



hawaii pacific gerontological society

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HPGS members are welcome to submit articles of interest, pictures and articles from events, notices of job openings, committee reports, etc. Please submit your article and/or picture by the second Monday of every month to Sherry Goya, HPGS Executive Director, at sgoyallc@aol.com.

PRESIDENT'S MESSAGE



CALVIN HARA, PRESIDENT

Are you busy? Someone mentioned to me that we are now in the "BER" months – September, October, November and December, and that the "BER" months are the busy months. On the mainland, September is the start of the Fall season, with change in colors and weather. As we approach the November and December months, certainly we tend to get "busier" in everyday life. In Hawai'i, with our year round tropical climate, we tend to not see so much seasonal weather changes, but how we culturally celebrate at various times during the year.

For many years, kupuna in Hawai'i have celebrated among our many ethnic groups, cultural holidays, celebrations, customs and religious practices. Having an understanding of Hawai'i is having an understanding of how the people of Hawai'i came to be. Respect for our elders – kupuna – is across all ethnic groups. In our respect and honor to kupuna, we learn how to live together in society and have a deeper understanding of our roots and our neighbor's roots. Kindness and respect towards others from keiki to kupuna is prevalent every day in Hawai'i. Let's keep these notions in mind in everyday life.

On a different note, senior on Oahu have a number of senior fairs which they could attend. For residents of Maui, an upcoming senior fair is sponsored by the Maui Economic Opportunity, the 45th Annual Maui County Senior Fair. It will be at the War Memorial gymnasium in Wailuku on Saturday, October, 27th, from 7:30am to 11:30am. I will be there as your HPGS representative, at my Manoa Cottage exhibitor table. Please drop by and see me at the largest senior fair in Maui.

Lastly, please see in this issue about the HPGS dinner to honor kupuna Rose Nakamura on November 8th 2018. I look forward to seeing many colleagues and friends at this gathering. Proceeds from the dinner go to the HPGS scholarship fund.

Mahalo to all for what you do everyday for kupuna.

MISSION STATEMENT

The mission of the Hawaii Pacific Gerontological Society shall be to provide professionals and students in the field of aging with vital information, workshops, networking, and scholarships to enhance the gerontology workforce, to support the creation of needed policies and programs, and to deliver excellent service to the aging population in Hawaii and the Pacific.

AGING IS NOT FOR SISSIES – REVISITED WITH MEN & MUSIC



Monday, October 29, 2018, at 7:30 PM Orvis Auditorium at University of Hawaii 2411 Dole Street Honolulu, HI 96822

This touching and funny performance – based on intimate cross-cultural stories of women & men from around the world aged 60-100 – challenging the myth that older adults are “over the hill with one foot in the grave.” In self-revealing monologues, the characters bare all, contradicting the view that older adults are invisible, untouchable and boring. Through their stories and songs, we meet real men & women with a sense of humor and a deep passion for life.

Produced by Pratibha Eastwood
Directed by Joyce Maltby.

Price: \$25.00 General Admission, \$20.00 Seniors. Tickets can be purchased online at: <https://agingisnotforsissies.brownpapertickets.com> Or you can call: (808) 371-1104



HPGS CONFERENCE SURVEY

Survey Monkey was emailed to all attendees of the HPGS Biennial Conference, which was held September 6th & 7th, to receive welcomed feedback. Questions focused on future topics, reason for attending, and overall satisfaction of the conference.

There were 42 participants responding, with overall satisfaction with the conference at 83.1%, while 12.2% were somewhat dissatisfied. Moreover, there was a variety of reasons for attending the HPGS conference - personal growth & development at 31%, networking at 29%, content at 26%, and speakers at 14%.

Suggested topics for future HPGS events include CEU's, dealing with difficult families of persons with dementia, getting the latest research in gerontology home and community-based aging services, learning about age-friendly communities, learning about inter-generational aging and services, finding transportation services for seniors, aging policy and advocacy work, and getting to know HPGS members in order to utilize products and services.

