



hawaii pacific gerontological society

Volume 39, No. 2

February 2018

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HPGS members are welcome to submit articles of interest, pictures and articles from events, notices of job openings, committee reports, etc. Please submit your article and/or picture by the second Monday of every month to Sherry Goya, HPGS Executive Director, at [sgoyallc@aol.com](mailto:sgoyallc@aol.com).

**PRESIDENT'S MESSAGE**



CALVIN HARA, PRESIDENT

The 2018 year is looking to be a busy year—in this month’s HPGS newsletter, you will hear about the Hawai’i State Legislative bills as it relates to aging, The Center of Aging’s kick-off of training in the community with its Dementia Friends program, and the upcoming HPGS bi-annual conference in Honolulu. In addition, HPGS is co-sponsoring dementia training this year in Kauai, Maui and Hawai’i islands.

Sometimes I am asked by a teenager or person under age 30 why an organization such as HPGS is necessary. I appreciate that question because it is very important that all generations, which reflects all ages, understand the need for research, planning, services, care, advocacy and laws which benefit older adults. Our kupuna, who dedicated their lives for the benefit of the community for which they thrived, helped pave the way for a good life for all. It is now all of us, HPGS included, the students in school now, to understand the history lessons of the past. The students will shape the way how adults today will receive services as kupuna in the future.

It is the call to action now that HPGS, its memberships and friends must step up to the plate and participate – from advocacy at the legislature, being dementia friendly to learning at the HPGS conference. I encourage you to take a moment to decide your participation level in these area so the lives of kupuna, your peers and the youth will be the very best life in our community.

**MISSION STATEMENT**

The mission of the Hawaii Pacific Gerontological Society shall be to provide professionals and students in the field of aging with vital information, workshops, networking, and scholarships to enhance the gerontology workforce, to support the creation of needed policies and programs, and to deliver excellent service to the aging population in Hawaii and the Pacific.

## NEW HPGS MEMBERS

### Company Member

#### Healthcare Association of Hawaii

Andrew Garrett  
707 Richards Street, #PH2  
Honolulu, HI 96813  
P: 808-521-8961  
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E: agarrett@hah.org  
W: www.hah.org

#### Kokua Mau

Jeannette Kojiane  
P. O. Box 62155  
Honolulu, HI 96839  
P: 808-585-9977  
F: 808-988-3877  
E: info@kokuamau.org  
W: kokuamau.org

## FREE TAX RETURN PROGRAM

Info from the Honolulu Star-Advertiser's Kokua Line: The AARP Foundation's Tax-Aide program, provided by AARP Hawaii, has volunteers who will help low-to-moderate-income taxpayers prepare and file basic federal and state income tax returns. There is no fee and AAR membership is not required. There are a number of organizations and groups throughout Oahu who provide this service during specified days and times. English is spoken at all sites. The tax preparers are volunteers who are trained and certified by the Internal Revenue Service.

Interested individuals must come prepared with all necessary identification and paperwork, including a copy of last year's U.S. and Hawaii income tax return, if available. Tax-Aide locations, including on the neighbor-islands, can be obtained by calling 888-227-7669 or checking 808ne.ws/taxaide2018.

## SCHOLARSHIP DONATION

At the end of 2017, there was a combined donation of \$600 to the scholarship fund from Generations Magazine, Sherry Goya, Wesley Lum, Chris Prendergast, Colby Takeda, and Eldon Wegner. HPGS thanks all of them for their contributions.

In January 2018, HPGS was the recipient of a \$5,000 scholarship donation from Carol Ann and Mark Solien, that will directly benefit those studying to work in Hawaii's gerontology field, all due to their love and support of Tony Lenzer.

They wanted HPGS members to know that they "hope it will help with this year's scholarships and perhaps, generate interest for future scholarships in Gerontology. Most importantly, our gift is a small tribute and thanks to the dedication of Tony Lenzer to gerontology."

