dr. Tony Lenzer said, the kupuna have been through "a lot" in their lives. From the Great Depression of the 1930's, World War II, other war conflicts, recession, inflation, many more events, kupuna are the people of great wisdom and advise.

When you see a kupuna at home, in your community, reach out, embrace and extend your Aloha. Mahalo everyone for all you do in your community.

Sponsors for the HPGS Biennial Conference, set for September 6th and 7th, are needed to ensure a conference filled with great speakers, venue, food and much more. See the Gold, Silver and Bronze sponsorships at the end of this newsletter and see which would best showcase your company and support HPGS. Your sponsorship can be mailed to HPGS at P. O. Box 3714; Honolulu, HI 96812. Feel free to contact me at 808-426-7852 or email c.hara@mckaimuki.com with any questions.

MISSION STATEMENT

The mission of the Hawaii Pacific Gerontological Society shall be to provide professionals and students in the field of aging with vital information, workshops, networking, and scholarships to enhance the gerontology workforce, to support the creation of needed policies and programs, and to deliver excellent service to the aging population in Hawaii and the Pacific.

NEW HPGS MEMBERS

Individual Member

Kimberly Oshiro

JOB OPENING

Take your first step towards a fulfilling and challenging career by training to be a Nurse Aide at The Hi'olani Care Center at Kahala Nui. A CNA career is filled with promise, pride, self satisfaction, choices, challenges, and an opportunity to have a job that is in high demand. Course includes 81 hours of classroom instruction, 21 hours of clinical experience at The Hi'olani Care Center at Kahala Nui, and 9 hours of state nurse's aide exam preparation. \$500 tuition waiver available for summer 2018 session. To enroll call (808) 218-7006 or email employment@kahalanui.com

MEMORY CARE CONFERENCE

The first annual Hali'a Memory Care Conference, featuring nationally and internationally renowned experts in the field of Alzheimer's disease and other forms of dementia. It is designed to provide both care partners and those within the professional community, a unique opportunity to learn more about the latest in dementia research, as well as the medical and non-medical approaches to dementia care, in one setting at the Hyatt Regency Waikiki on Thursday, June 21st from 8am to 3pm.

This conference is open to the public, appropriate for both caregivers and the professional community. With a minimum \$25 donation to the Alzheimer's Association Aloha Chapter, registrant will receive admission, complimentary self parking and morning beverages with boxed lunch. Register at MemoryCareConference.com.

Save Date

The 2018 conference, entitled "Facing the Future Together," is the 20th held by HPGS and will be on September 6th & 7th at the Ala Moana Hotel. Co- Chairpersons, Percy Ihara and Darlene Canto, are working with committees and welcome other interested persons to participate. Contact either Percy at 808-234-3117 or Percy@Generations808.com OR Darlene at 808-218- 7200 or dcanto@kahalanui.com.

AN UPDATE FROM CARING ACROSS GENERATIONS

Great news! The Kupuna Caregivers program was approved in April for a second year of funding for \$1.2 Million dollars, which doubles the amount from last year and doubles the amount requested by the Governor. The Senate and House budget conference committee approved the budget, which includes full funding for Kupuna Care as well as the ADRC's. The program has finally made it into the state base budget, something everyone working with the legislature has been trying to achieve for 22 years.

Many thanks to all the advocates who have worked so hard on this and the Executive Office on Aging and ADRC's who have put so much work into this as well and to the legislators who worked together to make sure the program continued.

BOOK SHARING

When the family of Tony Lenzer had the Celebration of Life at 15 Craigside in April, they had a table full of his books to donate to anyone in attendance. By the end of the evening, all the books were gone. The book that Executive Director Sherry Goya took was called "What's so funny about getting old?" by Ed Fischer and Jane Thomas Noland.

As she doesn't really have time to read books, Sherry did flip through and found a few funny things to share with HPGS members:

You know you're getting old when:

Your joints buckle and your buckles won't.

You resort to slip-on shoes.

The pucker marks around your mouth are not from puckering up.

Your head makes promises your body can't possibly keep.

You can't find your glasses without your glasses.

SUPPORT DEMENTIA FRIENDS HAWAII

This past January a diverse group of caring individuals in Hawaii joined a global social movement called Dementia Friends Hawaii. The movement aims to raise public awareness about dementia and encourage positive actions. For example, a Dementia Friend might offer assistance to an elder who appears lost or confused in at a bus stop. A Dementia Friend could help lead museum tours for a group of people dealing with memory loss but who enjoy going on social outings with their peers.

The movement is underway as groups such as 'Iolani School students, the Rotary Club, bank employees and senior groups have participated in a Dementia Friend information session, which includes an overview of dementia, ideas about how to be supportive of those in the community with dementia, and a pledge to take action.

