



"Creating a better Hawaii for our elders"

HPGS Quarterly Newsletter

Volume 23, Issue 1

April 2012

HPGS News	
Seeking Exhibitors for HPGS Conference	2
Seeking Nominations For "Na Lima Kokua" Awards	2
Message From the President	3
Great Turnout for HPGS March Quarterly Meeting	3-4
Call for HPGS Newsletter Articles	4
HPGS E-mail List	4
Local News	
The Value of Continuing Education for Care and Foster Homes – An Evaluation	4-5
Groundbreaking for St. Francis Intergenerational Center	5-6

Career Day in Aging
Thursday, April 19, 2012
11:30 a.m.-1:30 p.m.

**Queen Liliuokalani Student Services Building,
University of Hawaii Manoa Campus, 4th floor**

Professionals in aging will lead round table discussions in their respective fields, including law, business, social work, health care, and government/policy.

Food and drinks will be provided to attendees.
Co-sponsored by Sigma Phi Omega Honors Society in Gerontology and the UH Center on Aging.

**"Alzheimer's Disease: A Time For Action":
Video Presentation and Panel Discussion**
Thursday May 3, 2012
5:30 p.m.-7:30 p.m.

**Center for Korean Studies Auditorium,
University of Hawaii Manoa Campus**

This evening will include an inspiring video entitled "Alzheimer's Disease: A Time For Action," panel discussion, and reception with light pupus.

Co-sponsored by the American Society on Aging, UH Center on Aging, UH School of Social Work, and the Alzheimer's Association of Hawaii.

**17th Biennial Conference
Transforming Hawaii's Aging Future:
Innovate, Integrate & Invigorate
September 10-11, 2012
Hilton Hawaiian Village, Honolulu, HI**

The 2012 Hawaii Pacific Gerontological Society Conference will provide a forum to discuss ideas and exchange knowledge to help make Hawaii a better place to grow old. The conference will be organized along three main topics:

- Innovation: innovative programs and technologies that have improved the quality of life of older adults;
- Integration: the successes and challenges on integrating services within and/or across health and social sectors; and
- Invigoration: policies, research and practices that energize and empower our community to meet social, health and economic challenges an aging population brings.

The conference will feature keynote speakers, plenary sessions and concurrent sessions of paper, panel and workshop presentations.

Call For HPGS Conference Proposals

Deadline for conference proposals: Friday, April 13, 2012

The Presentations Committee invites prospective conference participants to submit a presentation proposal that addresses the conference theme. For the Call for Proposal form online, visit <http://www.hpgs.org/advocacy-outreach.htm>

For questions, please contact the Presentations Committee Co-Chairs:

- Sarah Yuan at (808) 956-5939 or sarah.yuan@hawaii.edu
- Dawn Meaney at (808) 626-8807 or DMeaney@plazaassistedliving.com

Seeking Exhibitors for HPGS Conference

**Deadline for exhibitor applications:
June 29, 2012**

Exhibit areas are scheduled for September 11, 2012, the second day of the conference.

For this year's conference, HPGS is collaborating with the Pacific Islands Geriatric Education Center (PIGEC) and the Hawaii Medical Directors Association (HMDA), who will host a long-term care segment. The PIGEC has been training Hawaii's health professionals since its establishment in 1987. The HMDA is a professional association of medical directors and attending physicians practicing in the long-term care continuum in the State of Hawaii.

Over 400 people are expected to attend this year's conference, both locally and nationally, from areas including:

- Elder care practitioners (physicians, directors of nursing, rehabilitation therapists, and social workers) in the health and human services field
- Businesses providing financial, legal, and other products and services to the older population
- Administrators, managers, and planners in public, private, and non-profit agencies, serving both older adults and other populations
- Charitable and faith-based organizations
- Applied researchers, students, and advocates

Exhibitor Booths are available as follows:

- ▶ \$200 per booth (Non-profit rate)
- ▶ \$300 per booth (For-profit rate)

Fee includes: one (1) skirted table (6' x 30") and two (2) chairs.