*Excerpts from Tony's thank-you letter:*



"I am writing to express my delight and sincere thanks for your donation of \$5,000 to the Hawaii Pacific Gerontological Society scholarship fund. Yours is one of the largest donations we have ever received in support of the education of Hawaii's gerontology workforce." Tony closed by writing, "Your generous donation, together with monies from the scholarship dinner in November, will allow us to increase the number of grants for the coming year."

It is with a heavy heart that HPGS announce the passing of our founder, Dr. Anthony "Tony" Lenzer on Thursday, February 8th at 3:30pm in Kaiser Hospital with all his children by his side. One thing that his daughter said was a highlight in his career as a gerontologist was that he very much appreciated the HPGS dinner in November which honored him. She said, "He never stopped being a gerontologist!"

## KUPUNA CAUCUS

Aloha Kupuna Caucus members:

In response to a question at Friday's Caucus meeting, the State Executive Office on Aging has forwarded the attached table showing projected numbers of caregivers who could receive assistance if the Kupuna Caregivers program received funding of \$4 million in the next fiscal year.

The table shows each county and the funding distribution per county. The output figures in Columns C, D, and E reflect the number of individuals served if they received services at 5 days a week, 3 days a week, and 2 days a week (with a ceiling of \$70 per day).

### Kupuna Caregivers Output projections

Table 1	Funding at \$4 mil	Column C	Column D	Column E
County	Funding	5 days a week	3 days a week	2 days a week
Kauai	\$418,767.26	23	38	58
Honolulu	\$2,257,791.38	124	207	310
Maui	\$559,320.44	31	51	77
Hawaii	\$764,120.92	42	70	105
Total	4,000,000.00	220	366	549

February 2, 2018  
Provided by DOH, Executive Office on Aging

## FREE AARP

### MAUI

#### Positive Approach to Dementia Care Workshop

"Challenging Behaviors in Dementia  
Care, Recognizing Unmet Needs"  
Saturday, March 10th, 9am to noon  
Kaunoa Senior Services  
- Wellness Building  
401 Alakapa Place - Paia, Maui  
Call 1-877-926-8300 or online at  
<https://aarp.event.com/positive3-10>

### OAHU

#### Home for Life Workshop

Saturday, March 17th  
from 9am to noon  
Honolulu Japanese Cultural Center  
Register: Call 1-877-926-8300 or online  
at <https://aarp.event.com/home2-17>

#### Caregiver Conference "Caring for Family, Caring for Yourself"

Saturday, March 24, 2018  
Honolulu Japanese Cultural Center  
2454 S. Beretania Street Honolulu  
8:00 a.m. to 12:00 noon  
Register online at  
<https://aarp.cvent.com/care32-4>  
or call 1-877-926-8300.  
Parking: \$6.00  
Coffee and scones will be served.

#### SPEAKERS:

What Family Caregivers Want...  
And How to Help Them Get It  
Eric Schneidewind,  
AARP National President

Challenging Behaviors in Dementia  
Care, Recognizing Unmet Needs  
Dorothy Colby,  
Certified Positive Approach to  
Dementia Care™ Trainer

### HAWAII

#### Positive Approach to Dementia Care Workshop

Saturday, March 31st, 9am to noon  
Hawaii ADRC - 1055 Kinoole  
Street - Hilo, Hawaii  
Call 1-877-926-8300 or online at  
<https://aarp.event.com/positive3-31>

## GET TO KNOW THE HPGS 2018 BOARD

### Calvin Hara, HPGS President



Calvin is the Executive Director and Administrator of Manoa Cottage's care homes and skilled nursing facility returned to Oahu after 25 years of long term care experience in Northern California multi-level retirement communities. Hara was born in Honolulu and raised in Kaimuki, He strongly believes that the highest quality of care and services must be provided to kupuna. His involvement with the community includes the Boy Scouts of America Aloha Council, Alzheimer's Association Aloha Chapter, Rotary Club of Kahala Sunrise and the Kaimuki Business and Professional Association.