Dementia Friends Hawaii is a collaboration of Age-Friendly Honolulu Initiative, the Hawaii Alzheimer's Disease Initiative, and the State ADRD Taskforce. For more information, email Christy Nishita at cnishita@hawaii.edu.

BOY SCOUTS VISIT KALAKAUA GARDENS



The Boy Scouts were at **Kalakaua Gardens** on May 26th to make lei with residents for Memorial Day. Together, they made 400 lei from donated flowers, and all were placed at Punchbowl Cemetery.

HPGS BOARD MEMBERS



Melissa Mansfield is the Director of Assisted Living & Memory Support at Hi'olani Care Center at Kahala Nui. She has recently completed a Master's Degree in Gerontology with an emphasis on Aging Studies and Business Administration; in addition, she is a credentialed professional gerontologist awarded through the National

Association for Professional Gerontologist [NAPG]. Her involvement in the community; in addition to affiliations that focus on aging topics and research includes, West Oahu Community Partners Coalition, National Association for Professional Gerontologists, The Gerontological Society of America, American Society on Aging, Kokua Mau Hospice and Palliative Care, Kahala Nui Volunteer, Hospice Hawaii Volunteer, Association for Gerontology in Higher Education (AGHE), and Kupuna Caucus. Co-host with Percy Ihara with Generations Radio.



Christy Nishita, Ph.D. is an Associate Specialist at the University of Hawaii Center on Aging and Center on Disability Studies. She received her Ph.D. in Gerontology from the University of Southern California. Her focus is on improving community-based long-term care, with publications on aging in place, nursing home transitions, intergenerational

programming, and health promotion. She is the consultant for the Mayor's Age-Friendly Honolulu Initiative, fostering community intergenerational partnerships and conducting the evaluation. Dr. Nishita is also Principal Investigator for Hawaii's Alzheimer's Disease Initiative, a 3-year grant from the Federal Administration for Community Living. She is also evaluator for the Hawaii Going Home Plus project, a federal Centers for Medicare and Medicaid Services grant. She is the recipient of the 2016 Na Lima Kokua Award in the Research/Teaching category, given by the Hawaii Pacific Gerontological Society. She is also Co-Coordinator for the Journal of Intergenerational Relationships, From the Field section as well as member of the Association for Gerontology in Higher Education's Intergenerational Learning and Research Committee.

MEDICARE ADVANTAGE INFO

The Centers for Medicare & Medicaid Services (CMS) announced that Medicare Advantage (MA) plans would officially be allowed to cover non-skilled home care services starting in 2019.

CMS stated that it is relaxing a prohibition on Medicare Advantage coverage of "daily maintenance" services, which is explicit on the purposes of the benefit expansion, including to "compensate for physical impairments" or "reduce avoidable emergency and health care utilization." Personal care providers appear to be ideally positioned to deliver on these goals. However, CMS also put parameters around the new benefit, including that it must address "specific illnesses and/or injuries." This could mean that MA plans will limit the benefit to people with a diagnosis, perhaps starting with diabetes.

While there are reasons for Medicare Advantage providers to be cautious in rolling out this new benefit, doing so would fit into long-developing trends and build on relationships that the insurers have forged with providers. Consumer preferences could also drive MA plans to add personal care benefits. Insurers are sensitive to their customers, not wanting to lose enrollees, and there's no doubt about where seniors prefer to live and receive health care services as they grow older: in the home. Read the full article on Home Healthcare News: <https://homehealthcarenews.com/2018/04/home-care-providers-plan-to-seize-new-medicare-advantage-opportunity/>

2018 HAWAII OUTSTANDING OLDER AMERICANS AWARDS CEREMONY AND LUNCHEON



On Friday, June 1, the 2018 Hawai'i Outstanding Older Americans Awards Ceremony and Luncheon was held at Kahala Nui Senior Living Community. This year's theme is Engage at Every Age, which is the National Theme. This event is hosted by the Policy Advisory Board for Elderly Affairs every year. The Governor and the mayors from the four islands had all proclaimed May 2018 as Older Americans Month.

This year's program was emceed by Representative Greg Takayama and he introduced the Awards recipients for this year's program:

- From the County of Maui, Ms. Clara Felix and Mr. William "Bill" Kinaka
- From the County of Honolulu, Ms. Lynette Kumalae and Mr. Carl Nakamura
- From the County of Kaua'i, Ms. Janice Nitta and Mr. Peter Rayno
- From the County of Hawai'i, Ms. Sally Dela Cruz and Mr. Simplicio "Sam" Baldado

The recipients of this year's awards were individually recognized and were presented with a beautiful lei, a medallion, and a certificate from the Governor.

