



hawaii pacific gerontological society

Volume 40, No. 12

December 2019

HPGS 2019 BOARD OF DIRECTORS

Officers:

- Kathy Wyatt, President
- Eileen Phillips, President-Elect
- Calvin Hara, Past President
- Cynthia Arnold, Secretary/Treasurer

Directors:

- Laurie Adamshick
- Poki'i Balaz
- Humberto Blanco
- Percy Ihara
- Kathy Jaycox
- Debbie Kim Morikawa
- Christy Nishita
- Mapuana Taamu
- Rick Tabor
- John A. H. Tomoso

Sherry Goya, Executive Director
808-722-8487 • sgoyallc@aol.com

P. O. Box 3714
Honolulu, HI 96812
www.hpgs.org
hpgs.808@gmail.com

Do you know someone who's thinking of being a kupuna caregiver/Nursing Assistant or do you want to be a kupuna caregiver Nursing Assistant? Need Training? Need financial assistance? Apply for an HPGS Eldercare Worker Training Award! \$500 scholarships available for training class cost.

Go to hpgs.org/scholarships.html for information and application materials

PRESIDENT'S MESSAGE



KATHY WYATT, PRESIDENT

During the Holiday Season, and as my term as President of the Hawaii Pacific Gerontological Society draws to a close, I reflect on all the amazing things that have happened this year!

The year flew by, but we as a team have accomplished great things. We had a successful Scholarship Fundraiser with our dinner that honored Barbara Kim Stanton for her long time work with AARP. We have begun plans for the 21st HPGS Conference, "2020 Vision" that will be held on September 10-11, 2020 at the Ala Moana Hotel.

We have reinstated our General Membership Meetings that have generated more interest in our Society and have increased membership, so mark your calendars to attend the Thursday, January 23rd meeting. The theme is on "caregiver support and resources," with Gary Powell, of The Caregiver Foundation and Diane Terada, from Catholic Charities as our guest speakers. We will continue to offer educational webinars on a monthly basis, with past webinars archived on the HPGS website.

The Board of Directors of HPGS work hard to make membership in HPGS meaningful and beneficial, going above and beyond making HPGS one terrific organization to belong to!

I am so grateful for the tremendous support that has been given to me this year. It has been an honor and a pleasure serving as the President of HPGS for 2019. I sincerely look forward to working with Eileen Phillips as our new President, and know that great things will continue to be generated by HPGS.

Merry Christmas and wishes for a spectacular New Year.

MISSION STATEMENT

The mission of the Hawaii Pacific Gerontological Society shall be to provide professionals and students in the field of aging with vital information, workshops, networking, and scholarships to enhance the gerontology workforce, to support the creation of needed policies and programs, and to deliver excellent service to the aging population in Hawaii and the Pacific.

HPGS 2020 DUES

It is time for ALL members of the Hawaii Pacific Gerontological Society to renew their membership for 2020, as dues paid runs from January to December (or July to December if joining for the first time after July 1st).

EVENTS

OAHU

St. Francis Caregiving Class

Saturday, December 21st

9:30am to 11:30am

Resolving Conflict Without Blame

\$10 w/RSVP to Maylynn Wong

808-547-8138 or

mwong@stfrancishawaii.org

KAUAI

Support Groups

Caring for a loved one with Alzheimer's disease or a related disorder does not have to be a lonely experience. Although it is common to feel like no one can understand what is happening – you are not alone. For more information, please contact: Humberto Blanco (Humberto.Blanco@alz.org) of **Alzheimer's Association, Kauai County Program**. Phone: (808) 245-3200 x 8242, Website: www.alz.org/hawaii, 24/7 Helpline: (800) 272.3900

Thursday, January 9, 2-3 pm

Church of the Pacific, 4520

Kapaka St., Princeville

Thursday, January 16, 2-3 pm

Agency on Elderly Affairs

4444 Rice St., Lihue, Room Piikoi B

Thursday, January 23, 1:30-2:30 pm

Waimea Neighborhood Center

4556 Makeke Rd, Waimea

Call Humberto to register

– 245-3200 ext. 8242

Tuesday, January 28, 5-6:30 pm

Meets with **Kauai Parkinson's**

Support Group Regency at

Puakea, 2130 Kaneka St, Lihue

HPGS 2020 CONFERENCE

Mark your calendars for Thursday and Friday, September 10th and 11th, at the Ala Moana Hotel for the 2020 Biennial Conference. There will be a "Call for Presentation Proposals," with submission online by the deadline of April 6th. Notice should be out before the end of the year, and there is hope to have many sessions approved for CEU's.

Work on the conference began this summer with co-chairpersons Kathy Wyatt and Eileen Phillips, assisted by Sherry Goya, HPGS Executive Director. Below is the Conference sub-committee members. Anyone interested in joining any of these sub-committees may contact Sherry at sgoyallc@aol.com or call 808-722-8487. With today's use of the internet and conference calls, neighbor-island participation is encouraged.

Sponsorship - Kathy Wyatt, Rick Tabor and Percy Ihara

Program - Eileen Phillips, Poki'i Balaz, Rick Tabor and Christy Nishita

Exhibitors - Cynthia Arnold

Awards - Kathy Jaycox, Debbie Kim Morikawa, John Tomoso and Humberto Blanco

Marketing/Registration - Mapuana Taamu and Laurie Adamshick

CEU's - Christy Nishita and Kathy Wyatt

Hotel Liaison - Cynthia Arnold

HPGS WEBINARS

On November 21st, HPGS held a live Zoom webinar with Percy Ihara, Reverse Mortgage Specialist, to discuss "Aging in Place: How to Fund Your Retirement." He explained that there is a growing demand when it comes to aging in place, yet it isn't easy to find funding to support it. Percy helped to demystify the advantages of using a reverse mortgage and how it could help fund retirees. For those who missed the webinar, the HPGS website archives all shows at www.HPGS.org under the WEBINAR tab.

Please join HPGS members and guests on December 19th from 11:30am for the final live Zoom show with an in-depth discussion on "Engaging in Difficult Conversations with Family." Katie Ranney, Special Programs Coordinator for the Medication Center of the Pacific will explain how to prepare yourself for the difficult conversation and introduce new skills to use during conversations to make them go smoothly. Please go to www.HPGS.org under the WEBINAR tab for more information. Here is the link to RSVP https://zoom.us/webinar/register/WN_Fa1CK_62Qxe6iQ6thS3wN.

HAWAII SOCIAL SECURITY OFFICES

There will be NEW public hours at the social security offices in Honolulu, Kapolei, Hilo, Wailuku and Lihue effective January 8, 2020. The hours will be 8:30am to 3:30pm, Monday to Friday. The office will be closed on Saturdays and Sundays. For more information, call 1-800-772-1213.

FREE HEARING AIDS

Rotary Club of Honolulu is teaming with the Miracle Ear Foundation on a Hearing Aid program that offers free hearing aids to qualified individuals. This program awards those in need of hearing assistance, who's individual annual income is below \$25,750 or for families add \$4,420 for each additional person in the household. Eligible applicants are encouraged to contact Rick Tabor, HPGS Director, at rick@eldercareoahu.com to complete and return the application.