Considering the research findings, the majority of Survey Monkey participants were interested in gaining more knowledge with health and aging (67%), caregiving (57%), age-related disease (52%), long-term care (43%), elder abuse and discrimination (38%), Medicare/Medicaid (28%), along with aging and sexuality (19.5%).

The goal of the HPGS Biennial Conference was to promote gerontological education and networking among professionals, providers, and consumers...88% of attendees were satisfied. So, once again, a big MAHALO to the Conference Committee for all the hard work they put into the two-days.

DINNER TO HONOR ROSE NAKAMURA

HPGS will be holding “An Evening with Rose Nakamura” on **Thursday, November 8th from 5:30pm at Kahala Nui**. Seating is limited, so please register either on the HPGS website (www.hpgs.org - under EVENTS) or print the attached flyer and mail a check. RSVP by October 25th.



Rose retired after 25 years with the East-West Center as Program Officer and Administrator. In 1989, she was asked by her good friend and founder of Project Dana, Mrs. Shimeji Kanazawa, to help create an interfaith ministry of compassionate volunteers to visit and assist seniors with support services. For 28 years, Rose was the Founding Administrator of Project Dana, retiring last October, and leaving a legacy for them to continue for many years.

Anyone who will not be able to attend but wish to make a donation to the HPGS Scholarship Fund, please mail a check to P. O. Box 3714; Honolulu, HI 96812 any time in 2018.



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An Evening with Rose Nakamura



Rose Nakamura

The Hawaii Pacific Gerontological Society is holding "An Evening with Rose Nakamura" on Thursday, November 8, 2018 at Kahala Nui from 5:30pm to 8:00pm to honor the Founding Administrator of Project Dana. In 1989, Rose was asked by her good friend and Founder of Project Dana, Mrs. Shimeji Kanazawa, to help set up an interfaith ministry of compassionate volunteers to visit and assist seniors with support services. Rose had just retired from the East-West Center as Program Officer and Administrator after 25 years. For 28 years, Rose served as Founding Administrator, with the same spirit of compassion that led her first to help organize Project Dana. She retired last October 2017. She has received many awards for her outstanding leadership and achievement, inspiring countless numbers of individuals, staff and volunteers.

The idea of this evening of celebration came from several HPGS Board Members who have been associated with Rose Nakamura and inspired by her passion, dedication and compassion for our kupuna. The night will honor Rose for her contributions to Hawaii, with the proceeds earmarked for the HPGS scholarship program in 2019.

Join the Hawaii Pacific Gerontological Society
in honoring Rose Nakamura on
Thursday, November 8th, 2018 from 5:30 to 8:00pm
at Kahala Nui, located at 4389 Malia Street

The cost is \$75 per person, with all proceeds going to the HPGS scholarship fund to support those studying in the field of aging.

Wine provided by HPGS and Generations Magazine

RSVP and pay by October 25th. Seating is very limited, so please register either under the HPGS website (www.hpgs.org) under EVENTS, or print the flyer attached with this newsletter and mail a check. If there any questions, please contact Kathy Wyatt at kwyatt01@aol.com or Sherry Goya at (808-722-8487) sgoyallc@aol.com.

For those who are unable to attend on November 8th but would like to honor Rose Nakamura by making a donation to HPGS, please complete the form and make payment in any amount you desire.

✂ CUT HERE

Contact Name: _____

Company (Optional): _____

Address: _____

E-Mail: _____ Phone: _____

Number of tickets requested (\$75.00 per person): _____

Donation made for the HPGS Scholarship Fund in the amount of \$ _____

Mail this form and check payable to HPGS to P. O. Box 3714 • Honolulu, HI 96812

To pay by charge card, go to www.hpgs.org and use fillable form.

To learn about Hawaii Pacific Gerontological Society, please check out www.hpgs.org