Exhibitor Advertisements in the Conference Program are available for an additional fee:

- ▶ \$250 for a business card size advertisement

- ▶ \$500 for a 1/4 of a full size page advertisement
- ▶ \$750 for a 1/2 of a full size page advertisement
- ▶ \$1,000 for a full size page advertisement

Must be a registered exhibitor to purchase advertisement space in the conference program. All print ads must be camera-ready and supplied by the exhibitor.

For more information, please visit <http://hpgs.org/advocacy-outreach.htm> or please contact the Co-Chairs of the Exhibits Committee:

- Cynthia Arnold at (808) 221-8345 or seniormovers@gmail.com
- Kyle Yanabu at (808) 638-3881 or kyanabu@linksconsulting.com

Seeking Nominations For "Na Lima Kokua" Awards

Deadline to submit nominations: April 27, 2012

HPGS is seeking nominations for "Na Lima Kokua" Awards to be given to individuals residing in Hawaii, or businesses operating in Hawaii, for two years or more who have strived to make a unique contribution to the elderly. Those eligible would be individuals and businesses who have helped to enhance the image of aging or who have promoted the field of gerontology. Also, nominees must not have previously won this award in any category. The nomination form, which is included as an insert in this newsletter, must accompany all nominations. Please attach the nomination form to a brief (no more than one page) write-up of the person or business being nominated.

For more information, please contact Susan Michihara at 432-7158 or susan.m.michihara@kp.org

The award winners will be honored at the 17th Biennial Conference of the Hawaii Pacific Gerontological Society to be held at the Hilton Hawaiian Village Beach Resort and Spa on September 10-11, 2012.

Message From the President



On December 8, 2011, the HPGS Board welcomed and initiated new members and bid aloha to outgoing members during a luncheon at the Seafood Village Chinese Cuisine at the Hyatt Regency Waikiki. New board members and officers include Christy Nishita (member-at-large),

Felicia Marquez-Wong (president-elect), and Dane Marcouiller (member-at-large). Kyle Yanabu (treasurer), Merlita Compton (member-at-large), and Tony Lenzer (member-at-large) graciously agreed to serve another term. Dawn Meaney (past-president), Shannon Miyazaki (secretary), Earl Bradbury (member-at-large) and Michiyo Tomioka (member-at-large) are continuing their existing terms. Leslie Tanoue and Brenda Lau ended their Board terms – we are so appreciative of their contributions and efforts in moving HPGS forward. We truly have a wonderful and diverse mix of gerontology professionals on the Board for 2012!

I would also like to thank and recognize Dawn Meaney for her excellent leadership as HPGS' President in 2011. Under Dawn's direction, HPGS succeeded in developing and implementing policies and procedures for HPGS committees, successfully increasing attendance at quarterly meetings, continuing much needed outreach to the Neighbor Islands and holding at least one quarterly meeting (in 2011) on Kauai, and always working to increase HPGS' membership.

On February 4, 2012, the Board held a Mini-Retreat to determine focus and goals for 2012. The Board agreed on five goals for the year: (1) Research the ability to provide Continuing Education (CE) credits at Quarterly meetings and if feasible, implement it, (2) continue to build relationships and partnerships with other organizations, (3) develop a more effective and functional website, (4) increase membership to 500 people, and (5) explore various methods of fundraising.

During 2012, the Board will also support and assist with the HPGS Biennial Conference: Transforming Hawaii's Aging Future: Innovate, Integrate & Invigorate. The Conference Committee, under the leadership of Shannon Miyazaki, is working hard to make this a very successful conference! Mark your calendar for September 10-12, 2012!

The Board continues to seek and encourage member participation in Committee programs and projects. If you are interested, please email me at ssschulberg@15craigside.org or call me at 533-5408. Receiving member feedback, ideas and suggestions always enhance our Committees and HPGS as a whole.

In continuing with our practice of offering a quarterly meeting on a neighbor island once a year, the Programs Committee is planning to hold the June quarterly meeting on the Big Island. Be sure to look for more information on this event as the date nears.