### Percy Ihara, HPGS Past President



Percy is the publisher/editor of Generations Magazine, Hawai'i's only print media resource magazine for the state's 50+ readers: seniors and their families. He is also the host of Generations Radio, on AM 690 KHNR "The Answer," every Saturday and Sunday, informing seniors and their families statewide about important events, issues and resources to improve their quality of life. Generations TV started in October 2017, with weekly half-hour shows on OC16, Channel 12. Percy currently serves as director on the boards of the Arthritis Foundation of Hawai'i (AFH), Financial Planners Association of Hawai'i (FPA), American Society of Aging (ASA), and AARP Chapter 60. He is a Member the State of Hawai'i's Executive Office on Aging's Task Force for Alzheimer's, the Hawai'i State Plan on Fall Prevention, Kupuna Caucus, and Kokua Council. Percy is also the 2018 Chairman for the Hawai'i Pacific Gerontological Society's Biennial Conference to be held September 6 & 7th at the Ala Moana Hotel.

## LET'S TALK STORY



Kokua Mau invites HPGS members to two events to be held at the Church of the Crossroads (1212 University Avenue) on **February 25th**, with the Rev. Rosemary Lloyd, who will be preaching at the 10:30am service on "A Time to Talk," sharing some of her experiences working nationally on how faith matters in working with people facing serious illness. Following the service, there will be a 1-1/2 hour workshop to help people start the conversation and engage in essential, values-used conversations about what matters most about living, caring for those with serious illness and end of life conversations. RSVP to [info@kokuamau.org](mailto:info@kokuamau.org) or call 808-585-9977. For more Kokua Mau, visit [www.kokuamau.org](http://www.kokuamau.org).

# Presenting: 2018 Workshop Series for Caregivers of Persons with Memory Loss



**Dorothy Colby** is Certified Positive Approach to Care™ Trainer and national mentor, with more than 20 years of professional and personal experience caring for people with dementia. She is Administrator for Hale Ku'ike Memory Care Home in Nu'uano.

✿ **Normal vs. Not Normal Aging** - Understanding the Difference, *Friday, February 16, 3:30-5:30pm*

✿ **GEMS, More Than Just Loss** - Dementia Progression Patterns, *Friday, March 9, 3:30-5:30pm*

✿ **It's All in Your Approach** - Making Positive Connections, *Friday, April 13, 3:30-5:30pm*

✿ **Challenging Behaviors** - Recognizing Unmet Needs, *Friday, May 11, 3:30-5:30*

✿ **Dining with Dementia** - Techniques to Bring Joy to the Table, *Friday, June 8, 3:30-5:30pm*

✿ **End of Life Care & Letting Go** - Providing Care in the Final Stages of Dementia, *Friday, July 20, 3:30-5:30pm*

Positive Approach to Care™ seminars, developed by dementia advocate Teepa Snow, provide essential information for families and professional care partners on how to have a positive and meaningful relationship with loved ones with Alzheimer's disease and other forms of dementia throughout their journey.

✿ **WHERE: Diamond Head Room, Kahala Nui**, 4389 Malia St., Honolulu, HI 96821

Parking Instructions will be given to registrants prior to workshop. Refreshments provided.

✿ **COST: \$12.61 per session (\$10 + EventBrite registration fee of \$2.61)** Please register online.

**EVENTBRITE REGISTRATION LINK:** <https://www.eventbrite.com/e/2018-positive-approachtm-to-dementia-care-workshop-series-for-caregivers-of-persons-with-memory-loss-tickets-41686844474>

For questions about the workshops, please contact: Jody Mishan, (808) 295-2624 or [jmishan@hawaii.rr.com](mailto:jmishan@hawaii.rr.com)



This workshop series is made possible by a grant to UH Center on Aging from the Administration on Community Living/Administration on Aging for the *Alzheimer's Disease Initiative – Specialized Supportive Services Program*