



hawaii pacific gerontological society

Volume 39, No. 12

December 2018

HPGS 2018 BOARD OF DIRECTORS

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- Calvin Hara, President
- Kathy Wyatt, President-Elect
- Percy Ihara, Past President
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- John Tomoso

Sherry Goya, Executive Director
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HPGS members are welcome to submit articles of interest, pictures and articles from events, notices of job openings, committee reports, etc. Please submit your article and/or picture by the second Monday of every month to Sherry Goya, HPGS Executive Director, at sgoyallc@aol.com.

PRESIDENT'S MESSAGE



CALVIN HARA, PRESIDENT

Happy Holidays! In 2018 HPGS set organizational goals for the year. With board of directors involvement from Kauai, Maui, Oahu and Hawai'i islands, HPGS was able to "get the word out" on educational sessions, events and share gerontological information state wide. HPGS is an organization supported by many groups, businesses, government entities and individuals.

Hawai'i's kupuna deserve the best. Kupuna gave from their hearts and minds so today we have the very best for our lives and keiki. On the other hand, there is work to do. The prevalence of Hawai'i's people with Alzheimer's disease increases annually. We need treatment and cure for this public health crisis. The cost of living in Hawai'i is high so kupuna have limited financial resources to meet their needs. Access to senior health care lacks in many rural areas of Hawai'i. There is a lack of caregivers for kupuna. These are some of the concerns of kupuna. Let's rally together in addressing these needs to help make the lives of kupuna better.

Lastly, mahalo to all who helped plan and organize the HPGS webinars, neighbor island dementia training sessions, the HPGS Conference, the board of directors for governance, Executive Director Sherry Goya for everything done for HPGS, and to Scholarship Dinner Honoree Rose Nakamura for your contributions to the community.

Be safe, enjoy the holidays, and wishing you the very best in the 2019 year!

MISSION STATEMENT

The mission of the Hawaii Pacific Gerontological Society shall be to provide professionals and students in the field of aging with vital information, workshops, networking, and scholarships to enhance the gerontology workforce, to support the creation of needed policies and programs, and to deliver excellent service to the aging population in Hawaii and the Pacific.

HPGS 2019 RENEWAL

Starting in December, HPGS members can renew their 2019 membership by printing the form with this newsletter and mailing a check OR going to www.hpgs.org and renew online with PayPal. Membership dues remain the same as 2018.

Benefits of being an HPGS member include:

- Monthly Newsletters with timely information
- Webinars presented by members
- Events, including General Membership Meetings
- Scholarships offered to continue gerontology studies
- Biennial conference on even-numbered years
- Timely notices of interest
- Website provides ongoing resources
- Committees open to HPGS membership

Save The Date

HPGS will hold a General Membership Meeting on **Thursday, January 24, 2019 from 8am to 10am** in the Ala Moana Pacific Center (1585 Kapiolani Blvd, #1518). Parking is at the Ala Moana Center upstairs across from Macy's. Guest speakers will talk about the [Blue Zones Project](#) and have a perspective from the group and its participants. RSVP's will be taken in January. There is no charge to attend for HPGS members ONLY.

HPGS NOVEMBER WEBINAR



Terry Peacock, Senior Plan Consulting, gave a free presentation about Medicare Open Enrollment on Thursday, November 29th. Throughout the hour, Terry informed attendees about the numerous parts to Medicare, what they cover and what is not. She also talked about Medicaid, how that differs from Medicare and other financial support systems available to seniors.

Attendees learned that Medicare Open Enrollment lasts from October 15 – December 7 and is specifically geared for changes in Medicare Advantage Plans and Part D only. Depending on your situation, if you are 65 or older you have the chance to change your plans for the following year to better meet changing medical or drug needs. However, if you are satisfied with your current plan, no action is necessary. You can compare plans online at Medicare.gov or through delegate agents of insurance companies.

HPGS thanks Terry for her time and information. The entire webinar presentation is archived on www.hpgs.org.