2012 is going to be an exciting year! I'm truly honored to serve as your President and very fortunate and thankful to be serving on a Board with such competent, experienced and knowledgeable professionals who are dedicated and committed to gerontology and HPGS' mission.

Aloha,
Suzie Schulberg

Great Turnout for the HPGS March Quarterly Meeting

By: Suzie Schulberg

Our March quarterly meeting focused on the caregiving experience and support services that are available in the Honolulu community. HPGS Board Member, Christy Nishita, moderated a panel featuring two knowledgeable and experienced professionals in the industry. Jody Mishan, Writer/Producer, former caregiver and current caregiver advocate and Gary Powell, Executive

Director of the Caregiver Foundation of America shared their perspectives and thoughts on the caregiver experience, challenges and services available in the Honolulu community.



The panel (left to right): Jody Mishan, Gary Powell, and Christy Nishita

Our next quarterly meeting will be in June and will be held on the island of Hawaii! More information to come as details are confirmed.

Call for HPGS Newsletter Articles

Please e-mail announcements, short articles (3-5 paragraphs long), jokes, cartoons, or pictures (including captions) that may be of interest to individuals in the gerontology community that you want to include in the June 2012 issue to hpgs.hawaii@gmail.com by June 1, 2012. Depending on relevancy, urgency, and available space, not all articles submitted may be included. Content may also be edited.

HPGS E-mail List

If you have not been receiving e-mail updates and would like to, please e-mail us at hpgs.hawaii@gmail.com with your name (first and last) and e-mail address. Please also inform us if you would like to receive the quarterly newsletter via e-mail instead of snail mail.

LOCAL NEWS

The Value of Continuing Education for Care and Foster Homes - An Evaluation

By: Christy Nishita, Ph.D.

Beginning in October 2009, a training project has strived to upgrade the skills and capacities of caregivers in adult residential care homes and adult foster homes. The Kapiolani Community College's Kupuna Adult Care Home Project was generously funded by the Hawaii Community Foundation and led by Kupuna Education Center Director Dr. Cullen Hayashida and Emelyn Kim, lead trainer. Dr. Christy Nishita, Researcher at the University of Hawaii Center on Aging and HPGS Board Member, is evaluating the project.

Currently, the project successfully developed 9 training modules and provided 11 trainings to 787 foster home and care home caregivers through November 2011. Topics included recreational activities, fall prevention, diabetes, incontinence, and nutrition and dining. Each training session consisted of two parts: a PowerPoint presentation and a breakout session. Trainees were provided with a packet of handouts to take home. The training program was evaluated using individual pre- and post-tests as well as session evaluation surveys. Findings from individual session evaluations indicated that the training sessions met objectives, and the quality of the trainer and materials were consistently high. The evaluation also found consistent improvement in scores from pre-test to post-test across all training sessions, suggesting that the trainings improved caregivers' knowledge of the topics.

As a next step, the project will examine options to institutionalize and sustain training modules. The overarching goal of the project is to improve the quality of care provided to care homes and foster homes statewide. As small residential care facilities

increasingly become the primary focal point for nursing level care in the next decade, more needs to be done to assure that quality care is provided.

For more information, see the report at www.kupunaeducation.com or call Emelyn Kim at 734-9108.

Groundbreaking Ceremony for St. Francis Intergenerational Center

Submitted by: Nathan Hokama

By this fall, the new St. Francis Intergenerational Center in Ewa Villages will address two important needs of West Oahu residents who are in the “sandwich generation.” They will be able to drop off their aging parents and young children at one location, knowing that their family members will receive proper nurturing and care.

St. Francis Healthcare System of Hawaii held a groundbreaking ceremony on Thursday, January 26, for the intergenerational center that will bring kupuna and keiki together for shared experiences. The 15,000-square-foot St. Francis Intergenerational Center will feature separate entrances; an adult day care room and lounge; four preschool classrooms; and an accessory use kitchen, where lunch will be prepared for the center.

