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hawaii pacific gerontological society

November 2016

## HPGS 2016 BOARD OF DIRECTORS

### Officers:

Percy Ihara, President  
Christy Nishita, Past President  
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Steve Nawahine  
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Sherry Goya, Executive Director  
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HPGS members are welcome to submit articles of interest, pictures and articles from events, notices of job openings, committee reports, etc. Please submit your article and/or picture by the second Friday of every month to Sherry Goya, HPGS Executive Director, at [sgoyallc@aol.com](mailto:sgoyallc@aol.com).

## PRESIDENT'S MESSAGE



PERCY IHARA, PRESIDENT

November is upon us; and I am thankful for this years successful Biennial conference, as well as for all those members that were able to attend and experience all the wonderful presenters. I also am thankful for the HPGS board of directors for being patient in all our changes and improvements towards a brighter future.

The HPGS board will hold their annual retreat next month to plan goals for 2017 to serve our members. We are always open to member suggestions and looking for volunteers to assist in events. Please forward them to our Executive Director, Sherry Goya at [sgoyallc@aol.com](mailto:sgoyallc@aol.com).

For 2017, we are looking to ramp up on our webinars, have quarterly meetings, and hold a couple social gatherings for member to meet one another. We also want to meet more of our neighbor island members and still looking for a representative for Maui and Kauai. Thank you to Chris Ridley, our Big Island representative, for being on our HPGS board.

I want to encourage all our members and friends to pass along our newsletter, send us your comments, job postings, your new employment positions and topics that you would like to have as one of our webinars.

## JOB FAIR

Kalakaua Gardens, Oahu's senior assisted living community, will be having a Job Fair on Friday, November 18th from 10am to 4pm and Saturday, November 19th from 10am to 2pm. They are looking to hire employees for housekeeping, laundry, wait staff, dish washers, driver, as well as all clinical positions such as CNAs, resident care givers, nurses, etc. Kalakaua Gardens is located at 1723 Kalakaua Avenue. Their phone number is 808-518-2273.

## JOB OPPORTUNITY

Generations Magazine is looking for an Associate Editor. A mature-minded person who has some editing and writing background is needed with some experience in aging and the issues facing seniors. Contact Percy Ihara via email ([percy@generations808.com](mailto:percy@generations808.com)).

## MISSION STATEMENT

The mission of the Hawaii Pacific Gerontological Society shall be to provide professionals and students in the field of aging with vital information, workshops, networking, and scholarships to enhance the gerontology workforce, to support the creation of needed policies and programs, and to deliver excellent service to the aging population in Hawaii and the Pacific.

## CERTIFIED IN “MUSIC AND MEMORY”



*Eleanor Arakawa, Resident listens to her IPOD Shuffle*

Manoa Cottage Kaimuki, a 27 bed skilled nursing facility dedicated to serving residents with dementia and Alzheimer's became the first private facility in Hawaii to be certified in "Music and Memory," a national program that brings personalized music into the lives of the elderly through digital music technology. Music has been shown to vastly improve the quality of life of people with dementia.

Manoa Cottage Kaimuki staff create and provide personalized playlists for residents using iPod Shuffles that enable those struggling with Alzheimer's, dementia and other cognitive and physical challenges to reconnect with the world through music-triggered memories. Over 1000 songs are available in various genres to customize each resident's assigned iPod Shuffle.

Calvin Hara, Executive Director and Administrator said, "we are truly compassionate about music for all residents."

Whether from the Ipod Shuffles or live music from wonderful community organizations such as the Ebb Tides and many others, we embrace the ability of music to provide a non-pharmacological approach to assist with behavior management and anxiety."

For more information about Music and Memory, go to [www.musicandmemory.org](http://www.musicandmemory.org) or to contact Hara, call 808-426-7852 or email at [c.hara@mckaimuki.com](mailto:c.hara@mckaimuki.com)



## EVENTS

Free and open to the public:

### “Caregiving, Aging, and Intellectual Disabilities”

An overview of aging in adults with Intellectual and Developmental Disabilities (IDD) and ways to help support older adults with IDD for quality of life and health. Presenters will address dementia in the IDD population and recommend ways to promote health care advocacy.

This event is being sponsored by the Hawaii Alzheimer's Disease Initiative at UH Center on Aging, a grant given by the Administration for Community Living; the Hawaii Department of Health's Developmental Disabilities Division, and Bristol Hospice.

Thursday, November 17th at 4:30 to 6:30pm  
JABSOM Auditorium at 651 Ilalo Street in Kakaako

Register by phone or email:  
Jody Mishan at 295-2624 or [jmishan@hawaii.rr.com](mailto:jmishan@hawaii.rr.com)



You're invited to a FREE  
AARP in Action breakfast and brain health workshop  
on December 1st from 8:30am to 11:30am  
at the Hilo Hawaiian Hotel

Featured Topics:  
**Strategies to Shape a Better Hawaii and Promote a Healthy Brain**

Everyone is invited, and seating is limited.

RSVP Required: 1-877-926-8300 or visit  
<http://aarp.cvent.com/action12-1>

## NEW CENTER OPEN NOW

The newest development at **Palolo Chinese Home** is the Palolo Skilled Nursing and Rehab Center (PNRC). The \$10 million, one-story building includes 69 skilled nursing beds and will include memory care and hospice care. All together, Palolo Chinese Home offers 130 long term care beds (113 skilled nursing and 17 care home). Their other services include senior day care, overnight respite care for caregivers, home care, personal care, home cleaning and meal deliveries. This latest development is the culmination of a multi-phase, 15-year master plan to optimize Palolo Chinese Homes' 15-acre campus.



*Palolo Chinese Home CEO Darryl Ing points to the Sandalwood trees preserved just outside the new Palolo Skilled Nursing and Rehab Center, while the Rev. Deborah Ball, Clinical Spiritual Counselor/Chaplain for Palliative and Hospice Care at Islands Hospice blessed the new building with assistance from Stephanie Fan, Commissioner with the Tzu Chi Foundation Hawaii.*