The Governor addressed the attendees with a message about how proud and impressed he is with the continued contributions of our kupuna and Mrs. Ige accompanied her husband to the luncheon. There were representatives from the community, the Executive Office on Aging, the Area Agencies on Aging from the four islands, and members of the Policy Advisory Board for Elderly Affairs. It was exciting and fun, with wonderful food supplied by Kahala Nui and great entertainment by Don Conover and Ernest Harada.



HPGS UNDERGRADUATE AND GRADUATE SCHOLARSHIPS 2018

The Hawaii Pacific Gerontological Society (HPGS) raises funds and awards scholarships to college students interested in careers involving aging and older people. These scholarships are funded by generous donations from the Brodhead family, Assisted Living Options Hawaii, and many individual donors. Each year, HPGS offers Undergraduate and Graduate Scholarships for students who have a serious interest in professional work related to aging, long-term care, and/or death and dying.

To be **eligible** for a scholarship, students must meet ALL of the following criteria: (a) Be enrolled in a degree program at any UH campus, HPU, BYU- Hawaii, or Chaminade; (b) Have two or more semesters to complete before graduation; and (c) Have a GPA of 3.0 or higher.

Applications must be sent by email to Christy Nishita at: **cnishita@hawaii.edu**, with the below components attached as **one (1) combined PDF**. The **DEADLINE is Monday, July 13, 2018**, to be considered for the following academic year. This year, HPGS will offer **three (3) \$2,000 awards**.

Instructions for Applying **ALL Students: Answer Questions 1 – 11**

Please cover all of the following points, numbering each section as indicated below. Your statements should be complete, and as concise as possible.

1. **Personal Information:** Name, address, phone number, and email address.
2. **Educational Information:** College or university you are currently attending, degree program, current GPA, expected date of graduation
3. **Relevant Academic Coursework:** Credit courses or internships you have taken in the past or are currently taking, specifically related to aging, long-term care and/or death and dying. Indicate the institution offering the course, and when it was taken.

4. Relevant Non-Credit Learning Experiences: Conferences, lectures, seminars or other non-credit activities you have attended or are currently attending, specifically related to aging, long-term care, and/or death and dying. Indicate the name of the activity and when it was taken.
5. Aging-Related Volunteer Work for a Community Organization, Public Agency, or Legislative Body, or unpaid caregiving experience with an older person: Indicate the name of the organization(s), describe your volunteer or caregiving work, dates, and duration (number of months).
6. Aging-Related Paid Employment: Indicate the name of the employing organization(s), your job title(s), a brief description of your responsibilities, and when and for how long (number of months) you were employed.
7. Reason for Interest in Gerontology: Describe and be as specific as possible.
8. Future Career Goals: Describe and be as specific as possible.
9. Financial Need: Describe and be as specific as possible.
10. Scan and include one copy of your latest transcript.
11. Scan and include one letter of recommendation from an academic advisor, instructor, or supervisor.

Graduate/Medical Students ONLY: Answer Questions 12. And 13.

12. If in a Gerontology Certificate Program or Gerontology/Geriatric Track - Give the name of that program or track, and the number of required credits.
13. If you are doing a Thesis or Dissertation on an Aging-Related Topic - Give the title of your thesis or dissertation, a one-sentence description, and expected date of completion.

A review committee will give careful consideration to each application and will e-mail all applicants with their decision the week of August 6, 2018.



HPGS CONFERENCE

“FACING OUR FUTURE TOGETHER”

September 6-7, 2018

Gold Sponsor (donation of \$6,000 and more):

- Donor's banner to be placed at the conference. Donor provides own banner.
- Donor's display poster to be placed at the conference. Donor provides own poster.
- Gold Corporate Sponsor acknowledgement in program
- 4 conference guest tickets and full validated parking at the Ala Moana Hotel
- Exhibitor's table, with full parking validation and **2** complimentary lunches for exhibit representatives **and 1** full size page advertisement space in the conference program.*

Silver Sponsor (donation of \$3,000):

- Donor's display poster to be placed at the conference site.
- Silver Corporate Sponsor acknowledgement in program
- 2 conference guest tickets and full validated parking at the Ala Moana Hotel
- Exhibitor's table, with full parking validation and **2** complimentary lunches for exhibit representatives **and** ½ of a full size page advertisement space in the conference program.*

Bronze Sponsor (donation of \$1,500):

- Donor's display poster to be placed at the conference.
- Bronze Corporate Sponsor acknowledgement in program
- 1 conference guest ticket and full validated parking at the Ala Moana Hotel
- Exhibitor's table, with full parking validation and **1** complimentary lunch for exhibit representative

*All print ads must be camera-ready and supplied by the sponsor