



hawaii pacific gerontological society

Volume 41, No. 8

August 2020

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P. O. Box 3714
Honolulu, HI 96812
www.hpgs.org

PRESIDENT'S MESSAGE



EILEEN PHILLIPS, PRESIDENT

Aloha Kakou!

I hope this newsletter finds you and your family members well. As the number of Covid-19 cases trend up in our communities here on Oahu, it is important to maintain the diligence that I know all of you have been practicing. Time will go by and we will get thru this painful task of searching for ways to maintain our social outlets. Hang in there! The vaccine is on its way! Remember we have been dealing with this for 6 months now. Everyday I see signs of our community businesses creating safer ways to serve our community.

I am happy to report that the virtual HPGS General Membership Meeting on July 23rd was a great success! The total number of people participating was close to 30 on Zoom. The informative panel consisting of HPGS Board members who reported on ways they were managing their practice during this Pandemic. The two questions each panel member answered were:

- 1) How has this pandemic changed how you think of infection control in your practice?
2) Has the communication about the pandemic affected your relationship with your clients and staff? How so?

The discussion remained positive and informative. I was impressed by how the different fields of work are able to create a space that is safe for our Kupuna to interact in. We are truly "Working Together through Changing Times". As I listened to the discussion there were common words used to describe the situation. Here are few: "compassion", "habits", "act as if", "protection", "understanding", "reassurance", "guidelines", "safer", "educate", "communication". One of the goals of this meeting was to provide a sense of "hope" to the community. I truly believe we accomplished this! I would expect those that attended gained perspective and reassurance, as well. Mahalo to those that participated! The next General Membership Meeting is on October 22, 2020.

Take Care of yourself and keep wearing that mask!

A hui hou!

Eileen Phillips, RN
HPGS President

MISSION STATEMENT

The mission of the Hawaii Pacific Gerontological Society shall be to provide professionals and students in the field of aging with vital information, workshops, networking, and scholarships to enhance the gerontology workforce, to support the creation of needed policies and programs, and to deliver excellent service to the aging population in Hawaii and the Pacific.

HPGS raises funds and awards scholarships to college students interested in careers involving aging and older people. Each year, HPGS offers Undergraduate and Graduate Scholarships for students enrolled in the University of Hawaii system, Hawaii Pacific University, Chaminade University, and Brigham Young University-Hawaii who have a serious interest in professional work related to aging, long-term care, and/or death and dying. This year, 2 undergraduate and 2 graduate scholarships at \$1,500 each will be awarded. Scholarship applications must be sent by email to sgoyallc@aol.com and must be received by Wednesday July 8, 2020 to be considered for the following academic year.

WELCOME TO HPGS

COMPANY

Valley of the Temples
48-200 Kahekili Highway
Kaneohe, HI 96744
808-239-8811
www.valley-of-the-temples.com

AGING IN PLACE

The Generations Magazine's annual Aging in Place has been postponed to 2021. Their Editor/Publisher, Percy Ihara, announced in the Aug/Sept 2020 issue of Generations, which will be distributed the week of August 17th, that he has two Aging in Place workshops scheduled for next March 20th and September 18th

EVENTS

St. Francis Healthcare System offers live classes online via Zoom. For more information or for help navigating Zoom, contact **Maylynn Wong** at (808) 547-8138 or mwong@stfranchshawaii.org.

Living with ALS:

Care & Caregiver Perspective

Wednesday, August 19th from 5 – 7pm
Speaker: Divina Robillard of the ALS Foundation and Nurse Educator

Knock Out Gout

Tuesday, August 25th from 5 – 7pm
Speaker: Dawn Pasikala, RN,
National Kidney Foundation of Hawaii

Declutter & Downsize

Thursday, August 27th from 5 – 7pm
Speaker: Cynthia Arnold,
Senior Move Managers, LLC