MAUI SURVEY

The Maui County Office on Aging (MCOA) is seeking feedback from older adults (part- or full- time Maui County residents age 55 or older) and caregivers (individuals who have in the last six months helped another with various tasks such as bathing, cooking, cleaning, laundry, rides to doctor appointments, translation, bill payments, etc.) during an online survey that will go live December 7th, through February 1, 2019, at www.mauicountyadrc.org. Caregivers, who don't have to be blood-related or living nearby (may include remote support), include an unpaid caregiver of an adult 60 or older; an unpaid caregiver of an individual 18 or older with a disability; or a guardian of a younger person, such as a grandparent or relative raising grandchildren (hanai or another arrangement). Paper surveys are also available by calling MCOA. All responses are anonymous.

The results will help Maui County plan on aging for 2019-2023, which is a public document that outlines how the agency intends to meet identified goals and activities in the next four years with the funding it receives. The plan is also shaped by demographic information, community needs assessments and growing trends throughout Maui County. The plan also addresses issues described in the Older Americans Act with regard to assisting those who are in the most need, socially and financially.

The survey data will be reported by a MCOA plan produced in spring 2019. For more information about the surveys, the plan on aging or the MCOA, contact James Mariano at 808-270-7349.



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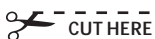
Founded in 1979, the Hawaii Pacific Gerontological Society is the largest nonpro t multidisciplinary group of professionals, individuals, companies and organizations in the eld of aging in Hawaii. Membership opportunities available to all islands consists of gerontology educators, students, medical and social service personnel, older adults (kupuna), caregivers, companies and organizations from every sector of the community. Federal I.D. #99-0211232

HPGS discusses, networks, and shares information about issues and policies a ecting Hawaii kupuna, to include career and job fairs, expos, webinars, etc. They also provide scholarships for undergraduate and graduate students interested in careers in aging, as well as tuition assistance for workers seeking to upgrade their knowledge in this eld.

Benefits of an HPGS member includes:

- The HPGS monthly newsletter is distributed electronically and lled with age-related news, events, activities, job openings, announcements, and more.
• Webinars presented by professionals in the aging eld are free to members on a regular basis.
• Throughout the year, there are events to bring HPGS members together for timely and relevant issues, discussions, and educational opportunities, as well as networking events.
• HPGS prides itself in o ering scholarships for those pursuing education in the eld of aging, thus creating fundraising options.
• A two-day biennial conference is held in even-numbered years and o ers professional and educational venues on aging research, practice and policy for Hawaii, while also attracting national and international participants.
• HPGS members receive electronic notices on signi cant events, opportunities available, and other announcements.
• The HPGS website provides a resource of news, events, membership, etc. Company member's information and individual member's names will be placed on the HPGS website.
• There are a number of committees where membership involvement is welcomed.

For further information, please contact Sherry Goya, HPGS Executive Director at sgoyallc@aol.com or 808-722-8487 Hawaii Pacific Gerontological Society • P. O. Box 3714 • Honolulu, HI 96812 • www.hpgs.org



2019 MEMBERSHIP RENEWAL FORM

Contact Name: _____

Company/Organization: _____

Address: _____

City, State, Zip: _____

Telephone: _____

Facsimile: _____

E-Mail: _____

Website: _____

Annual dues (check one):

- input type="checkbox"/> \$10 for individual 65 and over
input type="checkbox"/> \$20 for individual under 25 years
input type="checkbox"/> \$80 for individual 26 to 64 years
input type="checkbox"/> \$100 for company/organization (includes the contact person listed)
input type="checkbox"/> \$50 for Associate Member (individual of company member)

If paying on or after July 1st, dues are half price.

Date Paid: _____

Payment Amount: _____

Check Enclosed: # _____

Mail this form and check payable to HPGS to P. O. Box 3714 • Honolulu, HI 96812 To pay by charge card, go to www.hpgs.org and use llable form.