The facility will be located across the street from St. Francis’ Franciscan Vistas Ewa, a 149-unit senior independent living community that is 100% leased. Both ministries are situated on land that St. Francis Healthcare System purchased from the City and County of Honolulu in 2003.

The adult day center will have the capacity to serve up to 42 adults each day, providing supervised support to those who may need assistance with activities of daily living and companionship during the day so that their caregivers can continue to work or receive respite. Key benefits of adult day care are preventing loneliness and depression in older adults and reducing stress for caregivers.

Annually, the preschool is anticipated to serve up to 92 youngsters age 2 to 6 years, offering a Montessori-based program that will help prepare them for kindergarten and develop a positive attitude toward aging.

Bringing the Two Generations Together

The Sisters of St. Francis and St. Francis Healthcare System opened the Sister Maureen Intergenerational Learning Environment, doing business as Franciscan Adult Day Center in Manoa in 1996.

The center provides a safe environment for participants to engage in a range of structured activities to enhance their quality of life and well-being. Activities include intergenerational learning experiences, exercise, arts and crafts, music and field trips. With the growing elder population and need for more services, St. Francis is replicating this social model for West Oahu communities.

“This new development is another way of carrying on the legacy that Blessed Marianne Cope (who will be declared a saint this year) established in our Islands more than 128 years ago. She was a pioneer in her day, and in the same way, the Sisters of St. Francis were the first in Hawaii to look at the benefits of developing a bond between the elderly and young children,” said Jerry Correa, newly appointed president and chief executive officer of St. Francis Healthcare System of Hawaii. “Older adults can share their knowledge and life experiences with young children, while the children bring joy and a sense of wonder for the older adults. It’s a win-win situation for both generations.”

St. Francis Residential Care Community is overseeing the development, and St. Francis Healthcare Foundation of Hawaii is overseeing the capital campaign.

To date, in excess of \$6 million has been raised for the St. Francis Intergenerational Center. These include a lead gift of \$2 million from the Harry & Jeanette Weinberg Foundation and \$1 million each from the U.S. Department of Housing and Urban Development’s Community Development Block Grant (CDBG) program, awarded by the City and County of Honolulu, and the State of Hawaii’s grant-in-aid program. First Hawaiian Bank



hawaii pacific gerontological society

P.O. Box 3714
Honolulu, Hawaii 96812

Non Profit Org.
U.S. Postage
PAID
Honolulu, Hawaii
Permit No. 835

Foundation, an anonymous donor, McInerny Foundation, and Samuel N. & Mary Castle Foundation also made contributions.

Individual donor bricks at \$1,000 for a 4x8-inch brick and \$2,500 for an 8x8-inch brick are available and will be prominently displayed in the courtyard of the intergenerational center. For more information on the donor bricks, call 547-8030.

The project team includes R.M. Towill Corporation (engineer), Alakea Design Group (architecture), and Miyabara Associates LLC (landscape architecture). The building will feature several green and sustainable design features, such as high efficiency air conditioning systems, low-flow plumbing fixtures, gas appliances, Energy star refrigerators, photo voltaic roof panels, LED/CFL lamps, occupancy controlled lights, air hand dryers in restrooms, and more.

Construction period is six months, with the intergenerational center slated to open in the fall of 2012.



Left to right: Jerry J. Correa, Jr., president and chief executive officer of St. Francis Healthcare System of Hawaii, Sister Patricia Burkard, general minister of the Sisters of St. Francis of the Neumann Communities; Sister Agnelle Ching, chief sponsorship officer, St. Francis Healthcare System of Hawaii; Sister William Marie Eleniki, president, St. Francis Healthcare Foundation of Hawaii; Sharon Shiroma Brown, president, First Hawaiian Bank Foundation; Governor Neil Abercrombie; Mayor Peter Carlisle; Gailene Wong, grant director, The Harry and Jeanette Weinberg Foundation; and Paula Boyce, of Bank of Hawaii representing McInerny Foundation.