Dementia Conversation with Ohana Care

Wednesday, August 26th
from 5:30 - 7pm
Register by phone 800-272-3900

Legal Planning for Alzheimer Disease

Friday, August 28th from 2 - 3:30pm
Register by phone 800-272-3900

Brain Health Lunch Times Series

Thursday, August 27th
from Noon - 1:00pm
Register by phone 800-272-3900

A TRIBUTE AND CELEBRATION OF LIFE- ROSE NAKAMURA



Rose Nakamura, Co-Founder and Executive Director of Project Dana, passed away on July 10th, a day shy of her 92nd birthday. Rose was a visionary leader with a big heart, building the interfaith volunteer caregiver program into a vital resource to over 1200 kupuna through a network of 32 churches statewide. On November 8, 2018, HPGS honored Rose at its 2nd annual fundraiser dinner at Kahala Nui. The room was filled with

attendees who came to honor Rose's tremendous accomplishments. In true form during the dinner, Rose asked Cyndi Osajima, current Executive Director, to pass around a basket to collect more cash donations to support scholarships, which drew smiles and chuckles from attendees. All proceeds from the dinner went to HPGS undergraduate and graduate scholarships, a fitting legacy for a leader who inspired so many student interns and young volunteers over the years. Her leadership, warmth, and selfless giving will be forever missed.



HPGS WEBINARS

HPGS will hold a webinar the last Thursday of every month through the end of 2020. A big Mahalo goes out to Dan Ihara, of The Ihara Team, Keller-Williams Honolulu, for a very informative webinar held Thursday, July 30th. The tape of the webinar should be on the www.hpgs.org website this month.

For the August HPGS Webinar, mark your calendars for Thursday, August 27th from 11:30am to 12:45pm. The guest speaker will be Scott Makuakane, Counselor at Law, of Est8Planning Counsel L.L.C. His expertise is focusing exclusively on estate planning and trust law. A flyer will be emailed to all HPGS members mid-August with the link to join in on the webinar.

HPGS 2020 MEMBERSHIP DUES

The HPGS Board thanks members for their continued support with their annual dues. For the HPGS members who have NOT received a thank-you letter from Sherry Goya, HPGS Executive Director in 2020, please use the attached Renewal Membership Form to renew dues for the remainder of the year, at a discount of half price. Also, anyone who is 65 years or older, Sherry has graciously offered to pay your 2020 membership dues. Simply email or mail the completed form with an "X" before "for individuals 65 and over."

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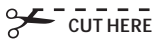
Founded in 1979, the **Hawaii Pacific Gerontological Society** is the largest nonpro t multidisciplinary group of professionals, individuals, companies and organizations in the eld of aging in Hawaii. Membership opportunities available to all islands consists of gerontology educators, students, medical and social service personnel, older adults (kupuna), caregivers, companies and organizations from every sector of the community. Federal I.D. #99-0211232

HPGS discusses, networks, and shares information about issues and policies a ecting Hawaii kupuna, to include career and job fairs, expos, webinars, etc. They also provide scholarships for undergraduate and graduate students interested in careers in aging, as well as tuition assistance for workers seeking to upgrade their knowledge in this eld.

Bene ts of an HPGS member includes:

- The HPGS monthly **newsletter** is distributed electronically and lled with age-related news, events, activities, job openings, announcements, and more.
- **Webinars** presented by professionals in the aging eld are free to members on a regular basis.
- Throughout the year, there are **events** to bring HPGS members together for timely and relevant issues, discussions, and educational opportunities, as well as networking events and quarterly General Membership Meetings.
- HPGS prides itself in o ering **scholarships** for those pursuing education in the eld of aging, thus creating fundraising options.
- A two-day biennial **conference** is held in even-numbered years and o ers professional and educational venues on aging research, practice and policy for Hawaii, while also attracting national and international participants.
- HPGS members receive electronic **notices** on signi cant events, opportunities available, and other announcements.
- The HPGS **website** provides a resource of news, events, membership, etc. Company member's information and individual member's names will be placed on the HPGS website.
- There are a number of **committees** where membership involvement is welcomed.

For further information, please contact
Sherry Goya, HPGS Executive Director at sgoyallc@aol.com or 808-722-8487
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CUT HERE

2020 MEMBERSHIP RENEWAL FORM

Contact Name: _____

Company/Organization: _____

Address: _____

City, State, Zip: _____

Telephone: _____

Facsimile: _____

E-Mail: _____

Website: _____

Dues from July 2020 has been reduced by half: (check one):

- \$5 for individual 65 and over
- \$10 for individual under 25 years
- \$40 for individual 26 to 64 years
- \$50 for company/organization (includes the contact person listed)
- \$25 for Associate Member (individual of company member)

Date Paid: _____

Payment Amount: _____

Check Enclosed: # _____

Mail this form and check payable to HPGS to P. O. Box 3714 • Honolulu, HI 96812
To pay by charge card, go to www.hpgs.org and use llable form.